

PICK THREE
ITEMS



MAKE IT A
MEAL

18-19 SY
BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
3 LABOR DAY HOLIDAY NO SCHOOL	4 CEREAL FRENCH TOAST STICKS FRESH FRUIT JUICE BOX MILK	5 CEREAL NUTRIGRAIN BAR FRUIT COCKTAIL JUICE BOX MILK	6 CEREAL PANCAKE ON STICK FRESH FRUIT JUICE BOX MILK	7 CEREAL YOGURT PEACHES JUICE BOX MILK
10 CEREAL PANCAKES FRESH FRUIT JUICE BOX MILK	11 CEREAL BAGEL PLAIN PEARS JUICE BOX MILK	12 CEREAL BREAKFAST BURRITO FRESH FRUIT JUICE BOX MILK	13 CEREAL BELVITA BKFST BAR CHOCO APPLESAUCE CUP JUICE BOX MILK	14 CEREAL WAFFLE MINIS MAPLE FRESH FRUIT JUICE BOX MILK
17 CEREAL CINNAMON ROLL PINEAPPLE CHUNKS JUICE BOX MILK	18 CEREAL BREAKFAST BITE S FRESH FRUIT JUICE BOX MILK	19 CEREAL BELVITA BLUEBERRY BISQ APPLESAUCE CUP JUICE BOX MILK	20 CEREAL BKFST SAUSAGE PIZZA FRESH FRUIT JUICE BOX MILK	21 CEREAL FRENCH TOAST CHOC CHIP PEACHES JUICE BOX MILK
24 CEREAL MUFFIN BLUEBERRY OR MUFFIN CHOCOLATE CHIP APPLESAUCE CUP JUICE BOX MILK	25 CEREAL FRENCH TOAST STICKS FRESH FRUIT JUICE BOX MILK	26 CEREAL NUTRIGRAIN BAR FRUIT COCKTAIL JUICE BOX MILK	27 CEREAL PANCAKE ON STICK FRESH FRUIT JUICE BOX MILK	28 TEACHERS IN-SERVICE NO SCHOOL
1	2	3	4	5

Menus are subject
to change

NC SD IS AN EQUAL
OPPORTUNITY PROVIDER