

Nye County School District

Sep 3, 2018 thru Sep 28, 2018

Base Menu Spreadsheet

Combined: 9-12 Breakfast 4 Day/9-12 Lunch 4 Day

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/04/2018																
9-12 Breakfast 4 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	90	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
PIZZA BKFST WITH SAUS 2.44 OZ	2.44 OZ	75	160	10	500	2.00	1.08	150.0	100	0.0	2	8.0	16.0	7.0	2.50	0.00
FRESH FRUIT ASST.	1 EACH	75	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	80	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
9-12 Lunch 4 Day	Total	100														
PORK RIB Pattie on Bun Elem	1 EACH	100	310	55	700	4.00	2.52	60.0	200	*2.4	*6	*14.0	35.0	12.0	3.50	0.00
SALAD BAR	1 CUP	85	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
PINEAPPLE CHUNKS:canned,lt syr	1 CUP	85	131	0	3	2.02	0.98	35.3	96	18.9	32	0.91	33.89	0.3	0.02	0.00
COOKIE WG CHOCOLATE CHIP	1 EACH	100	100	5	80	1.00	2.70	0.0	500	0.0	8	1.0	17.0	3.5	1.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	75	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	75	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
Weighted Daily Average			598	40	960	7.64	5.91	450.2	2589	*58.01	*52	*21.32	94.10	16.17	4.40	0.00
% of Calories											*34.5%	*14.3%	62.9%	24.3%	6.6%	0.0%
Nutrient Guideline			600-725		1030									<=35.0	<10.00	

Wed - 09/05/2018																
9-12 Breakfast 4 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	80	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
FRENCH TOAST MINIS CHOC CHIP	3.0 OZ.	80	210	0	260	4.00	2.70	100.0	500	0.0	9	5.0	35.0	6.0	1.50	0.00
PEACHES: canned,light syrup	1 CUP	75	136	0	13	3.26	0.90	7.5	889	6.02	33	1.13	36.52	0.08	0.01	0.00
JUICE BOX ASST	1 EACH	80	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Nye County School District

Sep 3, 2018 thru Sep 28, 2018

Base Menu Spreadsheet

Combined: 9-12 Breakfast 4 Day/9-12 Lunch 4 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
9-12 Lunch 4 Day	Total	100														
CORN DOG CHICKEN	2 EACH	100	480	80	780	10.00	3.60	160.0	50	0.0	10	18.0	60.0	16.0	5.00	0.00
SALAD BAR	CUP	90	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	90	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	85	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	85	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
MUSTARD, PREPARED	6 GRAM	80	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			663	46	918	11.55	5.51	474.4	2789	53.21	*52 *31.2%	21.90 13.2%	106.23 64.1%	16.73 22.7%	4.41 6.0%	0.00 0.0%
Nutrient Guideline			600-725		1030									<=35.0	<10.00	

Thu - 09/06/2018																
	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
9-12 Breakfast 4 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	95	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
YOGURT, DANNON	4 OZ	95	50	0	50	0.00	0.00	100.0	500	0.0	7	3.0	10.0	0.0	0.00	0.00
FRESH FRUIT ASST.	1 EACH	85	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	90	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
9-12 Lunch 4 Day	Total	100														
HAMBURGER ON A BUN	SERVING	100	260	40	340	3.00	2.16	20.0	0	*0.0	*0	*10.0	26.0	10.0	3.50	0.00
SALAD BAR	1 CUP	90	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	90	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
GRAHAMS LIL SQUARES	PACK	90	130	0	150	2.00	0.72	0.0	40	0.0	8	2.0	24.0	3.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	85	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	85	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
MUSTARD, PREPARED	6 GRAM	80	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			532	26	695	6.69	4.16	415.8	2536	*54.49	*39 *29.2%	*17.97 *13.5%	85.59 64.4%	12.65 21.4%	3.03 5.1%	0.00 0.0%
Nutrient Guideline			600-725		1030									<=35.0	<10.00	

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Nye County School District

Sep 3, 2018 thru Sep 28, 2018

Base Menu Spreadsheet

Combined: 9-12 Breakfast 4 Day/9-12 Lunch 4 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/10/2018																
9-12 Breakfast 4 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	90	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
MUFFIN CHOCOLATE CHIP 4 OZ	4.0 OUNC	95	360	75	240	6.00	1.80	80.0	100	0.0	32	6.0	60.0	11.0	3.50	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	65	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	75	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
9-12 Lunch 4 Day	Total	100														
CHICKEN SANDWICH	1 sandwich	100	410	25	640	6.00	2.88	60.0	100	*0.0	*1	*16.0	42.0	17.0	2.50	0.00
SALAD BAR	1 CUP	85	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	85	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MAYONAISE/1 GAL SYSCO	1 TBSP	75	100	10	65	0.00	0.00	0.0	0	0.0	0	0.0	1.0	11.0	2.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	75	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	75	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			704	57	832	9.88	4.88	402.2	2252	*49.05	*45	*20.95	102.04	23.51	4.84	0.00
% of Calories											*25.7%	*11.9%	58.0%	30.0%	6.2%	0.0%
Nutrient Guideline			600-725		1030									<=35.0	<10.00	

Tue - 09/11/2018																
9-12 Breakfast 4 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	65	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
FRENCH TOAST STICKS 4 PC	4 OZ	65	335	8	208	5.00	1.08	40.0	*N/A*	*N/A*	12	6.67	41.66	15.0	2.50	0.00
FRESH FRUIT ASST.	1 EACH	50	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	50	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	50	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00

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Nye County School District

Sep 3, 2018 thru Sep 28, 2018

Base Menu Spreadsheet

Combined: 9-12 Breakfast 4 Day/9-12 Lunch 4 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
9-12 Lunch 4 Day	Total	100														
NACHO SUPREME HIGH	1 EACH	95	369	31	765	3.76	106.88	201.8	343	0.34	*0	11.89	34.98	18.57	6.27	0.00
TOMATO SALSA	2 oz	50	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
REFRIED BEANS	6 OZ	65	195	*N/A*	450	7.50	1.35	30.0	0	0.0	0	12.0	33.0	2.25	*N/A*	*N/A*
SALAD BAR	1 CUP	80	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRUIT COCKTAIL:canned,lt syrup	8 OZ	80	129	0	14	2.27	0.66	13.6	472	4.31	32	0.91	33.86	0.16	0.02	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	75	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			655	*23	976	9.64	53.99	455.4	*2409	*36.67	*42	22.19	96.55	20.02	*4.94	*0.00
% of Calories											*25.6%	13.6%	59.0%	27.5%	*6.8%	*0.0%
Nutrient Guideline			600-725		1030									<=35.0	<10.00	

Wed - 09/12/2018																
	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
9-12 Breakfast 4 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	80	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
BREAKFAST BAR	1.3 OUNC	80	120	0	125	3.00	0.18	20.0	60	0.6	12	2.0	24.0	3.0	0.50	0.00
FRUIT COCKTAIL:canned,lt syrup	4 OZ	65	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	0.00
JUICE BOX ASST	1 EACH	65	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
9-12 Lunch 4 Day	Total	100														
TURKEY SUB	SANDWIC	50	250	45	590	3.00	3.24	20.0	0	7.2	*N/A*	15.96	27.0	6.02	1.50	0.00
HAM W/CHS SUB	1 sandwich	50	285	54	866	3.00	5.32	220.0	200	4.71	*1	16.8	28.65	10.94	4.48	0.00
SALAD BAR	1 CUP	85	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	85	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
CHIPS, ASST RF	1 oz	90	112	0	150	1.67	0.30	10.0	33	0.0	*N/A*	1.67	15.83	4.5	0.67	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	75	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
MUSTARD, PREPARED	5 GRAM	75	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MAYONAISE/1 GAL SYSCO	1 TBSP	75	100	10	65	0.00	0.00	0.0	0	0.0	0	0.0	1.0	11.0	2.00	0.00
Weighted Daily Average			562	34	878	7.38	4.70	416.8	2291	49.00	*39	20.18	82.22	17.22	3.91	0.00
% of Calories											*27.7%	14.4%	58.5%	27.6%	6.3%	0.0%
Nutrient Guideline			600-725		1030									<=35.0	<10.00	

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Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/13/2018																
9-12 Breakfast 4 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	80	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
PANCAKE ON STICK	2.51 OZ	75	200	20	380	1.00	1.08	20.0	45	0.0	9	6.0	19.0	11.0	3.00	0.00
FRESH FRUIT ASST.	1 EACH	75	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	75	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	75	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00
9-12 Lunch 4 Day	Total	100														
TANGERINE CHICKEN HIGH	100 SERV	100	456	49	470	3.11	2.11	17.2	0	0.0	*16	21.82	78.67	5.4	1.37	0.00
SALAD BAR	1 CUP	85	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	85	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
GRAHAMS LIL SQUARES	PACK	75	130	0	150	2.00	0.72	0.0	40	0.0	8	2.0	24.0	3.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	75	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			650	37	774	6.49	4.10	349.2	2139	47.06	*42	23.84	109.56	13.58	2.97	0.00
% of Calories											*26.1%	14.7%	67.5%	18.8%	4.1%	0.0%
Nutrient Guideline			600-725		1030									<=35.0	<10.00	

Mon - 09/17/2018																
9-12 Breakfast 4 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	90	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
MUFFIN BLUEBERRY WG 4 OZ	4 OUNCE	90	350	85	240	4.00	1.80	300.0	100	0.0	29	5.0	57.0	11.0	3.50	0.00
PEACHES: canned,light syrup	1 CUP	80	136	0	13	3.26	0.90	7.5	889	6.02	33	1.13	36.52	0.08	0.01	0.00
JUICE BOX ASST	1 EACH	80	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
9-12 Lunch 4 Day	Total	100														
CHALUPA	2 EACH	85	489	88	808	0.64	1.68	694.3	592	0.48	1	32.56	22.36	27.88	11.84	0.00
SALAD BAR	1 CUP	90	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	90	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
COOKIE WG CHOCOLATE CHIP	1 EACH	90	100	5	80	1.00	2.70	0.0	500	0.0	8	1.0	17.0	3.5	1.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	75	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00

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Nye County School District

Sep 3, 2018 thru Sep 28, 2018

Base Menu Spreadsheet

Combined: 9-12 Breakfast 4 Day/9-12 Lunch 4 Day

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			746	84	844	7.67	5.60	784.1	3113	53.92	*61 *32.5%	27.53 14.8%	106.06 56.9%	24.12 29.1%	8.27 10.0%	0.00 0.0%
Nutrient Guideline			600-725		1030									<=35.0	<10.00	

Tue - 09/18/2018																
9-12 Breakfast 4 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	75	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
PANCAKES 4 PC 4.55 OZ	4.55 OZ	75	280	13	440	4.00	1.80	0.0	0	0.0	8	8.0	56.0	8.0	1.10	0.00
FRESH FRUIT ASST.	1 EACH	60	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	75	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	60	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00
9-12 Lunch 4 Day	Total	100														
CHICKEN POPCORN WG, 16 PICE	16 PIECE	100	335	29	495	2.91	2.62	58.2	146	0.0	1	20.37	20.37	18.92	3.64	0.00
SALAD BAR	1 CUP	95	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
APRICOTS CANNED	1 CUP	95	160	0	20	1.99	0.00	0.0	3500	4.79	*N/A*	1.99	38.0	0.0	0.00	0.00
GRAHAMS LIL SQUARES	PACK	90	130	0	150	2.00	0.72	0.0	40	0.0	8	2.0	24.0	3.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	75	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	70	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
BBQ SAUCE CUP	1 EACH	80	40	0	200	0.00	0.36	0.0	100	3.6	8	0.0	10.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			696	25	939	7.98	4.61	375.5	4067	48.90	*40 *22.7%	25.32 14.5%	111.42 64.0%	19.12 24.7%	3.34 4.3%	0.00 0.0%
Nutrient Guideline			600-725		1030									<=35.0	<10.00	

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Nye County School District

Sep 3, 2018 thru Sep 28, 2018

Base Menu Spreadsheet

Combined: 9-12 Breakfast 4 Day/9-12 Lunch 4 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/19/2018																
9-12 Breakfast 4 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	50	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
BAGEL PLAIN	2 OZ	75	140	0	180	4.00	1.80	40.0	0	0.0	5	6.0	29.0	1.0	0.00	0.00
PEARS: canned,light syrup	1 CUP	75	143	0	13	4.02	0.70	12.6	0	1.76	30	0.48	38.08	0.08	0.01	0.00
JUICE BOX ASST	1 EACH	75	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
CREAM CHEESE PACKET	1 OZ	75	90	30	95	0.00	0.00	20.0	400	0.0	2	2.0	2.0	9.0	6.00	0.00
9-12 Lunch 4 Day	Total	100														
BURRITO, BEAN & CHEESE, L OS C	5.20	100	291	18	479	7.96	3.60	20.0	300	1.2	0	15.6	40.95	8.29	3.62	4.11
TOMATO SALSA	2 oz	95	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
SALAD BAR	1 CUP	95	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	95	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	25	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	80	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			558	26	784	10.82	4.96	382.9	2656	51.27	*42	21.40	91.95	13.95	5.30	*2.05
% of Calories											*30.4%	15.3%	65.9%	22.5%	8.6%	*3.3%
Nutrient Guideline			600-725		1030									<=35.0	<10.00	

Thu - 09/20/2018																
9-12 Breakfast 4 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	100	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
BURRITO, BREAKFAST 3.2 oz	3.2 oz	60	206	53	400	2.29	2.70	40.0	300	1.2	1	10.0	25.78	7.8	2.54	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	75	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
TACO SAUCE PACKETS	PACKET	60	5	0	55	0.00	0.00	0.0	0	0.0	0	*N/A*	1.0	0.0	0.00	0.00

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Nye County School District

Sep 3, 2018 thru Sep 28, 2018

Base Menu Spreadsheet

Combined: 9-12 Breakfast 4 Day/9-12 Lunch 4 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
9-12 Lunch 4 Day	Total	100														
SLOPPY JOE ON A BUN	SERVINGS	100	315	44	458	3.49	2.77	29.8	204	*2.87	*7	*12.64	34.67	12.06	4.01	*0.00
SALAD BAR	1 CUP	95	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	95	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
MILK WHITE 1% FAT	8 OZ	25	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	80	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	70	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			526	44	758	6.60	5.08	384.4	2567	*50.36	*34	*20.26	80.91	13.85	3.94	*0.00
% of Calories											*26.2%	*15.4%	61.6%	23.7%	6.7%	*0.0%
Nutrient Guideline			600-725		1030									<=35.0	<10.00	

Mon - 09/24/2018																
9-12 Breakfast 4 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	80	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
BELVITA BKFST BAR CHOCO	1.76 OUN CE	80	200	0	150	5.00	1.80	0.0	0	0.0	10	3.0	32.0	7.0	1.00	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	70	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	70	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
9-12 Lunch 4 Day	Total	100														
HOT DOG , 5/1 CLOVERDALE	1 EACH	90	270	50	950	0.00	1.08	40.0	15	0.0	3	11.0	4.0	23.0	9.00	0.00
WHEAT HOT DOG BUN	1 EACH	90	150	0	260	3.00	1.44	20.0	0	0.0	*N/A*	0.0	27.0	2.0	0.00	0.00
SALAD BAR	1 CUP	90	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	90	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
CUTIE PIE APPLE 2OZ	1 EACH	85	130	0	170	3.00	0.00	0.0	45	1.2	9	2.0	24.0	4.5	1.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	70	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			610	28	1011	8.69	4.23	367.3	2236	48.67	*38	17.26	88.17	21.33	5.99	0.00
% of Calories											*25.0%	11.3%	57.8%	31.5%	8.8%	0.0%
Nutrient Guideline			600-725		1030									<=35.0	<10.00	

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Nye County School District

Sep 3, 2018 thru Sep 28, 2018

Base Menu Spreadsheet

Combined: 9-12 Breakfast 4 Day/9-12 Lunch 4 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/25/2018																
9-12 Breakfast 4 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	75	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
WAFFLE MINIS MAPLE	2.6 OZ.	75	200	0	220	4.00	2.70	100.0	500	0.0	10	4.0	35.0	5.0	1.50	0.00
FRESH FRUIT ASST.	1 EACH	60	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	75	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	85	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00
9-12 Lunch 4 Day	Total	100														
PIZZA PEP GILARDI HIGH	SLICE	100	370	35	700	4.00	3.60	350.0	400	0.0	*N/A*	19.0	44.0	13.0	6.00	0.00
SALAD BAR	1 CUP	90	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
PEARS: canned,light syrup	1 CUP	90	143	0	13	4.02	0.70	12.6	0	1.76	30	0.48	38.08	0.08	0.01	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	80	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average % of Calories			604	23	791	8.42	5.26	563.2	2562	45.39	*46 *30.2%	21.40 14.2%	99.84 66.1%	14.29 21.3%	4.77 7.1%	0.00 0.0%
Nutrient Guideline			600-725		1030									<=35.0	<10.00	

Wed - 09/26/2018																
9-12 Breakfast 4 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	75	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
CINNAMON ROLL 3.5 oz	3.5 OUNC	75	300	5	310	3.00	1.80	20.0	300	1.2	22	5.0	51.0	11.0	6.00	0.00
PINEAPPLE CHUNKS:canned,lt syr	1 CUP	65	131	0	3	2.02	0.98	35.3	96	18.9	32	0.91	33.89	0.3	0.02	0.00
JUICE BOX ASST	1 EACH	65	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
9-12 Lunch 4 Day	Total	100														
CHICKEN NUGGETS, 8 PIECE	8 PIECE	100	416	40	640	4.80	2.88	0.0	160	0.0	2	25.6	25.6	24.0	4.00	0.00
POTATO WEDGES	1 cup	80	245	0	79	3.80	3.18	24.3	0	35.72	*N/A*	7.48	54.99	0.5	0.12	*N/A*
SALAD BAR	CUP	85	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	85	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	75	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
BBQ SAUCE CUP	1 EACH	75	40	0	200	0.00	0.36	0.0	100	3.6	8	0.0	10.0	0.0	0.00	0.00

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Nye County School District

Sep 3, 2018 thru Sep 28, 2018

Base Menu Spreadsheet

Combined: 9-12 Breakfast 4 Day/9-12 Lunch 4 Day

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			736	27	873	9.20	5.98	355.8	2349	67.00	*50	27.81	112.79	22.02	5.46	*0.00
% of Calories											*27.2%	15.1%	61.3%	26.9%	6.7%	*0.0%
Nutrient Guideline			600-725		1030									<=35.0	<10.00	

Thu - 09/27/2018																
9-12 Breakfast 4 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	75	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
BREAKFAST BITES WG, 5 PIECE	4.25 OZ	75	317	42	800	1.65	7.20	200.0	58	0.0	11	13.3	31.5	16.65	5.00	0.00
FRESH FRUIT ASST.	1 EACH	60	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	60	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	80	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00
9-12 Lunch 4 Day	Total	100														
TACO SALAD HIGH	SERV	95	391	46	1254	4.83	2.70	234.2	5721	4.08	*3	18.1	31.61	20.88	7.32	*0.00
SALAD BAR	1 CUP	85	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRUIT COCKTAIL:canned,lt syrup	8 OZ	85	129	0	14	2.27	0.66	13.6	472	4.31	32	0.91	33.86	0.16	0.02	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	75	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
TOMATO SALSA	2 oz	75	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
Weighted Daily Average			637	43	1337	7.23	6.85	531.3	5150	44.27	*46	24.41	88.66	21.83	6.52	*0.00
% of Calories											*29.0%	15.3%	55.6%	30.8%	9.2%	*0.0%
Nutrient Guideline			600-725		1030									<=35.0	<10.00	

Weighted Average			632	*38	891	8.39	8.39	447.2	*2780	*50.48	*45	*22.25	97.07	18.03	*4.81	*0.14
											*63.4%	*14.1%	61.5%	25.7%	*6.8%	*0.2%

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Nye County School District

Sep 3, 2018 thru Sep 28, 2018

Base Menu Spreadsheet

Combined: 9-12 Breakfast 4 Day/9-12 Lunch 4 Day

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)										
Calories	632		600 - 725	100%														
Cholesterol (mg)	38				Missing													
Sodium 1 (mg)	891		1030															
Sodium 2 (mg)	891		825						66	Correction Required - Sodium too High								
Fiber (g)	8.39																	
Iron (mg)	8.39																	
Calcium (mg)	447.2																	
Vitamin A (IU)	2780				Missing													
Sugars (g)	45	28.18%			Missing													
Vitamin C (mg)	50.48				Missing													
Protein (g)	22.25	14.09%			Missing													
Carbohydrate (g)	97.07	61.46%																
Total Fat (g)	18.03	25.68%	<=35.00%															
Saturated Fat (g)	4.81	6.85%	<10.00%		Missing													
Trans Fat ¹ (g)	0.14	0.20%			Missing													

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