

Nye County School District

Base Menu Spreadsheet

Portion Values - Detailed

Mar 1, 2018 thru Mar 30, 2018

Combined: K-8 Breakfast 5 Day/K-8 Lunch 5 Day

Generated on: 2/13/2018 1:17:42 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 03/01/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	80	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
PANCAKE ON STICK	2.51 OZ	75	200	20	380	1.00	1.08	20.0	45	0.0	9	6.0	19.0	11.0	3.00	0.00
FRESH FRUIT ASST.	1 EACH	60	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	60	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	75	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00
K-8 Lunch 5 Day																
TANGERINE CHICKEN ELEM/MID	Total	100														
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	70	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			522	33	660	4.89	3.51	349.1	1891	38.97	*37	20.82	86.14	10.91	2.67	0.00
% of Calories											*28.3%	16.0%	66.0%	18.8%	4.6%	0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Fri - 03/02/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	95	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
YOGURT, DANNON	4 OZ	80	50	0	50	0.00	0.00	100.0	500	0.0	7	3.0	10.0	0.0	0.00	0.00
PEACHES: canned,light syrup	1/2 CUP	80	68	0	6	1.63	0.45	3.8	444	3.01	17	0.56	18.26	0.04	0.00	0.00
JUICE BOX ASST	1 EACH	75	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Nye County School District

Mar 1, 2018 thru Mar 30, 2018

Base Menu Spreadsheet

Combined: K-8 Breakfast 5 Day/K-8 Lunch 5 Day

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
K-8 Lunch 5 Day	Total	100														
HOT DOG 8x1 CLOVERDALE	1 EACH	100	150	30	340	0.00	0.72	0.0	5	0.0	1	7.0	1.0	13.0	5.00	0.00
WHEAT HOT DOG BUN	1 EACH	100	150	0	260	3.00	1.44	20.0	0	0.0	*N/A*	0.0	27.0	2.0	0.00	0.00
SALAD BAR	1 CUP	1	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
CUTIE PIE APPLE 2OZ	1 EACH	75	130	0	170	3.00	0.00	0.0	45	1.2	9	2.0	24.0	4.5	1.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
MUSTARD, PREPARED	6 GRAM	50	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
Weighted Daily Average			490	20	736	5.82	3.51	367.6	1170	40.75	*41	14.57	77.20	13.51	3.84	0.00
% of Calories											*33.1%	11.9%	63.0%	24.8%	7.1%	0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Mon - 03/05/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	85	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
PANCAKES 3 PC 3.42 OZ	3.42 OZ	90	230	10	330	3.00	1.80	0.0	0	0.0	5	5.0	41.0	6.0	1.00	0.00
FRESH FRUIT ASST.	1 EACH	75	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	75	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	75	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00
K-8 Lunch 5 Day	Total	100														
CHICKEN POPCORN WG, 12 PIECE	12 PIECE	100	251	22	371	2.18	1.96	43.7	109	0.0	1	15.28	15.28	14.19	2.73	0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
GRAHAMS LIL SQUARES	PACK	75	130	0	150	2.00	0.72	0.0	40	0.0	8	2.0	24.0	3.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	70	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
BBQ SAUCE CUP	1 EACH	60	40	0	200	0.00	0.36	0.0	100	3.6	8	0.0	10.0	0.0	0.00	0.00

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Nye County School District

Mar 1, 2018 thru Mar 30, 2018

Base Menu Spreadsheet

Combined: K-8 Breakfast 5 Day/K-8 Lunch 5 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			602	21	815	7.72	4.55	373.6	2053	56.99	*41 *27.0%	21.11 14.0%	95.73 63.6%	16.24 24.3%	2.94 4.4%	0.00 0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Tue - 03/06/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	50	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
BAGEL PLAIN	2 OZ	50	140	0	180	4.00	1.80	40.0	0	0.0	5	6.0	29.0	1.0	0.00	0.00
PEARS: canned,light syrup	1/2 CUP	60	72	0	6	2.01	0.35	6.3	0	0.88	15	0.24	19.04	0.04	0.00	0.00
JUICE BOX ASST	1 EACH	50	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
CREAM CHEESE PACKET	1 OZ	75	90	30	95	0.00	0.00	20.0	400	0.0	2	2.0	2.0	9.0	6.00	0.00
K-8 Lunch 5 Day	Total	100														
BURRITO, BEAN & CHEESE, L OS C	5.20	100	291	18	479	7.96	3.60	20.0	300	1.2	0	15.6	40.95	8.29	3.62	4.11
TOMATO SALSA	2 oz	75	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	70	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
MILK WHITE 1% FAT	20	110	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average % of Calories			464	26	706	7.72	4.42	345.3	2148	30.15	*34 *29.1%	19.57 16.9%	71.33 61.5%	12.64 24.5%	5.07 9.8%	*2.05 *4.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Wed - 03/07/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	80	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
BURRITO, BREAKFAST 3.2 oz	3.2 oz	70	206	53	400	2.29	2.70	40.0	300	1.2	1	10.0	25.78	7.8	2.54	0.00
FRESH FRUIT ASST.	1 EACH	50	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	50	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
TACO SAUCE PACKETS	PACKET	50	5	0	55	0.00	0.00	0.0	0	0.0	0	*N/A*	1.0	0.0	0.00	0.00

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Nye County School District

Mar 1, 2018 thru Mar 30, 2018

Base Menu Spreadsheet

Combined: K-8 Breakfast 5 Day/K-8 Lunch 5 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
K-8 Lunch 5 Day	Total	100														
PORK RIB Pattie on Bun Elem	1 EACH	100	310	55	700	4.00	2.52	60.0	200	*2.4	*6	*14.0	35.0	12.0	3.50	0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
COOKIE WG CHOCOLATE CHIP	1 EACH	80	140	10	50	1.00	0.72	0.0	100	0.0	*N/A*	2.0	23.0	5.0	1.50	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	60	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
Weighted Daily Average			555	56	869	7.22	4.73	380.4	2168	*46.11	*33	*21.60	84.55	15.41	4.25	0.00
% of Calories											*23.7%	*15.6%	60.9%	25.0%	6.9%	0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Thu - 03/08/2018																
	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	60	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
BELVITA BKFST BAR CHOCO	1.76 OUN CE	75	200	0	150	5.00	1.80	0.0	0	0.0	10	3.0	32.0	7.0	1.00	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	75	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	50	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
K-8 Lunch 5 Day	Total	100														
HAMBURGER ON A BUN	1 EACH	100	290	45	500	3.00	2.16	20.0	10	*0.0	*N/A*	*12.0	26.0	13.0	4.50	0.00
SALAD BAR	1 CUP	75	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
PEACHES: canned,light syrup	1/2 CUP	75	68	0	6	1.63	0.45	3.8	444	3.01	17	0.56	18.26	0.04	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			468	28	611	6.04	3.70	321.3	2005	*27.67	*32	*16.55	68.23	13.98	3.64	0.00
% of Calories											*27.4%	*14.2%	58.3%	26.9%	7.0%	0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

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Base Menu Spreadsheet

Combined: K-8 Breakfast 5 Day/K-8 Lunch 5 Day

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 03/09/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	60	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
WAFFLE MINIS MAPLE	2.6 OZ.	80	200	0	220	4.00	2.70	100.0	500	0.0	10	4.0	35.0	5.0	1.50	0.00
FRESH FRUIT ASST.	1 EACH	75	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	75	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	85	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	50	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00
K-8 Lunch 5 Day																
PIZZA PEP GILARDI ELEM	SLICE	100	300	30	650	4.00	2.70	300.0	400	0.0	4	17.0	35.0	11.0	5.00	0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average % of Calories			522	21	733	7.78	4.23	548.9	2290	54.58	*38 *28.7%	20.50 15.7%	84.69 64.8%	12.48 21.5%	4.16 7.2%	0.00 0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Mon - 03/12/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	70	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
CINNAMON ROLL 3.5 oz	3.5 OUNC	55	300	5	310	3.00	1.80	20.0	300	1.2	22	5.0	51.0	11.0	6.00	0.00
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	80	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
JUICE BOX ASST	1 EACH	80	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
K-8 Lunch 5 Day																
CHICKEN NUGGETS, 5 PIECE	5 PIECE	100	260	25	400	3.00	1.80	0.0	100	0.0	1	16.0	16.0	15.0	2.50	0.00
POTATO WEDGES	1/2 cup	85	122	0	40	1.90	1.59	12.2	0	17.86	*N/A*	3.74	27.5	0.25	0.06	*N/A*
SALAD BAR	CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	1 TBSP	60	55	0	125	0.00	0.00	0.0	0	0.0	0	0.0	0.5	6.0	1.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	30	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Nye County School District

Mar 1, 2018 thru Mar 30, 2018

Base Menu Spreadsheet

Combined: K-8 Breakfast 5 Day/K-8 Lunch 5 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			526	20	591	6.53	4.22	363.2	2003	57.27	*42 *31.7%	21.08 16.0%	84.01 63.9%	13.49 23.1%	3.62 6.2%	*0.00 *0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Tue - 03/13/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	75	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
BREAKFAST BITES WG, 3 PIECE	2.50 OZ	60	190	25	480	0.99	4.32	120.0	35	0.0	7	7.98	18.9	9.99	3.00	0.00
FRESH FRUIT ASST.	1 EACH	60	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	75	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	85	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	65	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00
K-8 Lunch 5 Day	Total	100														
TACO SALAD ELEM/MID	SERV	100	332	36	1004	4.26	2.10	218.7	5530	3.29	*3	14.61	29.15	16.96	5.89	*0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
APRICOTS: canned,light syrup	1/2 CUP	70	80	0	5	2.02	0.49	13.9	1672	3.42	19	0.67	20.86	0.06	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
TOMATO SALSA	2 oz	65	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
Weighted Daily Average % of Calories			521	31	1054	6.28	4.98	501.5	5324	46.40	*38 *29.5%	20.33 15.6%	75.02 57.6%	16.12 27.9%	4.84 8.4%	*0.00 *0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Wed - 03/14/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	80	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
BELVITA BKFST BISQ BLUEBE RRY	1.76 OUN CE	75	230	0	210	3.00	1.80	0.0	0	0.0	13	3.0	36.0	8.0	0.50	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	60	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	75	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00

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Nye County School District

Mar 1, 2018 thru Mar 30, 2018

Base Menu Spreadsheet

Combined: K-8 Breakfast 5 Day/K-8 Lunch 5 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
K-8 Lunch 5 Day	Total	100														
GRILLED CHEESE SW, WH GR	1 EA	40	248	23	568	2.27	1.19	356.8	456	0.0	7	15.1	30.15	7.89	4.31	0.00
PB&J UNCRUSTABLE, GRAPE	1 EACH	60	320	0	320	3.00	0.00	0.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
CHIPS, ASST RF	1 oz	80	112	0	150	1.67	0.30	10.0	33	0.0	*N/A*	1.67	15.83	4.5	0.67	0.00
SALAD BAR	1 CUP	80	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	75	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	75	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	20	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			547	11	660	6.78	3.34	414.4	2158	46.82	*37	18.40	82.34	17.16	3.84	0.00
% of Calories											*27.0%	13.5%	60.2%	28.2%	6.3%	0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Thu - 03/15/2018																
	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	90	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
PIZZA BKFST WITH SAUS 2.44 OZ	2.44 OZ	60	160	10	500	2.00	1.08	150.0	100	0.0	2	8.0	16.0	7.0	2.50	0.00
FRESH FRUIT ASST.	1 EACH	60	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	75	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
K-8 Lunch 5 Day	Total	100														
TANGERINE CHICKEN ELEM/MID	SERV	100	338	40	381	2.43	1.67	11.5	0	0.0	*13	17.06	56.93	4.32	1.09	0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
PEARS: canned,light syrup	1/2 CUP	70	72	0	6	2.01	0.35	6.3	0	0.88	15	0.24	19.04	0.04	0.00	0.00
MILK WHITE 1% FAT	8 OZ	75	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	20	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			491	30	654	5.60	3.67	387.0	1905	44.16	*39	21.44	81.73	9.57	2.71	0.00
% of Calories											*31.5%	17.5%	66.6%	17.5%	5.0%	0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

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Nye County School District

Mar 1, 2018 thru Mar 30, 2018

Base Menu Spreadsheet

Combined: K-8 Breakfast 5 Day/K-8 Lunch 5 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 03/16/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	75	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
FRENCH TOAST MINIS CHOC CHIP	3.0 OZ.	90	210	0	260	4.00	2.70	100.0	500	0.0	9	5.0	35.0	6.0	1.50	0.00
PEACHES: canned,light syrup	1/2 CUP	50	68	0	6	1.63	0.45	3.8	444	3.01	17	0.56	18.26	0.04	0.00	0.00
JUICE BOX ASST	1 EACH	50	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
K-8 Lunch 5 Day	Total	100														
SLOPPY JOE ON A BUN	SERVINGS	100	359	30	711	5.48	3.98	69.5	408	*5.74	*14	*16.28	44.84	11.12	3.77	*0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	60	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average % of Calories			540	21	821	8.01	5.39	411.3	2411	*40.50	*42	*20.53	85.11	13.17	3.61	*0.00
Nutrient Guideline			500-575		885						*31.3%	*15.2%	63.0%	21.9%	6.0%	*0.0%
														<=35.0	<10.00	

Mon - 03/19/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	90	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
MUFFIN BLUEBERRY 2 oz	2.0 OUNC	40	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
MUFFIN CHOC CHIP 2 oz	2.0 OUNC	40	190	45	130	2.00	73.80	40.0	100	0.0	17	4.0	32.0	6.0	2.00	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	60	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	60	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
K-8 Lunch 5 Day	Total	100														
CORN DOG CHICKEN	1 EACH	95	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
SALAD BAR	CUP	90	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	90	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
GRAHAMS LIL SQUARES	PACK	95	130	0	150	2.00	0.72	0.0	40	0.0	8	2.0	24.0	3.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	40	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00

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Nye County School District

Mar 1, 2018 thru Mar 30, 2018

Base Menu Spreadsheet

Combined: K-8 Breakfast 5 Day/K-8 Lunch 5 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			529	43	642	8.28	18.77	400.4	2342	45.75	*43 *32.3%	17.40 13.2%	90.49 68.5%	11.21 19.1%	2.82 4.8%	0.00 0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Tue - 03/20/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	65	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
FRENCH TOAST STICKS 4 PC	4 OZ	65	335	8	208	5.00	1.08	40.0	*N/A*	*N/A*	12	6.67	41.66	15.0	2.50	0.00
FRESH FRUIT ASST.	1 EACH	50	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	50	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
K-8 Lunch 5 Day	Total	100														
CHALUPA	1 each	90	245	44	404	0.32	0.84	347.1	296	0.24	1	16.28	11.18	13.94	5.92	0.00
TOMATO SALSA	2 oz	75	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
SALAD BAR	1 CUP	95	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
REFRIED BEANS	4 OZ	75	130	*N/A*	300	5.00	0.90	20.0	0	0.0	0	8.0	22.0	1.5	*N/A*	*N/A*
FRUIT COCKTAIL:canned,lt syrup	4 OZ	95	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	40	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average % of Calories			534	*28	749	7.34	3.61	522.3	*2598	*37.58	*38 *28.3%	23.33 17.5%	75.86 56.9%	15.27 25.8%	*4.28 *7.2%	*0.00 *0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Wed - 03/21/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	90	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
BREAKFAST BAR	1.3 OUNC	60	120	0	125	3.00	0.18	20.0	60	0.6	12	2.0	24.0	3.0	0.50	0.00
FRUIT COCKTAIL:canned,lt syrup	4 OZ	70	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	0.00
JUICE BOX ASST	1 EACH	60	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Nye County School District

Mar 1, 2018 thru Mar 30, 2018

Base Menu Spreadsheet

Combined: K-8 Breakfast 5 Day/K-8 Lunch 5 Day

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
K-8 Lunch 5 Day	Total	100														
SALISBURY STEAK 4OZ	1 EACH	80	280	55	390	2.00	2.70	40.0	0	2.4	0	18.0	5.0	21.0	9.00	0.00
MASHED POTATOES:flakes,milk +but	1/2 CUP	80	61	1	90	0.68	0.11	18.4	112	3.41	1	1.12	8.47	2.52	0.50	0.31
GRAVY MIX, BROWN, PIONEER	2 oz	70	15	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
WHEAT DINNER ROLL	1 EACH	80	77	0	142	1.09	0.39	0.0	0	0.0	*N/A*	0.0	13.12	1.09	0.00	0.00
SALAD BAR	1 CUP	95	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	95	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	45	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			496	28	717	6.80	3.98	381.7	2479	49.75	*39	19.18	73.21	14.66	4.83	0.13
% of Calories											*31.7%	15.5%	59.0%	26.6%	8.8%	0.2%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Thu - 03/22/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	80	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
PANCAKE ON STICK	2.51 OZ	75	200	20	380	1.00	1.08	20.0	45	0.0	9	6.0	19.0	11.0	3.00	0.00
FRESH FRUIT ASST.	1 EACH	60	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	60	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	75	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00
K-8 Lunch 5 Day	Total	100														
HAMBURGER ON A BUN	SERVING	100	290	45	500	3.00	2.16	20.0	10	*0.0	*N/A*	*12.0	26.0	13.0	4.50	0.00
SALAD BAR	1 CUP	95	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	95	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	40	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	75	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
MUSTARD, PREPARED	6 GRAM	50	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MAYONNAISE/1 GAL SYSCO	1 TBSP	30	100	10	65	0.00	0.00	0.0	0	0.0	0	0.0	1.0	11.0	2.00	0.00
Weighted Daily Average			521	37	762	5.60	3.90	366.3	2337	*41.54	*32	*18.88	74.87	15.84	4.49	0.00
% of Calories											*24.5%	*14.5%	57.4%	27.3%	7.7%	0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

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Nye County School District

Base Menu Spreadsheet

Portion Values - Detailed

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Mar 1, 2018 thru Mar 30, 2018

Combined: K-8 Breakfast 5 Day/K-8 Lunch 5 Day

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 03/23/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	95	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
YOGURT, DANNON	4 OZ	80	50	0	50	0.00	0.00	100.0	500	0.0	7	3.0	10.0	0.0	0.00	0.00
PEACHES: canned,light syrup	1/2 CUP	80	68	0	6	1.63	0.45	3.8	444	3.01	17	0.56	18.26	0.04	0.00	0.00
JUICE BOX ASST	1 EACH	75	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
K-8 Lunch 5 Day	Total	100														
PIZZA CHZ GILARDI ELEM	SLICE	90	300	30	600	4.00	2.70	350.0	400	0.0	4	16.0	35.0	11.0	6.00	0.00
SALAD BAR	1 CUP	95	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	95	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	45	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			449	19	608	6.51	4.04	541.5	2879	52.39	*41	19.05	76.21	8.86	3.59	0.00
% of Calories											*36.9%	17.0%	67.9%	17.8%	7.2%	0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Mon - 03/26/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	85	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
PANCAKES 3 PC 3.42 OZ	3.42 OZ	90	230	10	330	3.00	1.80	0.0	0	0.0	5	5.0	41.0	6.0	1.00	0.00
FRESH FRUIT ASST.	1 EACH	75	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	75	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	75	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00

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Nye County School District

Mar 1, 2018 thru Mar 30, 2018

Base Menu Spreadsheet

Combined: K-8 Breakfast 5 Day/K-8 Lunch 5 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
K-8 Lunch 5 Day	Total	100														
CHICKEN SANDWICH	1 EACH	100	410	25	640	6.00	2.88	60.0	100	*0.0	*1	*16.0	42.0	17.0	2.50	0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MAYONAISE/1 GAL SYSCO	1 TBSP	50	100	10	65	0.00	0.00	0.0	0	0.0	0	0.0	1.0	11.0	2.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			640	25	837	8.88	4.63	381.7	2003	*55.91	*35	*20.72	97.29	18.68	3.23	0.00
% of Calories											*22.0%	*12.9%	60.8%	26.3%	4.5%	0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Tue - 03/27/2018																
	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	50	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
BAGEL PLAIN	2 OZ	50	140	0	180	4.00	1.80	40.0	0	0.0	5	6.0	29.0	1.0	0.00	0.00
PEARS: canned,light syrup	1/2 CUP	60	72	0	6	2.01	0.35	6.3	0	0.88	15	0.24	19.04	0.04	0.00	0.00
JUICE BOX ASST	1 EACH	50	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
CREAM CHEESE PACKET	1 OZ	75	90	30	95	0.00	0.00	20.0	400	0.0	2	2.0	2.0	9.0	6.00	0.00
K-8 Lunch 5 Day	Total	100														
NACHO SUPREME EL/MID	1 EACH	100	353	41	901	3.04	72.85	249.4	458	0.46	*0	13.88	26.89	19.83	7.86	0.00
TOMATO SALSA	2 oz	60	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
REFRIED BEANS	4 OZ	65	130	*N/A*	300	5.00	0.90	20.0	0	0.0	0	8.0	22.0	1.5	*N/A*	*N/A*
SALAD BAR	1 CUP	65	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
PEARS: canned,light syrup	1/2 CUP	70	72	0	6	2.01	0.35	6.3	0	0.88	15	0.24	19.04	0.04	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			534	*37	991	7.11	39.17	461.1	2106	26.16	*33	21.11	71.67	18.52	*7.13	*0.00
% of Calories											*25.0%	15.8%	53.7%	31.2%	*12.0%	*0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

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Nye County School District

Mar 1, 2018 thru Mar 30, 2018

Base Menu Spreadsheet

Combined: K-8 Breakfast 5 Day/K-8 Lunch 5 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/28/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	80	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
BURRITO, BREAKFAST 3.2 oz	3.2 oz	70	206	53	400	2.29	2.70	40.0	300	1.2	1	10.0	25.78	7.8	2.54	0.00
FRESH FRUIT ASST.	1 EACH	50	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	50	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
TACO SAUCE PACKETS	PACKET	50	5	0	55	0.00	0.00	0.0	0	0.0	0	*N/A*	1.0	0.0	0.00	0.00
K-8 Lunch 5 Day	Total	100														
TURKEY SANDWICH	1 sw	50	195	23	415	3.00	2.16	20.0	0	*3.6	*N/A*	*7.98	26.5	4.01	0.75	0.00
HAM & CHEESE SANDWICH	1 SW	50	229	37	640	3.00	4.26	120.0	100	*3.53	*0	*10.85	27.49	7.21	2.49	0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
CHIPS, ASST RF	1 oz	80	112	0	150	1.67	0.30	10.0	33	0.0	*N/A*	1.67	15.83	4.5	0.67	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
MUSTARD, PREPARED	5 GRAM	50	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MAYONNAISE/1 GAL SYSCO	1 TBSP	50	100	10	65	0.00	0.00	0.0	0	0.0	0	0.0	1.0	11.0	2.00	0.00
Weighted Daily Average			519	42	832	6.98	4.90	389.0	2052	*46.58	*29	*19.15	77.19	14.76	3.48	0.00
% of Calories											*22.7%	*14.8%	59.5%	25.6%	6.0%	0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Thu - 03/29/2018																
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	60	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
BELVITA BKFST BAR CHOCO	1.76 OUN CE	75	200	0	150	5.00	1.80	0.0	0	0.0	10	3.0	32.0	7.0	1.00	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	75	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	50	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00

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Nye County School District

Mar 1, 2018 thru Mar 30, 2018

Base Menu Spreadsheet

Combined: K-8 Breakfast 5 Day/K-8 Lunch 5 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
K-8 Lunch 5 Day	Total	100														
TANGERINE CHICKEN ELEM/MID	SERV	100	338	40	381	2.43	1.67	11.5	0	0.0	*13	17.06	56.93	4.32	1.09	0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	70	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			480	25	543	5.43	3.37	316.5	1765	26.51	*32	18.87	81.53	9.33	1.88	0.00
% of Calories											*26.9%	15.7%	67.9%	17.5%	3.5%	0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

Fri - 03/30/2018																
	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
K-8 Breakfast 5 Day	Total	100														
CEREAL REDUCED SUGAR 1 OZ.	1 OZ	60	101	0	165	2.70	4.56	0.0	506	10.12	7	2.03	24.3	0.34	0.17	0.00
WAFFLE MINIS MAPLE	2.6 OZ.	80	200	0	220	4.00	2.70	100.0	500	0.0	10	4.0	35.0	5.0	1.50	0.00
FRESH FRUIT ASST.	1 EACH	75	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	75	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	85	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	50	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00
K-8 Lunch 5 Day	Total	100														
HOT DOG 8x1 CLOVERDALE	1 EACH	100	150	30	340	0.00	0.72	0.0	5	0.0	1	7.0	1.0	13.0	5.00	0.00
WHEAT HOT DOG BUN	1 EACH	100	150	0	260	3.00	1.44	20.0	0	0.0	*N/A*	0.0	27.0	2.0	0.00	0.00
SALAD BAR	1 CUP	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
CUTIE PIE APPLE 2OZ	1 EACH	75	130	0	170	3.00	0.00	0.0	45	1.2	9	2.0	24.0	4.5	1.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
MUSTARD, PREPARED	6 GRAM	50	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
Weighted Daily Average			557	21	790	7.62	3.70	397.3	1000	48.90	*39	15.37	88.11	15.54	4.44	0.00
% of Calories											*27.7%	11.0%	63.2%	25.1%	7.2%	0.0%
Nutrient Guideline			500-575		885									<=35.0	<10.00	

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Nye County School District

Mar 1, 2018 thru Mar 30, 2018

Base Menu Spreadsheet

Combined: K-8 Breakfast 5 Day/K-8 Lunch 5 Day

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			523	*28	744	6.86	6.38	405.5	*2231	*43.70	*37 *63.7%	*19.53 *14.9%	81.02 62.0%	13.97 24.0%	*3.88 *6.7%	*0.10 *0.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	523		500 - 575	100%				
Cholesterol (mg)	28				Missing			
Sodium 1 (mg)	744		885					
Sodium 2 (mg)	744		710				34	Correction Required - Sodium too High
Fiber (g)	6.86							
Iron (mg)	6.38							
Calcium (mg)	405.5							
Vitamin A (IU)	2231				Missing			
Sugars (g)	37	28.30%			Missing			
Vitamin C (mg)	43.70				Missing			
Protein (g)	19.53	14.93%			Missing			
Carbohydrate (g)	81.02	61.96%						
Total Fat (g)	13.97	24.04%	<=35.00%					
Saturated Fat (g)	3.88	6.68%	<10.00%		Missing			
Trans Fat ¹ (g)	0.10	0.17%			Missing			

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