

Nye County School District

Oct 1, 2018 thru Oct 31, 2018

Base Menu Spreadsheet

BREAKFAST IN THE CLASSROOM

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/01/2018																
BREAKFAST IN THE CLAS	Total	500														
MUFFIN BLUEBERRY 2 oz	2.0 OUNC	480	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			409	48	269	5.11	1.23	370.0	636	81.71	*49	10.58	77.44	6.52	2.28	0.00
% of Calories											*47.8%	10.3%	75.8%	14.3%	5.0%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Tue - 10/02/2018																
BREAKFAST IN THE CLAS	Total	500														
WAFFLE MINIS MAPLE	2.6 OZ.	480	200	0	220	4.00	2.70	100.0	500	0.0	10	4.0	35.0	5.0	1.50	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			385	5	356	4.74	2.86	430.5	911	56.28	*35	10.82	74.60	5.39	1.75	0.00
% of Calories											*36.5%	11.2%	77.5%	12.6%	4.1%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Wed - 10/03/2018																
BREAKFAST IN THE CLAS	Total	500														
BELVITA BKFST BAR CHOCO	1.76 OUNCE	480	200	0	150	5.00	1.80	0.0	0	0.0	10	3.0	32.0	7.0	1.00	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			418	5	288	7.98	1.93	350.8	540	81.71	*43	10.58	79.36	7.48	1.32	0.00
% of Calories											*41.2%	10.1%	75.9%	16.1%	2.8%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Nye County School District

Oct 1, 2018 thru Oct 31, 2018

Base Menu Spreadsheet

BREAKFAST IN THE CLASSROOM

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/04/2018																
BREAKFAST IN THE CLAS	Total	500														
FRENCH TOAST MINIS MAPLE	3.0 OZ.	480	210	0	240	3.00	2.70	100.0	500	0.0	13	4.0	37.0	5.0	1.50	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			395	5	375	3.78	2.86	430.5	911	56.28	*38	10.82	76.52	5.39	1.75	0.00
% of Calories											*38.5%	11.0%	77.6%	12.3%	4.0%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Fri - 10/05/2018																
BREAKFAST IN THE CLAS	Total	500														
BURRITO, BREAKFAST 3.2 oz	3.20 OZ	480	206	53	400	2.29	2.70	40.0	300	1.2	1	10.0	25.78	7.8	2.54	0.00
STRING CHEESE 1 oz	1 EACH	450	80	15	210	0.00	0.00	200.0	100	0.0	0	7.0	1.0	6.0	3.50	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			417	70	716	2.20	2.59	548.4	778	56.35	26	22.70	54.05	13.39	5.89	0.00
% of Calories											25.4%	21.8%	51.8%	28.9%	12.7%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Mon - 10/08/2018																
BREAKFAST IN THE CLAS	Total	500														
MUFFIN CHOC CHIP 2 oz	2.0 OUNC	480	190	45	130	2.00	73.80	40.0	100	0.0	17	4.0	32.0	6.0	2.00	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			409	48	269	5.11	71.05	389.2	636	81.71	*50	11.54	79.36	6.52	2.28	0.00
% of Calories											*48.7%	11.3%	77.6%	14.3%	5.0%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Nye County School District

Oct 1, 2018 thru Oct 31, 2018

Base Menu Spreadsheet

BREAKFAST IN THE CLASSROOM

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/09/2018																
BREAKFAST IN THE CLAS	Total	500														
PANCAKE ON STICK	2.51 OZ	480	200	20	380	1.00	1.08	20.0	45	0.0	9	6.0	19.0	11.0	3.00	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			385	24	510	1.86	1.31	353.7	475	56.28	*34	12.74	59.24	11.15	3.19	0.00
% of Calories											*35.5%	13.2%	61.5%	26.1%	7.5%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Wed - 10/10/2018																
BREAKFAST IN THE CLAS	Total	500														
BELVITA BKFST BISQ BLUEBE RRY	1.76 OUN CE	480	230	0	210	3.00	1.80	0.0	0	0.0	13	3.0	36.0	8.0	0.50	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			447	5	346	6.07	1.93	350.8	540	81.71	*46	10.58	83.20	8.44	0.84	0.00
% of Calories											*41.1%	9.5%	74.4%	17.0%	1.7%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Thu - 10/11/2018																
BREAKFAST IN THE CLAS	Total	500														
FRENCH TOAST MINIS CHOC CHIP	3.0 OZ.	480	210	0	260	4.00	2.70	100.0	500	0.0	9	5.0	35.0	6.0	1.50	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			395	5	394	4.74	2.86	430.5	911	56.28	*34	11.78	74.60	6.35	1.75	0.00
% of Calories											*34.6%	11.9%	75.6%	14.5%	4.0%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

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Base Menu Spreadsheet

BREAKFAST IN THE CLASSROOM

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/12/2018																
BREAKFAST IN THE CLAS	Total	500														
CINNAMON ROLL 3.5 oz	3.5 OUNC	480	300	5	310	3.00	1.80	20.0	300	1.2	22	5.0	51.0	11.0	6.00	0.00
STRING CHEESE 1 oz	1 EACH	450	80	15	210	0.00	0.00	200.0	100	0.0	0	7.0	1.0	6.0	3.50	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			508	23	630	2.88	1.73	529.2	778	56.35	47	17.90	78.26	16.46	9.21	0.00
% of Calories											36.7%	14.1%	61.6%	29.2%	16.3%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Tue - 10/16/2018																
BREAKFAST IN THE CLAS	Total	500														
WAFFLE MINIS MAPLE	2.6 OZ.	480	200	0	220	4.00	2.70	100.0	500	0.0	10	4.0	35.0	5.0	1.50	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			385	5	356	4.74	2.86	430.5	911	56.28	*35	10.82	74.60	5.39	1.75	0.00
% of Calories											*36.5%	11.2%	77.5%	12.6%	4.1%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Wed - 10/17/2018																
BREAKFAST IN THE CLAS	Total	500														
BELVITA BKFST BAR CHOCO	1.76 OUN CE	480	200	0	150	5.00	1.80	0.0	0	0.0	10	3.0	32.0	7.0	1.00	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			418	5	288	7.98	1.93	350.8	540	81.71	*43	10.58	79.36	7.48	1.32	0.00
% of Calories											*41.2%	10.1%	75.9%	16.1%	2.8%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

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Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/18/2018																
BREAKFAST IN THE CLAS	Total	500														
FRENCH TOAST MINIS MAPLE	3.0 OZ.	480	210	0	240	3.00	2.70	100.0	500	0.0	13	4.0	37.0	5.0	1.50	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			395	5	375	3.78	2.86	430.5	911	56.28	*38	10.82	76.52	5.39	1.75	0.00
% of Calories											*38.5%	11.0%	77.6%	12.3%	4.0%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Fri - 10/19/2018																
BREAKFAST IN THE CLAS	Total	500														
BURRITO, BREAKFAST 3.2 oz	3.20 OZ	480	206	53	400	2.29	2.70	40.0	300	1.2	1	10.0	25.78	7.8	2.54	0.00
STRING CHEESE 1 oz	1 EACH	450	80	15	210	0.00	0.00	200.0	100	0.0	0	7.0	1.0	6.0	3.50	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			417	70	716	2.20	2.59	548.4	778	56.35	26	22.70	54.05	13.39	5.89	0.00
% of Calories											25.4%	21.8%	51.8%	28.9%	12.7%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Mon - 10/22/2018																
BREAKFAST IN THE CLAS	Total	500														
MUFFIN CHOC CHIP 2 oz	2.0 OUNC	480	190	45	130	2.00	73.80	40.0	100	0.0	17	4.0	32.0	6.0	2.00	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			409	48	269	5.11	71.05	389.2	636	81.71	*50	11.54	79.36	6.52	2.28	0.00
% of Calories											*48.7%	11.3%	77.6%	14.3%	5.0%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

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Nye County School District

Oct 1, 2018 thru Oct 31, 2018

Base Menu Spreadsheet

BREAKFAST IN THE CLASSROOM

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/23/2018																
BREAKFAST IN THE CLAS	Total	500														
PANCAKE ON STICK	2.51 OZ	480	200	20	380	1.00	1.08	20.0	45	0.0	9	6.0	19.0	11.0	3.00	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			385	24	510	1.86	1.31	353.7	475	56.28	*34	12.74	59.24	11.15	3.19	0.00
% of Calories											*35.5%	13.2%	61.5%	26.1%	7.5%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Wed - 10/24/2018																
BREAKFAST IN THE CLAS	Total	500														
BELVITA BKFST BISQ BLUEBE RRY	1.76 OUN CE	480	230	0	210	3.00	1.80	0.0	0	0.0	13	3.0	36.0	8.0	0.50	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			447	5	346	6.07	1.93	350.8	540	81.71	*46	10.58	83.20	8.44	0.84	0.00
% of Calories											*41.1%	9.5%	74.4%	17.0%	1.7%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Thu - 10/25/2018																
BREAKFAST IN THE CLAS	Total	500														
FRENCH TOAST MINIS CHOC CHIP	3.0 OZ.	480	210	0	260	4.00	2.70	100.0	500	0.0	9	5.0	35.0	6.0	1.50	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			395	5	394	4.74	2.86	430.5	911	56.28	*34	11.78	74.60	6.35	1.75	0.00
% of Calories											*34.6%	11.9%	75.6%	14.5%	4.0%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

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Nye County School District

Oct 1, 2018 thru Oct 31, 2018

Base Menu Spreadsheet

BREAKFAST IN THE CLASSROOM

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/29/2018																
BREAKFAST IN THE CLAS	Total	500														
MUFFIN BLUEBERRY 2 oz	2.0 OUNC	480	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			409	48	269	5.11	1.23	370.0	636	81.71	*49	10.58	77.44	6.52	2.28	0.00
% of Calories											*47.8%	10.3%	75.8%	14.3%	5.0%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Tue - 10/30/2018																
BREAKFAST IN THE CLAS	Total	500														
WAFFLE MINIS MAPLE	2.6 OZ.	480	200	0	220	4.00	2.70	100.0	500	0.0	10	4.0	35.0	5.0	1.50	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			385	5	356	4.74	2.86	430.5	911	56.28	*35	10.82	74.60	5.39	1.75	0.00
% of Calories											*36.5%	11.2%	77.5%	12.6%	4.1%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Wed - 10/31/2018																
BREAKFAST IN THE CLAS	Total	500														
BELVITA BKFST BAR CHOCO	1.76 OUN CE	480	200	0	150	5.00	1.80	0.0	0	0.0	10	3.0	32.0	7.0	1.00	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	100	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	300	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			418	5	288	7.98	1.93	350.8	540	81.71	*43	10.58	79.36	7.48	1.32	0.00
% of Calories											*41.2%	10.1%	75.9%	16.1%	2.8%	0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

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Nye County School District

Oct 1, 2018 thru Oct 31, 2018

Base Menu Spreadsheet

BREAKFAST IN THE CLASSROOM

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			411	22	396	4.70	8.75	410.4	710	67.19	*40 *87.2%	12.55 12.2%	73.76 71.8%	8.12 17.8%	2.59 5.7%	0.00 0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	411		350 - 500	100%				
Cholesterol (mg)	22							
Sodium 1 (mg)	396		540					
Sodium 2 (mg)	396		485					
Fiber (g)	4.70							
Iron (mg)	8.75							
Calcium (mg)	410.4							
Vitamin A (IU)	710							
Sugars (g)	40	38.74%			Missing			
Vitamin C (mg)	67.19							
Protein (g)	12.55	12.21%						
Carbohydrate (g)	73.76	71.78%						
Total Fat (g)	8.12	17.78%	<=35.00%					
Saturated Fat (g)	2.59	5.67%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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