

Nye County School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: BREAKFAST IN THE CLASSROOM/K-8 Lunch 5 Day

Portion Values - Detailed

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Generated on: 11/29/2017 11:13:53 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/03/2018																
BREAKFAST IN THE CLAS	Total	500														
BELVITA BKFST BAR CHOCO	1.76 OUN CE	480	200	0	150	5.00	1.80	0.0	0	0.0	10	3.0	32.0	7.0	1.00	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day	Total	100														
TURKEY SANDWICH	1 sw	50	195	23	415	3.00	2.16	20.0	0	*3.6	*N/A*	*7.98	26.5	4.01	0.75	0.00
HAM & CHEESE SANDWICH	1 SW	50	229	37	640	3.00	4.26	120.0	100	*3.53	*0	*10.85	27.49	7.21	2.49	0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
CHIPS, ASST RF	1 oz	80	112	0	150	1.67	0.30	10.0	133	0.0	*N/A*	1.67	15.83	4.5	0.67	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
MUSTARD, PREPARED	5 GRAM	50	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MAYONNAISE/1 GAL SYSCO	1 TBSP	50	100	10	65	0.00	0.00	0.0	0	0.0	0	0.0	1.0	11.0	2.00	0.00
Weighted Daily Average			448	13	391	8.06	2.30	359.6	940	*75.05	*37	*13.36	75.89	11.36	2.65	0.00
% of Calories											*33.1%	*11.9%	67.8%	22.8%	5.3%	0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

Thu - 01/04/2018																
BREAKFAST IN THE CLAS	Total	500														
FRENCH TOAST MINIS MAPLE	3.0 OZ.	480	210	0	240	3.00	2.70	100.0	500	0.0	13	4.0	37.0	5.0	1.50	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day	Total	100														
TANGERINE CHICKEN ELEM/MID	SERV	100	338	40	381	2.43	1.67	11.5	0	0.0	*13	17.06	56.93	4.32	1.09	0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	70	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			421	14	408	3.94	2.79	412.8	1222	49.97	*34	14.52	75.33	7.87	2.65	0.00
% of Calories											*32.2%	13.8%	71.6%	16.8%	5.7%	0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Nye County School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: BREAKFAST IN THE CLASSROOM/K-8 Lunch 5 Day

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/05/2018																
BREAKFAST IN THE CLAS	Total	500														
BURRITO, BREAKFAST 3.2 oz	3.20 OZ	480	206	53	400	2.29	2.70	40.0	300	1.2	1	10.0	25.78	7.8	2.54	0.00
STRING CHEESE 1 oz	1 EACH	450	80	15	210	0.00	0.00	200.0	100	0.0	0	7.0	1.0	6.0	3.50	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day																
HOT DOG 8x1 CLOVERDALE	1 EACH	100	150	30	340	0.00	0.72	0.0	5	0.0	1	7.0	1.0	13.0	5.00	0.00
WHEAT HOT DOG BUN	1 EACH	100	150	0	260	3.00	1.44	20.0	0	0.0	*N/A*	0.0	27.0	2.0	0.00	0.00
SALAD BAR	1 CUP	1	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
CUTIE PIE APPLE 2OZ	1 EACH	75	130	0	170	3.00	0.00	0.0	45	1.2	9	2.0	24.0	4.5	1.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
MUSTARD, PREPARED	6 GRAM	50	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
Weighted Daily Average			450	66	758	3.13	2.55	510.7	762	51.44	*24	22.79	55.08	16.79	6.87	0.00
% of Calories											*21.5%	20.2%	48.9%	33.6%	13.7%	0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

Mon - 01/08/2018																
BREAKFAST IN THE CLAS	Total	500														
MUFFIN CHOC CHIP 2 oz	2.0 OUNC	480	190	45	130	2.00	73.80	40.0	100	0.0	17	4.0	32.0	6.0	2.00	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00

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Nye County School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: BREAKFAST IN THE CLASSROOM/K-8 Lunch 5 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
K-8 Lunch 5 Day	Total	100														
CHICKEN POPCORN WG, 12 PIECE	12 PIECE	100	251	22	371	2.18	1.96	43.7	109	0.0	1	15.28	15.28	14.19	2.73	0.00
ECE																
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
GRAHAMS LIL SQUARES	PACK	75	130	0	150	2.00	0.72	0.0	40	0.0	8	2.0	24.0	3.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	70	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
BBQ SAUCE CUP	1 EACH	60	40	0	200	0.00	0.36	0.0	100	3.6	8	0.0	10.0	0.0	0.00	0.00
Weighted Daily Average			445	47	367	5.55	59.78	386.0	1044	74.85	*45	15.17	75.97	11.05	3.41	0.00
% of Calories											*40.2%	13.6%	68.2%	22.3%	6.9%	0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

Tue - 01/09/2018																
BREAKFAST IN THE CLAS	Total	500														
PANCAKE ON STICK	2.51 OZ	480	200	20	380	1.00	1.08	20.0	45	0.0	9	6.0	19.0	11.0	3.00	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day	Total	100														
BURRITO, BEAN & CHEESE, L OS C	5.20	100	291	18	479	7.96	3.60	20.0	300	1.2	0	15.6	40.95	8.29	3.62	4.11
TOMATO SALSA	2 oz	75	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	70	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			410	27	569	3.36	2.00	352.5	949	51.42	*30	16.01	59.11	13.45	4.29	*0.68
% of Calories											*29.6%	15.6%	57.6%	29.5%	9.4%	*1.5%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

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Jan 1, 2018 thru Jan 31, 2018

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Combined: BREAKFAST IN THE CLASSROOM/K-8 Lunch 5 Day

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/10/2018																
BREAKFAST IN THE CLAS	Total	500														
BELVITA BKFST BISQ BLUEBE RRY	1.76 OUN CE	480	230	0	210	3.00	1.80	0.0	0	0.0	13	3.0	36.0	8.0	0.50	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day	Total	100														
PORK RIB Pattie on Bun Elem	1 EACH	100	310	55	700	4.00	2.52	60.0	200	*2.4	*6	*14.0	35.0	12.0	3.50	0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
COOKIE WG CHOCOLATE CHIP	1 EACH	80	140	10	50	1.00	0.72	0.0	100	0.0	*N/A*	2.0	23.0	5.0	1.50	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	60	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
Weighted Daily Average			484	18	451	6.54	2.24	356.7	978	*74.90	*41	*14.18	81.54	12.38	2.51	0.00
% of Calories											*33.6%	*11.7%	67.4%	23.0%	4.7%	0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

Thu - 01/11/2018																
BREAKFAST IN THE CLAS	Total	500														
FRENCH TOAST MINIS CHOC CHIP	3.0 OZ.	480	210	0	260	4.00	2.70	100.0	500	0.0	9	5.0	35.0	6.0	1.50	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day	Total	100														
HAMBURGER ON A BUN	1 EACH	100	290	45	500	3.00	2.16	20.0	10	*0.0	*N/A*	*12.0	26.0	13.0	4.50	0.00
SALAD BAR	1 CUP	75	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
PEACHES: canned,light syrup	1/2 CUP	75	68	0	6	1.63	0.45	3.8	444	3.01	17	0.56	18.26	0.04	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			417	15	447	4.94	2.90	414.4	1302	*50.36	*31	*14.55	69.29	10.22	3.24	0.00
% of Calories											*29.4%	*14.0%	66.5%	22.1%	7.0%	0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/12/2018																
BREAKFAST IN THE CLAS	Total	500														
CINNAMON ROLL 3.5 oz	3.5 OUNC	480	300	5	310	3.00	1.80	20.0	300	1.2	22	5.0	51.0	11.0	6.00	0.00
STRING CHEESE 1 oz	1 EACH	450	80	15	210	0.00	0.00	200.0	100	0.0	0	7.0	1.0	6.0	3.50	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day	Total	100														
PIZZA PEP GILARDI ELEM	SLICE	100	300	30	650	4.00	2.70	300.0	400	0.0	4	17.0	35.0	11.0	5.00	0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			514	28	667	3.75	2.01	545.2	1192	53.33	*41	20.50	74.12	18.33	9.55	0.00
% of Calories											*31.6%	16.0%	57.7%	32.1%	16.7%	0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	
Tue - 01/16/2018																
BREAKFAST IN THE CLAS	Total	500														
WAFFLE MINIS MAPLE	2.6 OZ.	480	200	0	220	4.00	2.70	100.0	500	0.0	10	4.0	35.0	5.0	1.50	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day	Total	100														
TACO SALAD ELEM/MID	SERV	100	332	36	1004	4.26	2.10	218.7	5530	3.29	*3	14.61	29.15	16.96	5.89	*0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
APRICOTS: canned,light syrup	1/2 CUP	70	80	0	5	2.02	0.49	13.9	1672	3.42	19	0.67	20.86	0.06	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
TOMATO SALSA	2 oz	65	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
Weighted Daily Average			417	14	522	5.25	3.02	449.1	2369	51.03	*32	14.26	70.33	9.98	3.46	*0.00
% of Calories											*30.7%	13.7%	67.4%	21.5%	7.4%	*0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

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Nye County School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: BREAKFAST IN THE CLASSROOM/K-8 Lunch 5 Day

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/17/2018																
BREAKFAST IN THE CLAS	Total	500														
BELVITA BKFST BAR CHOCO	1.76 OUN CE	480	200	0	150	5.00	1.80	0.0	0	0.0	10	3.0	32.0	7.0	1.00	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day																
GRILLED CHEESE SW, WH GR	1 EA	40	248	23	568	2.27	1.19	356.8	456	0.0	7	15.1	30.15	7.89	4.31	0.00
PB&J UNCRUSTABLE, GRAPE	1 EACH	60	320	0	320	3.00	0.00	0.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
CHIPS, ASST RF	1 oz	80	112	0	150	1.67	0.30	10.0	33	0.0	*N/A*	1.67	15.83	4.5	0.67	0.00
SALAD BAR	1 CUP	80	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	75	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	75	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	20	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			454	10	360	8.08	1.86	372.5	1024	75.12	*38	14.03	76.20	12.08	3.01	0.00
% of Calories											*33.9%	12.4%	67.2%	24.0%	6.0%	0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/18/2018																
BREAKFAST IN THE CLAS	Total	500														
FRENCH TOAST MINIS MAPLE	3.0 OZ.	480	210	0	240	3.00	2.70	100.0	500	0.0	13	4.0	37.0	5.0	1.50	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day																
TANGERINE CHICKEN ELEM/MID	SERV	100	338	40	381	2.43	1.67	11.5	0	0.0	*13	17.06	56.93	4.32	1.09	0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
PEARS: canned,light syrup	1/2 CUP	70	72	0	6	2.01	0.35	6.3	0	0.88	15	0.24	19.04	0.04	0.00	0.00
MILK WHITE 1% FAT	8 OZ	75	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	20	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			422	15	404	4.06	2.80	412.9	1218	50.05	*35	14.71	75.27	8.09	2.79	0.00
% of Calories											*33.3%	13.9%	71.3%	17.2%	5.9%	0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

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Nye County School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: BREAKFAST IN THE CLASSROOM/K-8 Lunch 5 Day

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/19/2018																
BREAKFAST IN THE CLAS	Total	500														
BURRITO, BREAKFAST 3.2 oz	3.20 OZ	480	206	53	400	2.29	2.70	40.0	300	1.2	1	10.0	25.78	7.8	2.54	0.00
STRING CHEESE 1 oz	1 EACH	450	80	15	210	0.00	0.00	200.0	100	0.0	0	7.0	1.0	6.0	3.50	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day																
SLOPPY JOE ON A BUN	SERVINGS	100	359	30	711	5.48	3.98	69.5	408	*5.74	*14	*16.28	44.84	11.12	3.77	*0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	60	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			449	66	757	3.43	2.94	523.0	1198	*54.32	*26	*24.39	55.83	15.79	6.57	*0.00
% of Calories											*22.9%	*21.7%	49.7%	31.6%	13.2%	*0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

Mon - 01/22/2018																
BREAKFAST IN THE CLAS	Total	500														
MUFFIN CHOC CHIP 2 oz	2.0 OUNC	480	190	45	130	2.00	73.80	40.0	100	0.0	17	4.0	32.0	6.0	2.00	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day																
CORN DOG CHICKEN	1 EACH	95	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
SALAD BAR	CUP	90	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	90	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
GRAHAMS LIL SQUARES	PACK	95	130	0	150	2.00	0.72	0.0	40	0.0	8	2.0	24.0	3.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	40	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
Weighted Daily Average			442	50	342	6.24	59.76	395.8	1139	76.08	*45	14.31	79.10	9.49	3.26	0.00
% of Calories											*41.2%	13.0%	71.6%	19.3%	6.6%	0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

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Nye County School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: BREAKFAST IN THE CLASSROOM/K-8 Lunch 5 Day

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/23/2018																
BREAKFAST IN THE CLAS	Total	500														
PANCAKE ON STICK	2.51 OZ	480	200	20	380	1.00	1.08	20.0	45	0.0	9	6.0	19.0	11.0	3.00	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day																
CHALUPA	1 each	90	245	44	404	0.32	0.84	347.1	296	0.24	1	16.28	11.18	13.94	5.92	0.00
TOMATO SALSA	2 oz	75	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
SALAD BAR	1 CUP	95	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
REFRIED BEANS	4 OZ	75	130	*N/A*	300	5.00	0.90	20.0	0	0.0	0	8.0	22.0	1.5	*N/A*	*N/A*
FRUIT COCKTAIL:canned,lt syrup	4 OZ	95	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	40	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			415	*30	581	2.87	1.66	406.7	1114	51.25	*31	17.05	57.86	13.88	*4.50	*0.00
% of Calories											*30.3%	16.4%	55.7%	30.1%	*9.8%	*0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

Wed - 01/24/2018																
BREAKFAST IN THE CLAS	Total	500														
BELVITA BKFST BISQ BLUEBE RRY	1.76 OUN CE	480	230	0	210	3.00	1.80	0.0	0	0.0	13	3.0	36.0	8.0	0.50	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day																
SALISBURY STEAK 4OZ	1 EACH	80	280	55	390	2.00	2.70	40.0	0	2.4	0	18.0	5.0	21.0	9.00	0.00
MASHED POTATOES:flakes,milk +but	1/2 CUP	80	61	1	90	0.68	0.11	18.4	112	3.41	1	1.12	8.47	2.52	0.50	0.31
GRAVY MIX, BROWN, PIONEER	2 oz	70	15	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
WHEAT DINNER ROLL	1 EACH	80	77	0	142	1.09	0.39	0.0	0	0.0	*N/A*	0.0	13.12	1.09	0.00	0.00
SALAD BAR	1 CUP	95	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	95	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	45	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00

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Nye County School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: BREAKFAST IN THE CLASSROOM/K-8 Lunch 5 Day

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			474	15	436	6.48	2.19	359.3	1088	77.22	*40	14.34	77.70	12.74	2.95	0.04
% of Calories											*34.0%	12.1%	65.6%	24.2%	5.6%	0.1%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

Thu - 01/25/2018																
BREAKFAST IN THE CLAS	Total	500														
FRENCH TOAST MINIS CHOC CHIP	3.0 OZ.	480	210	0	260	4.00	2.70	100.0	500	0.0	9	5.0	35.0	6.0	1.50	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day	Total	100														
HAMBURGER ON A BUN	SERVING	100	290	45	500	3.00	2.16	20.0	10	*0.0	*N/A*	*12.0	26.0	13.0	4.50	0.00
SALAD BAR	1 CUP	95	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	95	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	45	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	75	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
MUSTARD, PREPARED	6 GRAM	50	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			417	15	457	4.98	2.92	418.5	1371	*50.83	*29	*14.67	69.93	9.86	3.18	0.00
% of Calories											*27.9%	*14.1%	67.2%	21.3%	6.9%	0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

Fri - 01/26/2018																
BREAKFAST IN THE CLAS	Total	500														
CINNAMON ROLL 3.5 oz	3.5 OUNC	480	300	5	310	3.00	1.80	20.0	300	1.2	22	5.0	51.0	11.0	6.00	0.00
STRING CHEESE 1 oz	1 EACH	450	80	15	210	0.00	0.00	200.0	100	0.0	0	7.0	1.0	6.0	3.50	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00

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Nye County School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: BREAKFAST IN THE CLASSROOM/K-8 Lunch 5 Day

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
K-8 Lunch 5 Day	Total	100														
PIZZA CHZ GILARDI ELEM	SLICE	90	300	30	600	4.00	2.70	350.0	400	0.0	4	16.0	35.0	11.0	6.00	0.00
SALAD BAR	1 CUP	95	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	95	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	2 TBSP	45	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			512	27	643	3.93	2.00	552.7	1331	55.32	*41	20.29	74.93	17.80	9.55	0.00
% of Calories											*32.2%	15.9%	58.5%	31.3%	16.8%	0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

Mon - 01/29/2018																
BREAKFAST IN THE CLAS	Total	500														
MUFFIN BLUEBERRY 2 oz	2.0 OUNC	480	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day	Total	100														
CHICKEN SANDWICH	1 EACH	98	410	25	640	6.00	2.88	60.0	100	*0.0	*1	*16.0	42.0	17.0	2.50	0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MAYONAISE/1 GAL SYSCO	1 TBSP	50	100	10	65	0.00	0.00	0.0	0	0.0	0	0.0	1.0	11.0	2.00	0.00
KETCHUP/1 GAL SYSCO	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	1 TBSP	50	55	0	125	0.00	0.00	0.0	0	0.0	0	0.0	0.5	6.0	1.00	0.00
Weighted Daily Average			450	49	358	5.92	1.62	372.5	1027	*74.49	*42	*14.19	74.69	11.10	3.38	0.00
% of Calories											*37.5%	*12.6%	66.3%	22.2%	6.8%	0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

Tue - 01/30/2018																
BREAKFAST IN THE CLAS	Total	500														
WAFFLE MINIS MAPLE	2.6 OZ.	480	200	0	220	4.00	2.70	100.0	500	0.0	10	4.0	35.0	5.0	1.50	0.00
APPLESAUCE CUP ASST. 4.5 oz	1 EA	450	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00

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Nye County School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: BREAKFAST IN THE CLASSROOM/K-8 Lunch 5 Day

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
K-8 Lunch 5 Day	Total	100														
NACHO SUPREME EL/MID	1 EACH	100	353	41	901	3.04	72.85	249.4	458	0.46	*0	13.88	26.89	19.83	7.86	0.00
TOMATO SALSA	1 oz	60	10	0	122	0.40	0.64	3.4	156	1.13	*N/A*	0.43	1.98	0.06	0.01	*N/A*
REFRIED BEANS	4 OZ	60	130	*N/A*	300	5.00	0.90	20.0	0	0.0	0	8.0	22.0	1.5	*N/A*	*N/A*
SALAD BAR	1 CUP	65	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
PEARS: canned,light syrup	1/2 CUP	70	72	0	6	2.01	0.35	6.3	0	0.88	15	0.24	19.04	0.04	0.00	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	1 TBSP	50	55	0	125	0.00	0.00	0.0	0	0.0	0	0.0	0.5	6.0	1.00	0.00
Weighted Daily Average			425	*14	506	5.48	14.81	454.6	1283	49.97	*31	14.82	71.58	9.89	*3.67	*0.00
% of Calories											*29.2%	13.9%	67.4%	20.9%	*7.8%	*0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

Wed - 01/31/2018																
BREAKFAST IN THE CLAS	Total	500														
BELVITA BKFST BAR CHOCO	1.76 OUN CE	480	200	0	150	5.00	1.80	0.0	0	0.0	10	3.0	32.0	7.0	1.00	0.00
FRESH FRUIT ASST.	1 EACH	450	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE BOX ASST	1 EACH	450	60	0	10	0.00	0.00	100.0	0	60.0	14	0.0	15.33	0.0	0.00	0.00
MILK WHITE 1% FAT	8 OZ	400	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
K-8 Lunch 5 Day	Total	100														
TURKEY SANDWICH	1 sw	60	195	23	415	3.00	2.16	20.0	0	*3.6	*N/A*	*7.98	26.5	4.01	0.75	0.00
HAM & CHEESE SANDWICH	1 SW	40	229	37	640	3.00	4.26	120.0	100	*3.53	*0	*10.85	27.49	7.21	2.49	0.00
SALAD BAR	1 CUP	70	43	0	40	2.31	0.79	34.7	3251	18.03	*4	2.62	7.75	0.96	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
CHIPS, ASST RF	1 oz	80	112	0	150	1.67	0.30	10.0	33	0.0	*N/A*	1.67	15.83	4.5	0.67	0.00
MILK WHITE 1% FAT	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING/1 GAL SYSCO	1 TBSP	50	55	0	125	0.00	0.00	0.0	0	0.0	0	0.0	0.5	6.0	1.00	0.00
MUSTARD, PREPARED	5 GRAM	50	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MAYONAISE/1 GAL SYSCO	1 TBSP	50	100	10	65	0.00	0.00	0.0	0	0.0	0	0.0	1.0	11.0	2.00	0.00
Weighted Daily Average			441	13	373	8.06	2.26	357.9	938	*75.06	*37	*13.31	75.82	10.61	2.50	0.00
% of Calories											*33.7%	*12.1%	68.8%	21.7%	5.1%	0.0%
Nutrient Guideline			392-525		655									<=35.0	<10.00	

Weighted Average			445	*27	490	5.20	8.72	420.7	1174	*61.10	*36	*16.07	71.28	12.14	*4.20	*0.04
											*71.9%	*14.4%	64.0%	24.5%	*8.5%	*0.1%

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Nye County School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: BREAKFAST IN THE CLASSROOM/K-8 Lunch 5 Day

Portion Values - Detailed

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Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	445		392 - 525	100%				
Cholesterol (mg)	27				Missing			
Sodium 1 (mg)	490		655					
Sodium 2 (mg)	490		560					
Fiber (g)	5.20							
Iron (mg)	8.72							
Calcium (mg)	420.7							
Vitamin A (IU)	1174							
Sugars (g)	36	31.94%			Missing			
Vitamin C (mg)	61.10				Missing			
Protein (g)	16.07	14.44%			Missing			
Carbohydrate (g)	71.28	64.02%						
Total Fat (g)	12.14	24.53%	<=35.00%					
Saturated Fat (g)	4.20	8.49%	<10.00%		Missing			
Trans Fat ¹ (g)	0.04	0.07%			Missing			

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