

Nye County School District

Dec 1, 2016 thru Dec 30, 2016

Base Menu Spreadsheet

Combined: Gabbs/Rd Mnt K-8 Bkfst Cycle/Gabbs/Rd Mnt K-8 Lunch Cycle

Portion Values - Detailed

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Generated on: 2/21/2017 3:46:53 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 12/05/2016																
Gabbs/Rd Mnt K-8 Bkfst Cycl	Total	100														
CEREAL, KIDS CHOICE BOWL	1 OZ	90	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
BREAKFAST BAR	1.3 OUNC	80	120	0	125	3.00	0.18	20.0	60	0.6	12	2.0	24.0	3.0	0.50	0.00
FRUIT COCKTAIL:canned,lt syrup	4 OZ	60	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	0.00
JUICE CUP ASST.	1 EACH	60	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
CHICKEN SANDWICH	1 sandwich	100	370	50	620	4.00	2.52	40.0	0	*0.0	*1	*22.0	40.0	12.0	2.00	0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MAYONAISE	1 TBSP	50	100	10	65	0.00	0.00	0.0	0	0.0	0	0.0	1.0	11.0	2.00	0.00
KETCHUP	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
RANCH DRESSING	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			532	33	713	6.25	14.86	354.1	1995	*24.59	*38	*21.64	77.84	15.20	2.69	0.00
% of Calories											*28.8%	*16.3%	58.5%	25.7%	4.6%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Tue - 12/06/2016																
Gabbs/Rd Mnt K-8 Bkfst Cycl	Total	100														
BURRITO, BREAKFAST	4.50 OZ	70	300	75	630	1.00	2.70	40.0	300	1.2	1	10.0	34.0	13.0	5.00	0.00
CEREAL, KIDS CHOICE BOWL	1 OZ	50	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
FRESH FRUIT ASST.	1 EACH	50	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE CUP ASST.	1 EACH	50	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Nye County School District

Dec 1, 2016 thru Dec 30, 2016

Base Menu Spreadsheet

Combined: Gabbs/Rd Mnt K-8 Bkfst Cycle/Gabbs/Rd Mnt K-8 Lunch Cycle

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
NACHO SUPREME EL/MID	1 EACH	95	299	30	673	3.04	72.66	140.8	349	0.46	*0	11.17	25.27	16.03	5.42	0.00
TOMATO SALSA	2 oz	60	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
REFRIED BEANS: canned	1/2 CUP	70	51	0	210	2.10	0.82	16.4	0	3.4	0	2.82	7.68	1.14	0.36	0.01
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRUIT COCKTAIL:canned,lt syrup	4 OZ	75	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			520	46	980	5.24	43.83	413.3	2247	22.34	*32	19.83	69.82	17.48	5.41	*0.00
% of Calories											*24.4%	15.3%	53.8%	30.3%	9.4%	*0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Wed - 12/07/2016																
Gabbs/Rd Mnt K-8 Bkfst Cycl	Total	100														
PANCAKE ON STICK WG	1 EACH	80	210	25	310	1.00	1.08	20.0	45	0.0	9	6.0	22.0	10.0	3.00	0.00
SYRUP CUP DIP	1 EACH	75	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00
CEREAL, KIDS CHOICE BOWL	1 OZ	60	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
PEACHES: canned,light syrup	1/2 CUP	60	68	0	6	1.63	0.45	3.8	444	3.01	17	0.56	18.26	0.04	0.00	0.00
JUICE CUP ASST.	1 EACH	60	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
TURKEY SANDWICH	1 sw	50	195	23	415	3.00	2.16	20.0	0	*3.6	*N/A*	*7.98	26.5	4.01	0.75	0.00
HAM & CHEESE SANDWICH	1 SW	50	239	42	725	3.00	4.26	170.0	300	*3.53	*0	*9.85	26.99	8.71	3.24	0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
CHIPS, ASST RF	1 oz	80	112	0	150	1.67	0.30	10.0	33	0.0	*N/A*	1.67	15.83	4.5	0.67	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
MUSTARD, PREPARED	5 GRAM	50	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MAYONNAISE	1 TBSP	50	100	10	65	0.00	0.00	0.0	0	0.0	0	0.0	1.0	11.0	2.00	0.00

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Nye County School District

Dec 1, 2016 thru Dec 30, 2016

Base Menu Spreadsheet

Combined: Gabbs/Rd Mnt K-8 Bkfst Cycle/Gabbs/Rd Mnt K-8 Lunch Cycle

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			541	34	810	5.53	11.35	388.9	2078	*25.45	*36	*17.51	77.87	16.71	3.93	0.00
% of Calories											*26.6%	*13.0%	57.6%	27.8%	6.5%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Thu - 12/08/2016																
Gabbs/Rd Mnt K-8 Bkfst Cycl	Total	100														
CEREAL, KIDS CHOICE BOWL	1 OZ	80	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
MUFFIN BLUEBERRY WG 2 OZ	2.0 OUNC	75	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
APRICOTS: canned,light syrup	1/2 CUP	75	80	0	5	2.02	0.49	13.9	1672	3.42	19	0.67	20.86	0.06	0.00	0.00
JUICE CUP ASST.	1 EACH	75	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
ORANGE CHICKEN ELEM	100 SERV	100	298	40	281	0.43	0.95	11.5	50	1.2	*10	14.06	50.93	3.32	0.59	0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
APPLESAUCE CUPS ASST.	1 EA	70	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			488	42	499	3.46	13.06	332.9	2516	16.05	*43	17.75	83.84	9.01	2.01	0.00
% of Calories											*35.4%	14.5%	68.7%	16.6%	3.7%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Mon - 12/12/2016																
Gabbs/Rd Mnt K-8 Bkfst Cycl	Total	100														
WAFFLE STICKS, 2 PIECE	2 PIECE	100	140	0	250	2.00	1.08	20.0	25	0.0	5	4.0	27.0	2.0	0.00	0.00
CEREAL, KIDS CHOICE BOWL	1 OZ	65	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
FRESH FRUIT ASST.	1 EACH	60	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE CUP ASST.	1 EACH	75	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00

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Dec 1, 2016 thru Dec 30, 2016

Base Menu Spreadsheet

Combined: Gabbs/Rd Mnt K-8 Bkfst Cycle/Gabbs/Rd Mnt K-8 Lunch Cycle

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
CHALUPA	1 EACH	95	245	44	404	0.32	0.84	347.1	296	0.24	1	16.28	11.18	13.94	5.92	0.00
FRESH FRUIT ASST.	1 EACH	80	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
SALAD BAR	1 CUP	65	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
COOKIE WG CHOCOLATE CHIP	1 EACH	85	140	10	50	1.00	0.72	0.0	100	0.0	*N/A*	2.0	23.0	5.0	1.50	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			491	31	566	5.27	11.09	512.6	2025	33.67	*34 *27.9%	20.80 16.9%	77.35 63.0%	11.30 20.7%	3.88 7.1%	0.00 0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Tue - 12/13/2016																
	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Gabbs/Rd Mnt K-8 Bkfst Cycl	Total	100														
BREAKFAST BITES WG, 3 PIECE	3 PIECE	75	190	25	480	0.99	4.32	120.0	35	0.0	7	7.98	18.9	9.99	3.00	0.00
CEREAL, KIDS CHOICE BOWL	1 OZ	60	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
PEARS: canned,light syrup	1/2 CUP	60	72	0	6	2.01	0.35	6.3	0	0.88	15	0.24	19.04	0.04	0.00	0.00
JUICE CUP ASST.	1 EACH	75	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
CHICKEN POPCORN WG, 12 PI ECE	12 PIECE	100	251	22	371	2.18	1.96	43.7	109	0.0	1	15.28	15.28	14.19	2.73	0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
APRICOTS CANNED	1/2 CUP	70	80	0	10	1.00	0.00	0.0	1750	2.39	*N/A*	1.0	19.0	0.0	0.00	0.00
GRAHAMS LIL SQUARES	PACK	75	130	0	150	2.00	0.72	0.0	40	0.0	8	2.0	24.0	3.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
KETCHUP	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
RANCH DRESSING	2 TBSP	70	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
BBQ SAUCE CUP	1 EACH	60	40	0	200	0.00	0.36	0.0	100	3.6	8	0.0	10.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			531	26	820	4.41	12.07	389.7	2526	15.48	*39 *29.3%	21.32 16.1%	72.85 54.9%	17.44 29.6%	3.53 6.0%	0.00 0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 12/14/2016																
Gabbs/Rd Mnt K-8 Bkfst Cycl	Total	100														
QUESADILLA, CHEESE COYOT E GRIL	1 EACH	50	320	45	600	3.00	2.70	250.0	300	0.0	3	18.0	32.0	13.0	6.00	0.00
CEREAL, KIDS CHOICE BOWL	1 OZ	75	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
FRESH FRUIT ASST.	1 EACH	75	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE CUP ASST.	1 EACH	75	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
BURRITO, BEAN & CHEESE, L OS C	5.20	100	291	18	479	7.96	3.60	20.0	300	1.2	0	15.6	40.95	8.29	3.62	4.11
TOMATO SALSA	2 oz	75	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average % of Calories			517	26	791	8.94	14.27	402.7	2257	36.40	*32 *24.9%	22.57 17.4%	80.12 61.9%	12.94 22.5%	4.37 7.6%	*2.05 *3.6%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Thu - 12/15/2016																
Gabbs/Rd Mnt K-8 Bkfst Cycl	Total	100														
CEREAL, KIDS CHOICE BOWL	1 OZ	100	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
YOGURT, DANNON	4 OZ	60	50	0	50	0.00	0.00	100.0	500	0.0	7	3.0	10.0	0.0	0.00	0.00
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	70	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
JUICE CUP ASST.	1 EACH	75	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Nye County School District

Dec 1, 2016 thru Dec 30, 2016

Base Menu Spreadsheet

Combined: Gabbs/Rd Mnt K-8 Bkfst Cycle/Gabbs/Rd Mnt K-8 Lunch Cycle

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
SLOPPY JOE ON A BUN	SERVINGS	100	359	30	711	5.48	3.98	69.5	408	*5.74	*14	*16.28	44.84	11.12	3.77	*0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
APPLESAUCE CUPS ASST.	1 EA	70	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
KETCHUP	9 gram	60	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
RANCH DRESSING	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			478	21	735	4.98	17.07	407.7	2286	*21.12	*42	*19.14	74.71	11.17	2.91	*0.00
% of Calories											*35.3%	*16.0%	62.5%	21.0%	5.5%	*0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Mon - 12/19/2016																
Gabbs/Rd Mnt K-8 Bkfst Cycl	Total	100														
PANCAKES WG, 2 PIECE	2 PIECE	90	153	7	220	2.00	0.96	26.7	17	0.0	3	3.33	27.33	4.0	0.67	0.00
CEREAL, KIDS CHOICE BOWL	1 OZ	60	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
FRESH FRUIT ASST.	1 EACH	60	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE CUP ASST.	1 EACH	70	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	60	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
HOT DOG 8x1 CLOVERDALE	1 EACH	100	150	30	340	0.00	0.72	0.0	5	0.0	1	7.0	1.0	13.0	5.00	0.00
WHEAT HOT DOG BUN	1 EACH	100	150	0	260	3.00	1.44	20.0	0	0.0	*N/A*	0.0	27.0	2.0	0.00	0.00
SALAD BAR	1 CUP	1	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
CUTIE PIE APPLE 2OZ	1 EACH	75	130	0	170	3.00	0.00	0.0	45	1.2	9	2.0	24.0	4.5	1.00	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
MUSTARD, PREPARED	6 GRAM	50	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
KETCHUP	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00

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Nye County School District

Dec 1, 2016 thru Dec 30, 2016

Base Menu Spreadsheet

Combined: Gabbs/Rd Mnt K-8 Bkfst Cycle/Gabbs/Rd Mnt K-8 Lunch Cycle

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			538	24	792	6.29	10.39	338.4	793	26.40	*35 *25.9%	14.82 11.0%	83.33 62.0%	15.74 26.3%	4.12 6.9%	0.00 0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Tue - 12/20/2016																
Gabbs/Rd Mnt K-8 Bkfst Cycl	Total	100														
CINNAMON ROLL	ROLL	85	275	40	250	2.00	1.80	40.0	269	0.0	*14	5.0	50.18	7.0	2.50	*0.00
CEREAL, KIDS CHOICE BOWL	1 OZ	50	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
APPLESAUCE CUPS ASST.	1 EA	60	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE CUP ASST.	1 EACH	50	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
PIZZA PEP GILARDI ELEM	SLICE	100	300	30	650	4.00	2.70	300.0	400	0.0	4	17.0	35.0	11.0	5.00	0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
PEARS: canned,light syrup	1/2 CUP	70	72	0	6	2.01	0.35	6.3	0	0.88	15	0.24	19.04	0.04	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average % of Calories			512	38	731	5.01	9.85	487.0	2080	12.33	*36 *28.3%	20.13 15.7%	79.78 62.3%	13.60 23.9%	4.55 8.0%	*0.00 *0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Wed - 12/21/2016																
Gabbs/Rd Mnt K-8 Bkfst Cycl	Total	100														
FRENCH TOAST STICKS WG,3 PIECE	3 PIECE	80	200	5	125	3.00	1.08	40.0	35	0.0	7	4.0	25.0	9.0	1.50	0.00
CEREAL, KIDS CHOICE BOWL	1 OZ	50	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
FRESH FRUIT ASST.	1 EACH	60	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE CUP ASST.	1 EACH	75	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	75	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00

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Nye County School District

Dec 1, 2016 thru Dec 30, 2016

Base Menu Spreadsheet

Combined: Gabbs/Rd Mnt K-8 Bkfst Cycle/Gabbs/Rd Mnt K-8 Lunch Cycle

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
CHICKEN NUGGETS, 5 PIECE	5 PIECE	100	250	55	400	2.00	1.80	40.0	0	0.0	1	23.0	15.0	11.0	2.00	0.00
POTATO WEDGES	1/2 cup	85	122	0	40	1.90	1.59	12.2	0	17.86	*N/A*	3.74	27.5	0.25	0.06	*N/A*
SALAD BAR	CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
BBQ SAUCE CUP	1 EACH	60	40	0	200	0.00	0.36	0.0	100	3.6	8	0.0	10.0	0.0	0.00	0.00
KETCHUP	9 gram	30	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
Weighted Daily Average			549	35	634	6.47	9.79	358.5	1892	40.72	*36	24.36	81.94	14.47	2.66	*0.00
% of Calories											*26.0%	17.7%	59.7%	23.7%	4.4%	*0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Thu - 12/22/2016																
	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Gabbs/Rd Mnt K-8 Bkfst Cycl	Total	100														
CEREAL, KIDS CHOICE BOWL	1 OZ	80	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
MUFFIN CHOC CHIP WG 2 OZ	1 EACH	80	190	45	130	2.00	73.80	40.0	100	0.0	17	4.0	32.0	6.0	2.00	0.00
FRUIT COCKTAIL:canned,lt syrup	4 OZ	75	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	0.00
JUICE CUP ASST.	1 EACH	75	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
TACO SALAD ELEM/MID	SERV	100	332	36	1004	4.26	2.10	218.7	5530	3.29	*3	14.61	29.15	16.96	5.89	*0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRUIT COCKTAIL:canned,lt syrup	4 OZ	70	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
TOMATO SALSA	2 oz	65	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
Weighted Daily Average			525	41	960	5.40	43.11	460.2	4917	17.75	*46	19.18	76.36	16.32	4.76	*0.00
% of Calories											*34.9%	14.6%	58.1%	28.0%	8.2%	*0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

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Nye County School District

Dec 1, 2016 thru Dec 30, 2016

Base Menu Spreadsheet

Combined: Gabbs/Rd Mnt K-8 Bkfst Cycle/Gabbs/Rd Mnt K-8 Lunch Cycle

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 12/26/2016																
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
GRILLED CHEESE SW, WH GR	1 EA	40	248	23	568	2.27	1.19	356.8	456	0.0	7	15.1	30.15	7.89	4.31	0.00
PB&J UNCRUSTABLE, GRAPE	1 EACH	60	320	0	320	3.00	0.00	0.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
CHIPS, ASST RF	1 oz	80	112	0	150	1.67	0.30	10.0	33	0.0	*N/A*	1.67	15.83	4.5	0.67	0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK 1% MEADOWGOLD	8 OZ	75	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	20	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			647	18	856	8.09	1.39	476.2	3108	35.28	*32	24.96	79.06	27.44	6.92	0.00
% of Calories											*19.7%	15.4%	48.8%	38.1%	9.6%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Tue - 12/27/2016																
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
PORK RIB Pattie on Bun Elem	1 EACH	100	310	55	700	4.00	2.52	60.0	200	*2.4	*6	*14.0	35.0	12.0	3.50	0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	70	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
COOKIE WG CHOCOLATE CHIP	1 EACH	80	140	10	50	1.00	0.72	0.0	100	0.0	*N/A*	2.0	23.0	5.0	1.50	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
KETCHUP	9 gram	60	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
Weighted Daily Average			685	69	1133	7.09	3.98	382.5	3093	*23.23	*37	*25.76	89.99	25.02	6.40	0.00
% of Calories											*21.5%	*15.1%	52.6%	32.9%	8.4%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

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Nye County School District

Dec 1, 2016 thru Dec 30, 2016

Base Menu Spreadsheet

Combined: Gabbs/Rd Mnt K-8 Bkfst Cycle/Gabbs/Rd Mnt K-8 Lunch Cycle

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 12/28/2016																
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
CORN DOG CHICKEN	1 EACH	100	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
SALAD BAR	CUP	80	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	75	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
GRAHAMS LIL SQUARES	PACK	85	130	0	150	2.00	0.72	0.0	40	0.0	8	2.0	24.0	3.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
WGOLD																
RANCH DRESSING	2 TBSP	50	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
KETCHUP	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
Weighted Daily Average			619	46	868	11.16	3.19	410.8	3276	38.08	*38	21.54	92.31	17.96	3.95	0.00
% of Calories											*24.8%	13.9%	59.6%	26.1%	5.7%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Thu - 12/29/2016																
Gabbs/Rd Mnt K-8 Lunch Cy	Total	100														
HAMBURGER ON A BUN	SERVING	100	290	45	500	3.00	2.16	20.0	10	*0.0	*N/A*	*12.0	26.0	13.0	4.50	0.00
SALAD BAR	1 CUP	80	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
APPLESAUCE CUPS ASST.	1 EA	80	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
WGOLD																
RANCH DRESSING	2 TBSP	70	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
KETCHUP	9 gram	75	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
MUSTARD, PREPARED	6 GRAM	50	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			561	51	958	5.62	3.02	337.8	3149	*17.04	*20	*22.27	63.06	22.68	6.31	0.00
% of Calories											*14.5%	*15.9%	45.0%	36.4%	10.1%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Weighted Average			546	36	803	6.20	13.89	403.3	2515	*25.37	*36	*20.85	78.76	16.53	4.27	*0.13
											*59.4%	*15.3%	57.7%	27.3%	7.0%	*0.2%

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Nye County School District

Dec 1, 2016 thru Dec 30, 2016

Base Menu Spreadsheet

Combined: Gabbs/Rd Mnt K-8 Bkfst Cycle/Gabbs/Rd Mnt K-8 Lunch Cycle

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	546		514 - 586	100%													
Cholesterol (mg)	36																
Sodium (mg)	803		934														
Fiber (g)	6.20																
Iron (mg)	13.89																
Calcium (mg)	403.3																
Vitamin A (IU)	2515																
Sugars (g)	36	26.41%				Missing											
Vitamin C (mg)	25.37					Missing											
Protein (g)	20.85	15.28%				Missing											
Carbohydrate (g)	78.76	57.71%															
Total Fat (g)	16.53	27.25%															
Saturated Fat (g)	4.27	7.05%		<=35.00%													
Trans Fat ¹ (g)	0.13	0.21%		<10.00%		Missing											

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