

Nye County School District

Jan 2, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

Combined: Elem/Middle Breakfast Cycle/Elem/Middle Lunch Cycle

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/02/2017																
Elem/Middle Breakfast Cycle	Total	100														
CEREAL, KIDS CHOICE BOWL	1 OZ	90	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
MUFFIN BLUEBERRY WG 2 OZ	1 EACH	80	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
APPLESAUCE CUPS ASST.	1 EA	60	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE CUP ASST.	1 EACH	60	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Elem/Middle Lunch Cycle	Total	100														
CHICKEN SANDWICH	1 sandwich	100	370	50	620	4.00	2.52	40.0	0	*0.0	*1	*22.0	40.0	12.0	2.00	0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MAYONAISE	1 TBSP	50	100	10	65	0.00	0.00	0.0	0	0.0	0	0.0	1.0	11.0	2.00	0.00
KETCHUP	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
RANCH DRESSING	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			555	51	714	5.81	15.21	353.6	1951	*24.06	*35	*21.96	79.36	16.41	3.29	0.00
% of Calories											*25.3%	*15.8%	57.2%	26.6%	5.3%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Tue - 01/03/2017																
Elem/Middle Breakfast Cycle	Total	100														
BURRITO, BREAKFAST	4.50 OZ	65	300	75	630	1.00	2.70	40.0	300	1.2	1	10.0	34.0	13.0	5.00	0.00
CEREAL, KIDS CHOICE BOWL	1 OZ	50	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
FRESH FRUIT ASST.	1 EACH	50	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE CUP ASST.	1 EACH	50	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Nye County School District

Jan 2, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

Combined: Elem/Middle Breakfast Cycle/Elem/Middle Lunch Cycle

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Elem/Middle Lunch Cycle	Total	100														
NACHO SUPREME EL/MID	1 EACH	100	299	30	673	3.04	72.66	140.8	349	0.46	*0	11.17	25.27	16.03	5.42	0.00
TOMATO SALSA	2 oz	60	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
REFRIED BEANS: canned	1/2 CUP	65	51	0	210	2.10	0.82	16.4	0	3.4	0	2.82	7.68	1.14	0.36	0.01
SALAD BAR	1 CUP	65	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
PEARS: canned,light syrup	1/2 CUP	70	72	0	6	2.01	0.35	6.3	0	0.88	15	0.24	19.04	0.04	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			518	45	975	5.46	45.54	414.2	2079	21.28	*31	19.64	69.55	17.49	5.41	*0.00
% of Calories											*23.9%	15.2%	53.7%	30.4%	9.4%	*0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Wed - 01/04/2017																
Elem/Middle Breakfast Cycle	Total	100														
CEREAL, KIDS CHOICE BOWL	1 OZ	90	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
STRING CHEESE	1 EACH	60	80	15	210	0.00	0.00	200.0	100	0.0	0	7.0	1.0	6.0	3.50	0.00
FRUIT COCKTAIL:canned,lt syrup	4 OZ	70	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	0.00
JUICE CUP ASST.	1 EACH	60	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Elem/Middle Lunch Cycle	Total	100														
TURKEY SANDWICH	1 sw	50	195	23	415	3.00	2.16	20.0	0	*3.6	*N/A*	*7.98	26.5	4.01	0.75	0.00
HAM & CHEESE SANDWICH	1 SW	50	239	42	725	3.00	4.26	170.0	300	*3.53	*0	*9.85	26.99	8.71	3.24	0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
CHIPS, ASST RF	1 oz	80	112	0	150	1.67	0.30	10.0	33	0.0	*N/A*	1.67	15.83	4.5	0.67	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
MUSTARD, PREPARED	5 GRAM	50	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MAYONAISE	1 TBSP	50	100	10	65	0.00	0.00	0.0	0	0.0	0	0.0	1.0	11.0	2.00	0.00
Weighted Daily Average			484	29	768	5.26	15.26	452.6	2114	*26.20	*34	*17.46	69.47	14.79	3.80	0.00
% of Calories											*28.3%	*14.4%	57.4%	27.5%	7.1%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

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Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/05/2017																
Elem/Middle Breakfast Cycle	Total	100														
PANCAKE ON STICK WG	1 EACH	80	210	25	310	1.00	1.08	20.0	45	0.0	9	6.0	22.0	10.0	3.00	0.00
SYRUP CUP DIP	1 EACH	75	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00
CEREAL, KIDS CHOICE BOWL	1 OZ	60	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
FRESH FRUIT ASST.	1 EACH	60	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE CUP ASST.	1 EACH	60	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Elem/Middle Lunch Cycle	Total	100														
SWEET & SOUR CHICKEN ELEM	serv	100	288	40	201	0.43	0.95	11.5	45	3.6	*9	14.06	49.93	3.32	0.59	0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
APPLESAUCE CUPS ASST.	1 EA	70	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			498	36	530	3.26	10.06	342.6	1883	23.52	*35	19.27	81.18	10.65	2.46	0.00
% of Calories											*28.1%	15.5%	65.2%	19.2%	4.5%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Fri - 01/06/2017																
Elem/Middle Breakfast Cycle	Total	100														
CEREAL, KIDS CHOICE BOWL	1 OZ	95	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
BREAKFAST BAR	1.3 OUNC	80	120	0	125	3.00	0.18	20.0	60	0.6	12	2.0	24.0	3.0	0.50	0.00
PEACHES: canned,light syrup	1/2 CUP	80	68	0	6	1.63	0.45	3.8	444	3.01	17	0.56	18.26	0.04	0.00	0.00
JUICE CUP ASST.	1 EACH	75	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00

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Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Elem/Middle Lunch Cycle	Total	100														
HOT DOG 8x1 CLOVERDALE	1 EACH	100	150	30	340	0.00	0.72	0.0	5	0.0	1	7.0	1.0	13.0	5.00	0.00
WHEAT HOT DOG BUN	1 EACH	100	150	0	260	3.00	1.44	20.0	0	0.0	*N/A*	0.0	27.0	2.0	0.00	0.00
SALAD BAR	1 CUP	1	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
CUTIE PIE APPLE 2OZ	1 EACH	75	130	0	170	3.00	0.00	0.0	45	1.2	9	2.0	24.0	4.5	1.00	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
MUSTARD, PREPARED	6 GRAM	50	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
KETCHUP	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
Weighted Daily Average % of Calories			524	20	764	6.45	15.23	333.9	1018	20.28	*43 *33.2%	14.17 10.8%	82.05 62.7%	15.38 26.4%	4.02 6.9%	0.00 0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Mon - 01/09/2017																
Elem/Middle Breakfast Cycle	Total	100														
CEREAL, KIDS CHOICE BOWL	1 OZ	80	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
MUFFIN CHOC CHIP WG 2 OZ	1 EACH	90	190	45	130	2.00	73.80	40.0	100	0.0	17	4.0	32.0	6.0	2.00	0.00
APRICOTS CANNED	1/2 CUP	75	80	0	10	1.00	0.00	0.0	1750	2.39	*N/A*	1.0	19.0	0.0	0.00	0.00
JUICE CUP ASST.	1 EACH	75	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Elem/Middle Lunch Cycle	Total	100														
CHICKEN POPCORN WG, 12 PIECE	12 PIECE	100	251	22	371	2.18	1.96	43.7	109	0.0	1	15.28	15.28	14.19	2.73	0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
GRAHAMS LIL SQUARES	PACK	75	130	0	150	2.00	0.72	0.0	40	0.0	8	2.0	24.0	3.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
KETCHUP	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
RANCH DRESSING	2 TBSP	70	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
BBQ SAUCE CUP	1 EACH	60	40	0	200	0.00	0.36	0.0	100	3.6	8	0.0	10.0	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			567	37	713	5.75	46.54	375.9	2706	26.19	*43 *30.6%	20.60 14.5%	85.10 60.0%	16.66 26.5%	3.34 5.3%	0.00 0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Tue - 01/10/2017																
Elem/Middle Breakfast Cycle	Total	100														
FRENCH TOAST STICKS WG,3 PIECE	3 PIECE	80	200	5	125	3.00	1.08	40.0	35	0.0	7	4.0	25.0	9.0	1.50	0.00
CEREAL, KIDS CHOICE BOWL	1 OZ	50	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
FRESH FRUIT ASST.	1 EACH	60	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE CUP ASST.	1 EACH	50	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	75	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00
Elem/Middle Lunch Cycle	Total	100														
BURRITO, BEAN & CHEESE, LOS C	5.20	100	291	18	479	7.96	3.60	20.0	300	1.2	0	15.6	40.95	8.29	3.62	4.11
TOMATO SALSA	2 oz	75	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	70	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average % of Calories			497	16	675	8.05	10.47	343.0	2075	25.19	*33 *26.7%	19.14 15.4%	77.54 62.4%	13.00 23.6%	3.43 6.2%	*2.05 *3.7%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

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Nye County School District

Jan 2, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

Combined: Elem/Middle Breakfast Cycle/Elem/Middle Lunch Cycle

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/11/2017																
Elem/Middle Breakfast Cycle	Total	100														
CEREAL, KIDS CHOICE BOWL	1 OZ	80	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
CINNAMON ROLL IW	3.5 OUNC	90	300	5	310	3.00	1.80	20.0	300	1.2	22	5.0	51.0	11.0	6.00	0.00
APRICOTS CANNED	1/2 CUP	75	80	0	10	1.00	0.00	0.0	1750	2.39	*N/A*	1.0	19.0	0.0	0.00	0.00
JUICE CUP ASST.	1 EACH	75	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Elem/Middle Lunch Cycle	Total	100														
PORK RIB Pattie on Bun Elem	1 EACH	100	310	55	700	4.00	2.52	60.0	200	*2.4	*6	*14.0	35.0	12.0	3.50	0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
COOKIE WG CHOCOLATE CHIP	1 EACH	80	140	10	50	1.00	0.72	0.0	100	0.0	*N/A*	2.0	23.0	5.0	1.50	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
KETCHUP	9 gram	60	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
Weighted Daily Average			636	39	854	6.76	14.33	375.1	2839	*26.87	*43	*20.47	100.78	18.09	6.03	0.00
% of Calories											*26.9%	*12.9%	63.4%	25.6%	8.5%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Thu - 01/12/2017																
Elem/Middle Breakfast Cycle	Total	100														
PIZZA, BRKFST WITH SAUSAGE	1 EACH	50	160	10	500	2.00	1.08	150.0	100	0.0	2	8.0	16.0	7.0	2.50	0.00
CEREAL, KIDS CHOICE BOWL	1 OZ	75	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
FRESH FRUIT ASST.	1 EACH	75	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE CUP ASST.	1 EACH	50	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	70	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00

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Nye County School District

Jan 2, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

Combined: Elem/Middle Breakfast Cycle/Elem/Middle Lunch Cycle

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Elem/Middle Lunch Cycle	Total	100														
HAMBURGER ON A BUN	1 EACH	100	290	45	500	3.00	2.16	20.0	10	*0.0	*N/A*	*12.0	26.0	13.0	4.50	0.00
SALAD BAR	1 CUP	75	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
PEACHES: canned,light syrup	1/2 CUP	75	68	0	6	1.63	0.45	3.8	444	3.01	17	0.56	18.26	0.04	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average % of Calories			457	30	686	5.34	12.78	368.5	2129	*24.97	*33 *29.2%	*17.83 *15.6%	64.43 56.4%	13.69 27.0%	3.91 7.7%	0.00 0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Fri - 01/13/2017																
	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Elem/Middle Breakfast Cycle	Total	100														
WAFFLE STICKS, 2 PIECE	2 PIECE	80	140	0	250	2.00	1.08	20.0	25	0.0	5	4.0	27.0	2.0	0.00	0.00
CEREAL, KIDS CHOICE BOWL	1 OZ	60	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
APPLESAUCE:cnnd,unswtnd,+vit C	1/2 CUP	65	51	0	2	1.34	0.28	4.9	35	25.86	*N/A*	0.21	13.75	0.12	0.01	*N/A*
JUICE CUP ASST.	1 EACH	75	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	85	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Elem/Middle Lunch Cycle	Total	100														
PIZZA PEP GILARDI ELEM	SLICE	100	300	30	650	4.00	2.70	300.0	400	0.0	4	17.0	35.0	11.0	5.00	0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average % of Calories			475	21	737	5.71	10.93	495.8	2078	31.95	*33 *27.6%	20.21 17.0%	74.26 62.6%	11.61 22.0%	3.52 6.7%	*0.00 *0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

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Nye County School District

Jan 2, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

Combined: Elem/Middle Breakfast Cycle/Elem/Middle Lunch Cycle

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/16/2017																
Elem/Middle Breakfast Cycle	Total	100														
CEREAL, KIDS CHOICE BOWL	1 OZ	90	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
YOGURT, DANNON	4 OZ	90	50	0	50	0.00	0.00	100.0	500	0.0	7	3.0	10.0	0.0	0.00	0.00
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	80	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
JUICE CUP ASST.	1 EACH	80	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Elem/Middle Lunch Cycle	Total	100														
CHICKEN NUGGETS, 5 PIECE	5 PIECE	100	250	55	400	2.00	1.80	40.0	0	0.0	1	23.0	15.0	11.0	2.00	0.00
POTATO WEDGES	1/2 cup	85	122	0	40	1.90	1.59	12.2	0	17.86	*N/A*	3.74	27.5	0.25	0.06	*N/A*
SALAD BAR	CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	1 TBSP	60	55	0	125	0.00	0.00	0.0	0	0.0	0	0.0	0.5	6.0	1.00	0.00
KETCHUP	9 gram	30	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
Weighted Daily Average			475	33	539	4.91	15.19	416.8	2172	36.09	*40	24.75	75.48	9.10	1.72	*0.00
% of Calories											*34.0%	20.8%	63.6%	17.2%	3.3%	*0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Tue - 01/17/2017																
Elem/Middle Breakfast Cycle	Total	100														
BREAKFAST BITES WG, 3 PIECE	3 PIECE	85	190	25	480	0.99	4.32	120.0	35	0.0	7	7.98	18.9	9.99	3.00	0.00
CEREAL, KIDS CHOICE BOWL	1 OZ	85	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
FRESH FRUIT ASST.	1 EACH	60	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE CUP ASST.	1 EACH	75	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	85	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00

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Nye County School District

Jan 2, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

Combined: Elem/Middle Breakfast Cycle/Elem/Middle Lunch Cycle

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Elem/Middle Lunch Cycle	Total	100														
TACO SALAD ELEM/MID	SERV	100	332	36	1004	4.26	2.10	218.7	5530	3.29	*3	14.61	29.15	16.96	5.89	*0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
APRICOTS: canned,light syrup	1/2 CUP	70	80	0	5	2.02	0.49	13.9	1672	3.42	19	0.67	20.86	0.06	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
WGOLD																
RANCH DRESSING	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
TOMATO SALSA	2 oz	65	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
Weighted Daily Average			540	34	1112	6.00	16.15	511.3	5377	26.40	*40	21.42	74.42	17.96	5.21	*0.00
% of Calories											*30.0%	15.9%	55.1%	29.9%	8.7%	*0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Wed - 01/18/2017																
Elem/Middle Breakfast Cycle	Total	100														
CEREAL, KIDS CHOICE BOWL	1 OZ	80	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
BREAKFAST BAR	1.3 OUNC	75	120	0	125	3.00	0.18	20.0	60	0.6	12	2.0	24.0	3.0	0.50	0.00
APPLESAUCE CUPS ASST.	1 EA	60	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
JUICE CUP ASST.	1 EACH	75	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
WGOLD																
Elem/Middle Lunch Cycle	Total	100														
SALISBURY STEAK, ADVANCE	1 EACH	100	280	55	390	2.00	2.70	40.0	0	2.4	0	18.0	5.0	21.0	9.00	0.00
PIERR																
MASHED POTATOES:flakes,milk	1/2 CUP	90	61	1	90	0.68	0.11	18.4	112	3.41	1	1.12	8.47	2.52	0.50	0.31
+but																
GRAVY, BROWN, PIONEER	1 OZ	80	85	0	1758	0.00	0.00	0.0	0	0.0	*N/A*	0.0	17.01	0.0	0.00	0.00
WHEAT DINNER ROLL	1 EACH	50	70	0	130	1.00	0.36	0.0	0	0.0	*N/A*	0.0	12.0	1.0	0.00	0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK 1% MEADOWGOLD	8 OZ	75	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO	8 OZ	20	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
WGOLD																
RANCH DRESSING	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00

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Nye County School District

Jan 2, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

Combined: Elem/Middle Breakfast Cycle/Elem/Middle Lunch Cycle

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			531	35	1317	5.61	13.61	365.5	1965	27.74	*32	20.68	70.16	18.87	6.31	0.14
% of Calories											*24.2%	15.6%	52.9%	32.0%	10.7%	0.2%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Thu - 01/19/2017																
Elem/Middle Breakfast Cycle	Total	100														
PANCAKES WG, 2 PIECE	2 PIECE	90	153	7	220	2.00	0.96	26.7	17	0.0	3	3.33	27.33	4.0	0.67	0.00
CEREAL, KIDS CHOICE BOWL	1 OZ	75	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
FRESH FRUIT ASST.	1 EACH	60	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
JUICE CUP ASST.	1 EACH	75	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
SYRUP CUP DIP	1 EACH	60	40	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	10.13	0.0	0.00	0.00
Elem/Middle Lunch Cycle	Total	100														
SWEET & SOUR CHICKEN ELEM	serv	100	288	40	201	0.43	0.95	11.5	45	3.6	*9	14.06	49.93	3.32	0.59	0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
PEARS: canned,light syrup	1/2 CUP	70	72	0	6	2.01	0.35	6.3	0	0.88	15	0.24	19.04	0.04	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	75	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	20	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	60	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			495	30	500	4.23	12.25	345.3	1891	24.90	*38	18.89	86.11	9.24	1.98	0.00
% of Calories											*30.6%	15.3%	69.6%	16.8%	3.6%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Fri - 01/20/2017																
Elem/Middle Breakfast Cycle	Total	100														
CEREAL, KIDS CHOICE BOWL	1 OZ	75	110	0	163	1.50	29.07	70.0	500	6.0	9	1.75	23.0	1.75	0.13	0.00
CINNAMON ROLL IW	3.5 OUNC	70	300	5	310	3.00	1.80	20.0	300	1.2	22	5.0	51.0	11.0	6.00	0.00
PEACHES: canned,light syrup	1/2 CUP	65	68	0	6	1.63	0.45	3.8	444	3.01	17	0.56	18.26	0.04	0.00	0.00
JUICE CUP ASST.	1 EACH	75	63	0	10	0.00	0.00	6.7	70	10.0	14	0.33	15.0	0.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	15	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	80	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00

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Nye County School District

Jan 2, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

Combined: Elem/Middle Breakfast Cycle/Elem/Middle Lunch Cycle

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Elem/Middle Lunch Cycle	Total	100														
SLOPPY JOE ON A BUN	SERVINGS	100	359	30	711	5.48	3.98	69.5	408	*5.74	*14	*16.28	44.84	11.12	3.77	*0.00
SALAD BAR	1 CUP	70	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	70	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
KETCHUP	9 gram	60	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
RANCH DRESSING	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			567	22	809	6.91	14.01	377.4	2349	*28.35	*50	*20.07	89.66	14.82	5.02	*0.00
% of Calories											*35.0%	*14.2%	63.3%	23.5%	8.0%	*0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Mon - 01/23/2017																
Elem/Middle Lunch Cycle	Total	100														
CORN DOG CHICKEN	1 EACH	100	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
SALAD BAR	CUP	80	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	75	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
GRAHAMS LIL SQUARES	PACK	85	130	0	150	2.00	0.72	0.0	40	0.0	8	2.0	24.0	3.0	0.00	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	50	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
KETCHUP	9 gram	50	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
Weighted Daily Average			619	46	868	11.16	3.19	410.8	3276	38.08	*38	21.54	92.31	17.96	3.95	0.00
% of Calories											*24.8%	13.9%	59.6%	26.1%	5.7%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

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Nye County School District

Jan 2, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

Combined: Elem/Middle Breakfast Cycle/Elem/Middle Lunch Cycle

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/24/2017																
Elem/Middle Lunch Cycle	Total	100														
CHALUPA	1 each	100	245	44	404	0.32	0.84	347.1	296	0.24	1	16.28	11.18	13.94	5.92	0.00
TOMATO SALSA	2 oz	75	20	0	244	0.79	1.27	6.8	312	2.27	*N/A*	0.85	3.97	0.11	0.02	*N/A*
SALAD BAR	1 CUP	80	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
REFRIED BEANS	1/2 CUP	70	166	6	571	4.19	2.41	169.5	312	1.04	*N/A*	10.31	18.28	6.17	1.97	*N/A*
FRUIT COCKTAIL:canned,lt syrup	4 OZ	75	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	50	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			624	54	1301	6.49	4.32	788.8	4001	20.09	*31	34.52	63.46	25.60	8.72	*0.00
% of Calories											*20.1%	22.1%	40.7%	36.9%	12.6%	*0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Wed - 01/25/2017																
Elem/Middle Lunch Cycle	Total	100														
GRILLED CHEESE SW, WH GR	1 EA	40	248	23	568	2.27	1.19	356.8	456	0.0	7	15.1	30.15	7.89	4.31	0.00
PB&J UNCRUSTABLE, GRAPE	1 EACH	60	320	0	320	3.00	0.00	0.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
CHIPS, ASST RF	1 oz	80	112	0	150	1.67	0.30	10.0	33	0.0	*N/A*	1.67	15.83	4.5	0.67	0.00
SALAD BAR	1 CUP	80	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	75	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK 1% MEADOWGOLD	8 OZ	75	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO WGOLD	8 OZ	20	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	65	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			656	18	858	8.49	1.47	480.8	3441	38.55	*33	25.26	80.90	27.54	6.93	0.00
% of Calories											*20.0%	15.4%	49.3%	37.8%	9.5%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

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Nye County School District

Jan 2, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

Combined: Elem/Middle Breakfast Cycle/Elem/Middle Lunch Cycle

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/26/2017																
Elem/Middle Lunch Cycle	Total	100														
HAMBURGER ON A BUN	100 SERVING	100	290	45	500	3.00	2.16	20.0	10	*0.0	*N/A*	*12.0	26.0	13.0	4.50	0.00
SALAD BAR	1 CUP	80	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
APPLESAUCE CUPS ASST.	1 EA	80	50	0	2	1.00	0.30	5.0	35	1.2	*N/A*	0.2	14.0	0.1	0.01	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
WGOLD																
RANCH DRESSING	2 TBSP	70	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
KETCHUP	9 gram	75	9	0	82	0.03	0.03	1.4	47	0.37	2	0.09	2.47	0.01	0.00	0.00
MUSTARD, PREPARED	6 GRAM	50	6	0	72	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			561	51	958	5.62	3.02	337.8	3149	*17.04	*20	*22.27	63.06	22.68	6.31	0.00
% of Calories											*14.5%	*15.9%	45.0%	36.4%	10.1%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Fri - 01/27/2017																
Elem/Middle Lunch Cycle	Total	100														
PIZZA CHZ GILARDI ELEM	100 SLICE	100	300	30	600	4.00	2.70	350.0	400	0.0	4	16.0	35.0	11.0	6.00	0.00
SALAD BAR	1 CUP	75	40	0	28	2.25	0.74	34.7	3251	18.03	*4	2.55	7.13	0.87	0.12	0.00
FRESH FRUIT ASST.	1 EACH	75	87	0	1	3.54	0.22	23.1	156	29.46	*9	1.0	22.49	0.29	0.07	0.00
MILK 1% MEADOWGOLD	8 OZ	20	110	10	130	0.00	0.00	300.0	500	2.4	12	10.0	13.0	2.5	1.50	0.00
MILK FAT FREE CHOC MEADO	8 OZ	75	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
WGOLD																
RANCH DRESSING	2 TBSP	55	110	0	250	0.00	0.00	0.0	0	0.0	0	0.0	1.0	12.0	2.00	0.00
Weighted Daily Average			568	36	921	8.34	3.42	678.4	3430	36.99	*29	26.66	75.37	18.97	7.54	0.00
% of Calories											*20.7%	18.8%	53.1%	30.1%	12.0%	0.0%
Nutrient Guideline			514-586		934									<=35.0	<10.00	

Weighted Average			542	34	830	6.28	14.15	428.4	2596	*27.24	*36	*21.34	77.73	16.53	4.64	*0.11
											*59.5%	*15.7%	57.3%	27.4%	7.7%	*0.2%

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Nye County School District

Jan 2, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

Combined: Elem/Middle Breakfast Cycle/Elem/Middle Lunch Cycle

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	542		514 - 586	100%													
Cholesterol (mg)	34																
Sodium (mg)	830		934														
Fiber (g)	6.28																
Iron (mg)	14.15																
Calcium (mg)	428.4																
Vitamin A (IU)	2596																
Sugars (g)	36	26.43%				Missing											
Vitamin C (mg)	27.24					Missing											
Protein (g)	21.34	15.74%				Missing											
Carbohydrate (g)	77.73	57.34%															
Total Fat (g)	16.53	27.43%															
Saturated Fat (g)	4.64	7.71%		<=35.00%													
Trans Fat ¹ (g)	0.11	0.18%		<10.00%		Missing											

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