

JANUARY 2019

ONEIDA MIDDLE & HIGH SCHOOLS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
NO SCHOOL

2
NO SCHOOL

3
Breakfast
Manager's Choice
Lunch
Hamburger
Chesse, lettuce, tomato,
Coleslaw, Potato Wedges,
Fruit
OR
Smart Mouth Pizza

4
Breakfast
Cheese Sticks w/Sauce
Lunch
Salisbury Steak w/Gravy
Mashed Potatoes
Green Beans, Roll, Fruit
OR
Smart Mouth Pizza

7
Breakfast
Breakfast Pizza
Lunch
Mashed Potato Bowl
Broccoli w/Cheese,
Corn, Fruit OR
Smart Mouth Pizza

8
Breakfast
Mini Pancakes
Lunch
Spaghetti w/Meat Sauce
Steamed Corn
Caesar Salad
Garlic Knots
Fruit Parfait OR
Smart Mouth Pizza

9
Breakfast
Chicken Biscuit
Lunch
Asian Orange Chicken
Rice, Broccoli, Egg Roll
Fortune Cookie,
Mandarin Oranges OR
Smart Mouth Pizza

10
Breakfast
Sausage Biscuit
Lunch
Pinto Beans, Turnip
Greens, Mac N Cheese,
Coleslaw,
Corn Bread Muffin,
Fruit OR
Smart Mouth Pizza

11
Breakfast
Cheese Sticks w/Sauce
Lunch
Soft Taco
Refried Beans, White
Queso Cheese, Rice, Fruit
OR
Smart Mouth Pizza

14
Breakfast
Breakfast Pizza
Lunch
Chicken Nuggets, Green
Beans, Mashed Potatoes,
Roll, Fruit
OR Smart Mouth Pizza

15
Breakfast
Mini Pancakes
Lunch
Pork BBQ Nachos, Baked
Beans, Garden Salad,
Coleslaw, Fruit
OR
Smart Mouth Pizza

16
Breakfast
Chicken Biscuit
Lunch
Hot Dog, Chili, Tater
Tots, Cole Slaw,
Fruit OR
Smart Mouth Pizza
EARLY DISMISSAL

17
Breakfast
Sausage Biscuit
Lunch
Chicken Alfredo
Steamed Broccoli, Salad,
Garlic Knots, Fruit Parfait
OR
Smart Mouth Pizza

18
Breakfast
Cheese Sticks w/Sauce
Lunch
Corn Dogs,
Tater Tots,
Green Beans,
Carrots, Fruit OR
Smart Mouth Pizza

21
**NO SCHOOL
MLK DAY**

22
Breakfast
Mini Pancakes
Lunch
Chicken N Dumplings
Mashed Potatoes, Green
Beans, Mac N Cheese
Rolls, Fruit
OR
Smart Mouth Pizza

23
Breakfast
Chicken Biscuit
Lunch
Manager's Choice
OR
Smart Pizza

24
Breakfast
Sausage Biscuit
Lunch
Breakfast for Lunch:
Eggs, Sausage, Biscuits,
Gravy, Hash Browns,
Fruit OR
Smart Mouth Pizza

25
Breakfast
Cheese Sticks w/Sauce
Lunch
Chicken Salad Sandwich
Green Beans, Fresh
Vegetables w/Dip
Fruit OR
Smart Mouth Pizza

28
Breakfast
Breakfast Pizza
Lunch
Hamburger, Cheese,
Lettuce, Tomato, Pickle,
Potato Wedges, Baked
Beans, Coleslaw,
Fruit OR
Smart Mouth Pizza

29
Breakfast
Breakfast Pizza
Lunch
Hoagie Bar
Variety of meats and
cheese, Trimmings,
Bun, Coleslaw,
Fruit OR
Smart Mouth Pizza

30
Breakfast
Chicken Biscuit
Lunch
Chicken Salad,
(Chicken, Lettuce,
Tomato, Cheese)
Bread Stick, Fruit
OR
Smart Mouth Pizza

31
Breakfast
Sausage Biscuit
Lunch
Manager's Choice

DID YOU KNOW...
January's gem is
garnet which
represents
constancy.

Breakfast Items offered daily:
Cereal, Fruit, & Toast
Variety of Juice and Milk offered daily
Variety of Fruits & Veggies offered daily

Oneida Middle/High Schools will offer one meal on the hot line and a Grab N' Go lunch on the other line. The grab n' go will be SMART MOUTH PIZZA. This 7" pizza with a fruit or vegetable is a reimbursable meal and is available to ALL Middle and High School Students.

Menu is subject to change due to availability.

"This institute is an equal opportunity provider."