

MARCH 2019

Oneida Middle/High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

Alexander Graham Bell made the first ever phone call on 10 March 1876. He called his assistant and said "Mr Watson, come here. I want to see you."

1
Breakfast
 Cheese Sticks w/Sauce
 Smoothie
Lunch
 Breakfast for Lunch:
 Eggs, Sausage, Ham,
 Biscuits, Gravy, Hash
 Brown, Fruit OR
 SMART MOUTH PIZZA

4
Breakfast
 Breakfast Pizza
Lunch
 Hamburger, Bun, Cheese,
 Lettuce, Tomato, Pickle,
 Baked Beans, Onion
 Rings, Fruit
 OR
 SMART MOUTH PIZZA

5
Breakfast
 Mini Pancakes, Smoothie
Lunch
 Grilled Chicken Caesar
 Salad, Bread Stick, Caesar
 Dressing, Peach Crumble,
 OR
 SMART MOUTH PIZZA

6
Breakfast
 Chicken Biscuit
Lunch
 Pulled Pork BBQ, Bun,
 Baked Fries, Corn, Baked
 Beans, Fruit
 OR
 SMART MOUTH PIZZA

7
Breakfast
 Sausage Biscuit
Lunch
 Mashed Potato Bowl,
 Broccoli w/Cheese, Corn,
 Fruit
 OR
 SMART MOUTH PIZZA

8
Breakfast
 Cheese Sticks w/Sauce
 Smoothie
Lunch
 Chili, Hot Dog, Cole Slaw,
 Baked Beans, Fruit
 OR
 SMART MOUTH PIZZA

11
Breakfast
 Breakfast Pizza
Lunch
 Chicken Pattie, Bun,
 Potato Wedges, Steamed
 Carrots, Baked Beans
 Fruit
 OR
 SMART MOUTH PIZZA

12
Breakfast
 Mini Pancakes, Smoothie
Lunch
 Potato Bar,
 Fruit
 OR
 SMART MOUTH PIZZA

13
Breakfast
 Chicken Biscuit
Lunch
 Taco Salad Bar,
 Fruit
 OR
 SMART MOUTH PIZZA

14
Breakfast
 Sausage Biscuit
Lunch
 Turkey & Cheese Wrap
 Baked Fries, Fresh
 Carrots w/Dip, Green
 Beans, Fruit
 OR
 SMART MOUTH PIZZA

15
Breakfast
 Cheese Sticks w/Sauce
 Smoothie
Lunch
 Baked Spaghetti, Garlic
 Knot, Corn, Side Salad
 Fruit OR
 SMART MOUTH PIZZA

18
Breakfast
 Breakfast Pizza
Lunch
 Vegetable or Loaded
 Potato Soup, Bread Stick,
 Garden Salad, Steamed
 Corn, Fruit OR
 SMART MOUTH PIZZA

19
Breakfast
 Pastry, Smoothie
Lunch
 Asian Chicken, Rice
 w/Cheese, Steamed
 Broccoli, Glazed Carrots,
 Egg Roll, Fortune Cookie,
 Fruit OR
 SMART MOUTH PIZZA

20
Breakfast
 Chicken Biscuit
Lunch
 Hamburger, Bun, Cheese,
 Lettuce, Tomato, Pickle,
 Baked Beans, Onion
 Rings, Fruit
 OR
 SMART MOUTH PIZZA

21
Breakfast
 Sausage Biscuit
Lunch
 Chicken Fajitas, Cheese,
 Cali Blend Vegetables,
 Corn, Fruit
 OR
 Smart Mouth Pizza

22
Breakfast
 Cheese Sticks w/Sauce
 Smoothie
Lunch
 Corn Dog, Tater Tots,
 Mac N Cheese, Green
 Beans, Fruit
 OR
 SMART MOUTH PIZZA

25
Breakfast
 Breakfast Pizza
Lunch
 Beef Manhattan,
 Green Beans, Fruit
 OR
 SMART MOUTH PIZZA

26
Breakfast
 Pastry, Smoothie
Lunch
 Chicken Delight, Corn,
 Side Salad, Fruit
 OR
 SMART MOUTH PIZZA

27
Breakfast
 Chicken Biscuit
Lunch
 Toasted Ham & Cheese
 Sandwich, Fries, Corn,
 Baked Beans,
 Side Salad, Fruit
 OR
 SMART MOUTH PIZZA

28
Breakfast
 Sausage Biscuit
Lunch
 Chicken Strips, White
 Dipping Gravy, Texas
 Toast, Corn, Fruit
 OR
 SMART MOUTH PIZZA

29
Breakfast
 Cheese Stick w/Sauce
 Smoothie
Lunch
 Chicken Alfredo, Corn,
 Garlic Knot, Side
 Salad, Fruit
 OR
 SMART MOUTH PIZZA

Breakfast Items offered daily:
 Cereal, Fruit, & Toast
 Variety of Juice and Milk offered daily
 Variety of Fruits & Veggies offered daily

Oneida Middle/High School will offer one meal on the hot line and a Grab N' Go lunch on the other line. The Grab N' Go will be SMART MOUTH PIZZA. This 7" pizza with a fruit or vegetable is a reimburseable meal and is available to ALL Middle and High School Students.

Menu is subject to change due to availability and school closing due to weather.

"This institute is an equal opportunity provider."