

# OCTOBER 2018

# ONEIDA ELEMENTARY SCHOOL

## MONDAY

**1**  
Breakfast  
 Muffin or Breakfast Pizza  
Lunch  
 Hamburger  
 Cheese, lettuce, tomato  
 Veggie Beans  
 Potato Wedges, Fruit  
 OR  
 Grab N' Go

**8**  
**Fall Break**

**15**  
Breakfast  
 Muffin or Breakfast Pizza  
Lunch  
 Grilled Chicken Delight  
 Chicken, Rice, Chips, Quesa  
 Sauce, Steamed Broccoli  
 Fruit  
 OR  
 Grab N' Go

**22**  
Breakfast  
 Muffin or Breakfast Pizza  
Lunch  
 Corn Dog  
 Baked Beans  
 Tater Tots  
 Fruit  
 OR  
 Grab N' Go

**29**  
Breakfast  
 Muffin or Breakfast Pizza  
Lunch  
 Spaghetti w/Meat Sauce  
 Garden Salad, Corn  
 Bread Stick, Fruit  
 OR  
 Grab N' Go

## TUESDAY

**2**  
Breakfast  
 Apple or Cherry Frudel  
Lunch  
 Fish Nuggets  
 Mac N' Cheese  
 Hush Puppies  
 Cole Slaw, Fruit  
 OR  
 Grab N' Go

**9**  
**Fall Break**

**16**  
Breakfast  
 Mini Pancakes  
Lunch  
 Breakfast for Lunch  
 Eggs, Sausage, Biscuits,  
 gravy, hash browns  
 Fruit  
 OR  
 Grab N' Go

**23**  
Breakfast  
 Mini Pancakes  
Lunch  
 Chicken Pattie Sandwich  
 Cheese, Lettuce, Pickle  
 Carrots, Baked Fries,  
 Fruit  
 OR  
 Grab N' Go

**30**  
Breakfast  
 Pastry or Fruit Parfait  
Lunch  
 Manager's Choice  
 OR  
 Grab N' Go

## WEDNESDAY

**3**  
Breakfast  
 Chicken Biscuit  
Lunch  
 Salisbury Steak N' Gravy  
 Mashed Potatoes  
 Green Beans, Roll, Fruit  
 OR  
 Grab N' Go

**10**  
**Fall Break**

**17**  
Breakfast  
 Chicken Biscuits  
Lunch  
**Early Dismissal**  
 Grab N' Go  
 Only

**24**  
Breakfast  
 Chicken Biscuits  
Lunch  
 Pinto Beans  
 Corn Bread  
 Cole Slaw  
 Mac N' Cheese, Fruit  
 OR  
 Grab N' Go

**31**  
Breakfast  
 Chicken Biscuit  
Lunch  
 Asian Orange Chicken  
 Fried Rice, Egg Roll,  
 Garden Salad  
 Fortune Cookie,  
 Carmel Apple OR  
 Grab N' Go

## THURSDAY

**4**  
Breakfast  
 Sausage Biscuit  
Lunch  
 Vegetable Soup  
 Grilled Ham & Cheese  
 Crackers  
 Fruit  
 OR  
 Grab N' Go

**11**  
**Fall Break**

**18**  
Breakfast  
 Sausage Biscuit or  
 Blueberry Parfait  
Lunch  
 Chicken Nuggets  
 Mashed Potatoes  
 Mac N' Cheese  
 Green Beans  
 OR Grab N' Go

**25**  
Breakfast  
 Sausage Biscuit  
 or Berry Parfait  
Lunch  
 Mashed Potato Bowl  
 Steamed Broccoli, Corn  
 Fruit  
 OR  
 Grab N' Go

**DID YOU KNOW...**  
 October comes from the Latin  
 word "octo" which means eight.

## FRIDAY

**5**  
Breakfast  
 Cheese Sticks w/Salsa  
Lunch  
 Manager's  
 Choice  
 OR  
 Grab N' Go

**12**  
**Fall Break**

**19**  
Breakfast  
 Cheese Sticks w/Salsa  
Lunch  
 Chicken N' Waffles  
 w/Syrup on the side  
 Waffle Fries, Carrots  
 Funnel Cake, Fruit  
 OR  
 Grab N' Go

**26**  
Breakfast  
 Cheese Sticks w/Salsa  
Lunch  
 Pulled Pork BBQ  
 Sandwich  
 Cheese, Pickles, tater tots  
 Baked Beans, Fruit  
 OR  
 Grab N' Go

Breakfast Items offered  
 daily:  
 Cereal, Fruit, & Toast  
 Variety of Juice and Milk  
 offered daily  
 Variety of Fruits &  
 Veggies offered daily

Oneida Elementary School  
 will offer one meal on the hot  
 line and a Grab N' Go lunch  
 on the other line. The grab n'  
 go will be a full, nutritious  
 and reimburseable meal. The  
 meals will include  
 sandwiches on a gold fish  
 shaped bread (ham 'n  
 cheese, turkey, PB&J, etc.) a  
 vegetable, fruit, and milk.

Menu is subject to change  
 due to availability.

"This institute is an equal  
 opportunity provider."