

OCTOBER 2018

ONEIDA MIDDLE/HIGH SCHOOL

MONDAY

1
Breakfast
Muffin or Breakfast Pizza
Lunch
Hot Dog w/Chili
Cole slaw, baked beans,
fruit, OR
Smart Mouth Pizza

8
**Fall
Break**

15
Breakfast
Muffin or Breakfast Pizza
Lunch
Grilled Chicken Delight
Chicken, Rice, Chips,
Quesa Sauce, Steamed
Broccoli
Fruit
OR Smart Mouth Pizza

22
Breakfast
Muffin or Breakfast Pizza
Lunch
Corn Dog
Baked Beans, Cole Slaw
Fruit
OR
Smart Mouth Pizza

29
Breakfast
Muffin or Breakfast Pizza
Lunch
Manager's Choice
OR
Smart Mouth Pizza

TUESDAY

2
Breakfast
Apple or Cherry Frudel
Lunch
Soft Shell Taco
Lettuce, tomato, cheese,
Fiesta rice, Refried Beans
Fruit, OR
Smart Mouth Pizza

9
**Fall
Break**

16
Breakfast
Mini Pancakes
Lunch
Breakfast for Lunch
Eggs, Sausage, Biscuits,
gravy, hash browns
Fruit
OR
Smart Mouth Pizza

23
Breakfast
Mini Pancakes
Lunch
Chicken Pattie
Sandwich, lettuce,
tomato, cheese,
Mac N' Cheese, Baked
Fries, Fruit OR
Smart Mouth Pizza

30
Breakfast
Pastry or Fruit Parfait
Lunch
Cheeseburger
Lettuce, tomato, pickles
Baked Fries
Cole Slaw
Fruit OR
Smart Mouth Pizza

WEDNESDAY

3
Breakfast
Chicken Biscuit
Lunch
Salisbury Steak N' Gravy
Mashed Potatoes
Green Beans, Roll, Fruit
OR
Smart Mouth Pizza

10
**Fall
Break**

17
Breakfast
Chicken Biscuits
Lunch
Early Dismissal
Manager's Choice

24
Breakfast
Chicken Biscuit
Lunch
Full Salad Bar
Fruit
OR
Smart Mouth Pizza

31
Breakfast
Chicken Biscuit
Lunch
Asian Orange Chicken
Fried rice, egg rolls,
garden salad, fortune
cookie, carmel apple
OR
Smart Mouth Pizza

THURSDAY

4
Breakfast
Sausage Biscuit
Lunch
Choice of Vegetable or
Potato Soup, bread stick,
Garden Salad, Fruit
OR
Smart Mouth Pizza

11
**Fall
Break**

18
Breakfast
Sausage Biscuit or
Blueberry Parfait
Lunch
Chicken Nuggets
Mashed Potatoes
Mac N' Cheese
Green Beans
OR Smart Mouth Pizza

25
Breakfast
Sausage Biscuit
or Berry Parfait
Lunch
Pinto Beans, Corn Bread,
Cole Slaw, Mac N'
Cheese, fruit
OR
Smart Mouth Pizza

DID YOU KNOW...
October comes from the Latin
word "octo" which means eight.

FRIDAY

5
Breakfast
Cheese Sticks w/ Salsa
Lunch
Manager's
Choice
OR
Smart Mouth Pizza

12
**Fall
Break**

19
Breakfast
Cheese Sticks w/Salsa
Lunch
Chicken N' Waffles
w/Syrup on the side
Waffle Fries, Carrots
Funnel Cake, Fruit
OR
Smart Mouth Pizza

26
Breakfast
Cheese Sticks w/Salsa
Lunch
Pulled Pork BBQ
Sandwich, Cheese,
Pickles, Tater Tots, Baked
Beans, Fruit
OR
Smart Mouth Pizza

Breakfast Items offered
daily:
Cereal, Fruit, & Toast
Variety of Juice and Milk
offered daily
Variety of Fruits &
Veggies offered daily

Oneida Middle/High School
will offer one meal on the hot
line and a Grab N' Go lunch
on the other line. The grab n'
go will be SMART MOUTH
PIZZA. This 7" pizza with a
fruit or vegetable is a
reimbursable meal and is
available to ALL
Middle and High School
Students.

Menu is subject to change
due to availability.

"This institute is an equal
opportunity provider."