

Monday

Chicken Biscuit
Applesauce
\Choice of Milk

1

Tuesday

Pancakes
Mandarin Oranges
Choice of Milk

2

Wednesday

Maple Breadsticks
Applesauce
Choice of Milk

3

Thursday

Crunchmania
Diced Pears
Choice of Milk

4

Friday

Assorted Cereal
Fresh Banana
Choice of Milk

5

Egg & Cheese Muffin
Applesauce
Choice of Milk

8

Pancakes
Mandarin Oranges
Choice of Milk

9

Cinnamon Roll
Applesauce
Choice of Milk

10

Fruit Muffin
Diced Pears
Choice of Milk

11

Assorted Cereal
Fresh Banana
Choice of Milk

12

Sausage Biscuit
Applesauce
Choice of Milk

15

Pancakes
Mandarin Oranges
Choice of Milk

16

French Toast
Applesauce
Choice of Milk

17

Strawberry Bagel
Diced Pears
Choice of Milk

18

Assorted Cereal
Fresh Banana
Choice of Milk

19

Chicken Biscuit
Applesauce
Choice of Milk

22

Pancakes
Mandarin Oranges
Choice of Milk

23

Maple Breadsticks
Applesauce
Choice of Milk

24

Fruit Muffin
Diced Pears
Choice of Milk

25

Assorted Cereal
Fresh Banana
Choice of Milk

26



MEMORIAL DAY

29

Pancakes
Mandarin Oranges
Choice of Milk

30

Sausage Biscuit
Applesauce
Choice of Milk

31

All options may not be available at all schools. Menu selection is subject to change at any time.

Food Allergy Disclaimer: Please be aware that School Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to the School Nutrition Services Nutritionist, Emily Soape at 910-455-2211 ext 20576 or email emily.soape@onslow.k12.nc.us

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