

Monday

Chicken Sandwich
Spaghetti & Meat Sauce
Breadstick
Green Beans
Fresh Baby Carrots
Mandarin Oranges
Fresh Fruit
Choice of Milk

1

Tuesday

Double Cheeseburger
Deli Turkey Wrap
Mixed Veggies
Tater Tots
Baked Apples
Polish Ice
Choice of Milk

2

Wednesday

Chicken Nuggets
Sloppy Joe
Homestyle Biscuit
Seasoned Broccoli
Sweet Potato Casserole
Fruit Cocktail
Applesauce
Choice of Milk

3

Thursday

Southwest Taco
Oven Fried Chicken
Homestyle Biscuit
Fresh Green Salad
Buttery Corn
Fresh Local Strawberries
Diced Pears
Choice of Milk

4

Friday

Pizza Friday!
Crunchy Fish Sandwich
Black-eyed Peas
Creamy Coleslaw
Diced Peaches
Fresh Fruit
Choice of Milk

5

Chicken Sandwich
Steak & Cheese Wrap
Spicy Pinto Beans
Mixed Veggies
Mandarin Oranges
Fresh Fruit
Choice of Milk

8

Double Cheeseburger
BBQ Chicken
Country Cornbread
Buttery Corn
Sweet Potato Fries
Baked Apples
Polish Ice
Choice of Milk

9

Corn Dog Nuggets
Mac & Cheese w/ Cheez-Its
Seasoned Broccoli
Black-eyed Peas
Fruit Cocktail
Applesauce
Choice of Milk

10

Creamy Chicken Alfredo
Meatloaf Sandwich
Breadstick
Fresh Green Salad
Seasoned Carrots
Frozen Strawberry Cup
Diced Pears
Choice of Milk

11

Pizza Friday!
Crunchy Fish Sandwich
Fresh Grape Tomatoes
Creamy Coleslaw
Diced Peaches
Fresh Fruit
Choice of Milk

12

Chicken Sandwich
Spaghetti & Meat Sauce
Breadstick
Mixed Veggies
Sweet Potato Casserole
Mandarin Oranges
Fresh Fruit
Choice of Milk

15

Double Cheeseburger
BBQ Pork Sandwich
Baked Beans
Creamy Coleslaw
Baked Apples
Polish Ice
Choice of Milk

16

Chicken Nuggets
Salisbury Steak w/ Gravy
Homestyle Biscuit
Green Beans
Mashed Potatoes
Fruit Cocktail
Applesauce
Choice of Milk

17

Southwest Taco
Meatball Sub
Fresh Green Salad
Spicy Pinto Beans
Fresh Local Strawberries
Diced Pears
Choice of Milk

18

Pizza Friday!
Crunchy Fish Sandwich
Buttery Corn
Fresh Baby Carrots
Apple Slices & Grapes Combo
Diced Peaches
Choice of Milk

19

Chicken Sandwich
Cheese Quesadilla
Spicy Pinto Beans
Fresh Green Salad
Mandarin Oranges
Fresh Fruit
Choice of Milk

22

Double Cheeseburger
Sweet Thai Chicken
Homestyle Biscuit
Sweet Potato Casserole
Seasoned Broccoli
Diced Peaches
Polish Ice
Choice of Milk

23

Corn Dog Nuggets
Sloppy Joe
Black-eyed Peas
Sweet Potato Casserole
Mixed Veggies
Fruit Cocktail
Applesauce
Choice of Milk

24

Oven Fried Chicken
Meatloaf Sandwich
Country Cornbread
Green Beans
Lady Alice Apples
Diced Pears
Choice of Milk

25

Pizza Friday!
Crunchy Fish Sandwich
Fresh Grape Tomatoes
Creamy Coleslaw
Gold Nugget Mandarin Orange
Baked Apples
Choice of Milk

26



MEMORIAL DAY

29

Double Cheeseburger
Rib-A-Que
Sweet Potato Fries
Seasoned Broccoli
Baked Apples
Polish Ice
Choice of Milk

30

Chicken Nuggets
Salisbury Steak w/ Gravy
Homestyle Biscuit
Green Beans
Buttery Corn
Fruit Cocktail
Applesauce
Choice of Milk

31

All options may not be available at all schools. Menu selection is subject to change at any time.

Food Allergy Disclaimer: Please be aware that School Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to the School Nutrition Services Nutritionist, Emily Soape at 910-455-2211 ext 20576 or email emily_soape@onslow.k12.nc.us

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