

Monday

Chicken Sandwich
Green Beans
Mandarin Oranges
Choice of Milk

1

Tuesday

Deli Turkey Wrap
Tater Tots
Polish Ice
Choice of Milk

2

Wednesday

Chicken Nuggets
Homestyle Biscuit
Seasoned Broccoli
Applesauce
Choice of Milk

3

Thursday

Southwest Taco
Buttery Corn
Fresh Local Strawberries
Choice of Milk

4

Friday

Crunchy Fish Sandwich
Black-eyed Peas
Diced Peaches
Choice of Milk

5

Steak & Cheese Wrap
Spicy Pinto Beans
Mandarin Oranges
Choice of Milk

8

Cheeseburger
Buttery Corn
Polish Ice
Choice of Milk

9

Mac & Cheese
Seasoned Broccoli
Applesauce
Choice of Milk

10

Meatloaf Sandwich
Seasoned Carrots
Frozen Strawberry Cup
Choice of Milk

11

Pizza Friday!
Creamy Coleslaw
Diced Peaches
Choice of Milk

12

Chicken Sandwich
Mixed Veggies
Mandarin Oranges
Choice of Milk

15

Cheeseburger
Baked Beans
Polish Ice
Choice of Milk

16

Chicken Nuggets
Homestyle Biscuit
Mashed Potatoes
Applesauce
Choice of Milk

17

Southwest Taco
Spicy Pinto Beans
Fresh Local Strawberries
Choice of Milk

18

Crunchy Fish Sandwich
Buttery Corn
Diced Peaches
Choice of Milk

19

Chicken Sandwich
Spicy Pinto Beans
Mandarin Oranges
Choice of Milk

22

Sweet Thai Chicken
Homestyle Biscuit
Seasoned Broccoli
Diced Peaches
Choice of Milk

23

Sloppy Joe
Mixed Veggies
Applesauce
Choice of Milk

24

Oven Fried Chicken
Country Cornbread
Green Beans
Diced Pears
Choice of Milk

25

Pizza Friday!
Creamy Coleslaw
Baked Apples
Choice of Milk

26



MEMORIAL DAY

29

Rib-A-Que
Seasoned Broccoli
Polish Ice
Choice of Milk

30

Chicken Nuggets
Homestyle Biscuit
Green Beans
Applesauce
Choice of Milk

31

All options may not be available at all schools. Menu selection is subject to change at any time.

Food Allergy Disclaimer: Please be aware that School Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to the School Nutrition Services Nutritionist, Emily Soape at 910-455-2211 ext 20576 or email emily.soape@onslow.k12.nc.us

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