

# OWOSSO PUBLIC SCHOOLS ELEMENTARY LUNCH MENU (Choking) 2016-2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LUNCH MENU #1</b>				
Hamburger on WG Bun Sweet Potato Fries Applesauce Cold Milk	Polynesian Chicken Strips WG Flatbread Snap Peas Mandarin Oranges Cold Milk	Stuffed Crust Pizza Garden Spinach Salad & FF Dressing Watermelon Cold Milk	Soft Shell Chicken Taco Refried Beans Pineapple Tidbits Cold Milk	WG Chicken and WG Waffle Stick Sweet Corn/Black Bean Salad Fresh Pear Milk
<b>LUNCH MENU #2</b>				
Scrambled Eggs Sweet Potato Puffs Applesauce Cold Milk	Grilled Chicken Sub Red Skin Potato Salad Diced Mixed Fruit Cold Milk	Sloppy Joe on a WG Bun Baked Fries Sweet Peas Strawberries Cold Milk	Nacho's Topped W/ Taco Meat & Cheese Refried Beans Cantaloupe Wedge Milk	Baked Spaghetti WG Dinner Roll Dinner Salad Diced Peaches Cold Milk
<b>LUNCH MENU #3</b>				
Stuffed Crust Pizza Garden Spinach Salad & FF Dressing Watermelon Cold Milk	Chicken and Mashed Potatoes With Maple Syrup Summer Squash Peach Slices Cold Milk	Beef Lasagna Baby Carrots Green Grapes Cold Milk	Soft Shell Chicken Taco Refried Beans Diced Pears Cold Milk	Chicken Fried Rice Snap Peas Pineapple Spear Cold Milk
<b>LUNCH MENU #4</b>				
WG French Toast Sticks & Maple Syrup Sausage Patty Sweet Potato Puffs Applesauce Cold Milk	Chinese Chicken and Wild Rice Mango/Pineapple Salad Stir Fry Vegetables Cold Milk	Pulled Pork Sandwich on WG Bun Sweet Potato Fries Sweet Corn/Black Bean Salad Orange Wedges Cold Milk	Beef Taco Salad Refried Beans Pineapple Tidbits Cold Milk	Bangors and Mash (Mashed Potatoes & Sausage) WG Dinner Roll Apple Crisp Cold Milk

Main Entrée Second and Third choice	
Monday	PB&J  Garden Fresh Salad
Tuesday	Ham Sub  Garden Fresh Salad
Wednesday	PB&J  Garden Fresh Salad
Thursday	Turkey Sub  Garden Fresh Salad
Friday	WG Cheese Sandwich  Garden Fresh Salad

**\$1.75 Student Lunch**  
**Adult- \$3.00 MILK - \$0.40,**  
**Milk Selections – White**  
**Skim, Chocolate Skim or**  
**1%**

August

S	M	T	W	T	F	S
				25	26	27
28	29	30	31			

**A fruit and vegetable bar is available daily. At least 4 additional fruits and 4 additional vegetables are offered.**

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY																																																														
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# OWOSSO PUBLIC SCHOOLS UNIVERSAL BREAKFAST MENU 2016-2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST MENU #1</b>				
WG Banana Bread Loaf Apple Skim White Milk Or Skim Chocolate Milk	Strawberry and Cream Cheese Mini Bagel Strawberry Cups Skim Chocolate Milk Or Skim White Milk	Trix Raspberry Rainbow Yogurt Animal Crackers Banana Skim White Milk Or Skim Chocolate	W/G Blueberry Muffin Apple Skim Chocolate Milk Or Skim White Milk	WG Donut Sticks 100% Fruit Juice Skim White Milk Or Skim Chocolate Milk
<b>BREAKFAST MENU #2</b>				
W/G Apple Cinnamon Muffin Apple Skim White Milk Or Skim Chocolate Milk	Reduced Sugar Cocoa Puff Cereal Bar Strawberry Cups Skim Chocolate Milk Or Skim White Milk	Trix Strawberry- Banana Yogurt Animal Crackers Banana Skim White Milk Or Skim Chocolate Milk	Ultimate Breakfast Round Apple Chocolate Milk Or Skim White Milk	WG Banana Bread Loaf 100% Fruit Punch Skim White Milk Or Skim Chocolate Milk
<b>BREAKFAST MENU #3</b>				
WG Donut Sticks Apple Skim White Milk Or Skim Chocolate Milk	Cream Cheese Bagel Stix Strawberry Cups Skim Choc. Milk Or Skim White Milk	Trix Cherry Yogurt Animal Crackers Banana Skim White Milk Or Skim Chocolate Milk	W/G Choc/Choc Chip Muffin Apple Skim Chocolate Milk Or Skim White Milk	WG Trix Reduced Sugar Cereal bar 100% Fruit Juice Skim White Milk Or Skim Chocolate Milk
<b>BREAKFAST MENU #4</b>				
Golden Grahams Cereal Bar Apple Skim White Milk Or Skim Chocolate Milk	Elfin Blueberry Loaf Strawberry Cups Skim White Milk Or Skim Chocolate Milk	Strawberry and Cream Cheese Mini Banana Skim White Milk Or Skim Chocolate Milk	Ultimate Breakfast Round Apple Skim Chocolate Milk Or Skim White Milk	WG Donut Sticks 100% Apple Juice Skim White Milk Or Skim Chocolate Milk

S	M	T	W	T	F	S
					25	26
28	29	30	31			

No charge for student breakfast. Adult \$1.75, Milk \$.40

\*Menus subject to change without notice.\*

The USDA is an equal opportunity employer and provider

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	
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FEBRUARY							MARCH							APRIL							MAY							JUNE						
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Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, DC 20250-9410

**Fax:**

(202) 690-7442 or

**Email:**

**Program.intake@usda.gov.**

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