

# OWOSSO PUBLIC SCHOOLS ELEMENTARY LUNCH MENU 2018-2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LUNCH MENU #1</b>				
Hamburger on WG Bun Sweet Potato Fries Applesauce Cold Milk	Tangerine Chicken Strips Brown Rice Stir Fry Vegetables Mandarin Oranges Cold Milk	Bangors and Mash (Sausage and Mashed Potatoes) Dinner Roll Pears Cold Milk	Taco Rice Refried Beans Pineapple Tidbits Cold Milk	Stuffed Crust Pizza Dinner Salad & FF Dressing Sliced Pears Cold Milk
<b>LUNCH MENU #2</b>				
Chicken Sandwich on WG Bun Baked Fries Mixed Fruit Cold Milk	Beef Goulash Green Bean Salad Applesauce Cold Milk	Hamburger Sliders Sweet Potato Puffs Pears Cold Milk	Chicken Tacos Vegetable Beans Fresh Apple Cold Milk	Stuffed Crust Pizza Dinner Salad & FF Dressing Sliced Pears Cold Milk
<b>LUNCH MENU #3</b>				
WG Chicken Tenders Tater Tots Mandarin Oranges Cold Milk	WG Spaghetti with Marinara Sauce Baby Carrots Green Grapes Cold Milk	WG Chicken Leg Mashed Potatoes Sliced Peaches Cold Milk	Taco Rice Refried Beans Pineapple Tidbits Cold Milk	Stuffed Crust Pizza Garden Spinach Salad & FF Dressing Sliced Pears Cold Milk
<b>LUNCH MENU #4</b>				
WG French Toast Sticks & Maple Syrup Sausage Patty Sweet Potato Puffs Applesauce Cold Milk	Teriyaki Chicken Strips with Steamed Broccoli Mango/Pineapple Salad Cold Milk	BBQ Pulled Pork Sandwich on WG Bun Sweet Potato Fries Green Bean Salad Fresh Apple Cold Milk	Beef Tacos Refried Beans Pineapple Tidbits Cold Milk	WG Chicken Strips Sweet Corn/Black Bean Salad Red Grapes Milk

Main Entrée Second and Third choice	
Monday	Grape PB&J Chef Fresh Salad
Tuesday	Ham Sub Garden Fresh Salad
Wednesday	Strawberry PB&J Chef Fresh Salad
Thursday	Turkey Sub Garden Fresh Salad
Friday	WG Grilled Cheese Sandwich Chef Fresh Salad

Fresh fruit and vegetable bars are available daily, featuring at least 4 additional fruits and vegetables.

## BREAKFAST AND LUNCH CALENDAR

AUGUST							SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
												1		1	2	3	4	5	6					1	2	3							1		
							2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8	
							9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15	
				23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22	
26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			25	26	27	28	29	30		23	24	25	26	27	28	29		
JANUARY							FEBRUARY							MARCH							APRIL							MAY							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
		1	2	3	4	5						1	2						1	2		1	2	3	4	5	6					1	2	3	4
6	7	8	9	10	11	12	3	4	5	6	7	8	9	3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11	
13	14	15	16	17	18	19	10	11	12	13	14	15	16	10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18	
20	21	22	23	24	25	26	17	18	19	20	21	22	23	17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25	
27	28	29	30	31			24	25	26	27	28			24	25	26	27	28	29	30	27	29	30					26	27	28	29	30	31		

**Adult Lunch-\$4.00. Milk selection-White Skim, Chocolate Skim or 1% White**

**OWOSSO PUBLIC SCHOOLS UNIVERSAL BREAKFAST MENU 2018-2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST MENU #1</b>				
WG Golden Grahams Cereal Bar Fresh Apple 1% White Milk Or Skim Chocolate Milk	Strawberry Oatmeal Bar Fruit Cup 1% White Milk Or Skim Chocolate Milk	Trix Raspberry Rainbow Yogurt Animal Crackers Banana 1% White Milk Or Skim Chocolate Milk	Ultimate Breakfast Round Fruit Cup 1% White Milk Or Skim Chocolate Milk	Apple Oatmeal Bar 100% Fruit Juice 1% White Milk Or Skim Chocolate Milk
<b>BREAKFAST MENU #2</b>				
Chocolate Chip Oatmeal Bar Fresh Apple 1% White Milk Or Skim Chocolate Milk	WG Cocoa Puff Cereal Bar Fruit Cups 1% White Milk Or Skim Chocolate Milk	Trix Strawberry- Banana Yogurt Animal Crackers Banana 1% White Milk Or Skim Chocolate Milk	Apple Oatmeal Bar Fruit Cup White Milk Or Skim Chocolate Milk	WG Strawberry Cheerios Cereal Bar 100% Fruit Punch 1% White Milk Or Skim Chocolate Milk
<b>BREAKFAST MENU #3</b>				
WG Golden Grahams Cereal Bar Fresh Apple 1% White Milk Or Skim Chocolate Milk	Strawberry Oatmeal Bar Fruit Cups 1% White Milk Or Skim Chocolate Milk	Trix Raspberry Rainbow Yogurt Animal Crackers Banana 1% White Milk Or Skim Chocolate Milk	Ultimate Breakfast Round Fruit Cup 1% White Milk Or Skim Chocolate Milk	Apple Oatmeal Bar 100% Fruit Juice 1% White Milk Or Skim Chocolate Milk
<b>BREAKFAST MENU #4</b>				
Chocolate Chip Oatmeal Bar Fresh Apple 1% White Milk Or Skim Chocolate Milk	WG Cocoa Puff Cereal Bar Fruit Cup 1% White Milk Or Skim Chocolate Milk	Trix Cherry Yogurt Animal Crackers Banana 1% White Milk Or Skim Chocolate Milk	Apple Oatmeal Bar Fruit Cup 1% White Milk Or Skim Chocolate Milk	WG Strawberry Cheerios Cereal Bar 100% Orange Juice 1% White Milk Or Skim Chocolate Milk

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