

OWOSSO PUBLIC SCHOOLS ELEMENTARY LUNCH MENU 2017-2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH MENU #1				
Hamburger on WG Bun Sweet Potato Fries Applesauce Cold Milk	Polynesian Chicken Strips WG Flatbread Snap Peas Mandarin Oranges Cold Milk	Stuffed Crust Pizza Garden Spinach Salad & FF Dressing Watermelon Cold Milk	Soft Shell Chicken Taco Refried Beans Pineapple Tidbits Cold Milk	WG Chicken and WG Waffle Stick Sweet Corn/Black Bean Salad Red Grapes Milk
LUNCH MENU #2				
Ham and Cheese Egg Bake Sweet Potato Bites Orange Slices Cold Milk	BBQ Chicken on W/G Bun Red Skin Potato Salad Diced Mixed Fruit Cold Milk	Sloppy Joe on a WG Bun Baked Fries Sweet Peas Strawberries Cold Milk	Nacho's Topped W/ Taco Meat & Cheese Refried Beans Fresh Cantaloupe Cold Milk	Beef Lasagna WG Dinner Roll Dinner Salad Diced Peaches Cold Milk
LUNCH MENU #3				
Stuffed Crust Pizza Garden Spinach Salad & FF Dressing Watermelon Cold Milk	Chicken and Mashed Potatoes Summer Squash Peach Slices Cold Milk	Spaghetti with Marinara Sauce Baby Carrots Green Grapes Cold Milk	Hamburger Sliders Refried Beans Diced Pears Cold Milk	Chicken Alfredo Pizza Snap Peas Pineapple Spear Cold Milk
LUNCH MENU #4				
WG French Toast Sticks & Maple Syrup Sausage Patty Sweet Potato Puffs Applesauce Cold Milk	Grilled Chicken Strips with Grilled Vegetables Mango/Pineapple Salad Cold Milk	BBQ Pulled Pork Sandwich on WG Bun Sweet Potato Fries Sweet Corn/Black Bean Salad Fresh Apple Cold Milk	Soft Shell Chicken Taco Refried Beans Pineapple Tidbits Cold Milk	Bangors and Mash (Mashed Potatoes & Sausage) WG Dinner Roll Apple Crisp Cold Milk

Main Entrée Second and Third choice	
Monday	Grape PB&J Garden Fresh Salad
Tuesday	Ham Sub Garden Fresh Salad
Wednesday	Strawberry PB&J Garden Fresh Salad
Thursday	Turkey Sub Garden Fresh Salad
Friday	WG Grilled Cheese Sandwich Garden Fresh Salad

Fresh fruit and vegetable bars are available daily .Featuring at least 4 additional fruits and vegetables.

August 24 25
28 29 30 31

BREAKFAST AND LUNCH CALENDAR

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2											1	2	3	4						1	2							
3	4	5	6	7	8	9	1	2	3	4	5	6	7	5	6	7	8	9	10	11	3	4	5	6	7	8	9		1	2	3	4	5	6
10	11	12	13	14	15	16	8	9	10	11	12	13	14	12	13	14	15	16	17	18	10	11	12	13	14	15	16	7	8	9	10	11	12	13
17	18	19	20	21	22	23	15	16	17	18	19	20	21	19	20	21	22	23	24	25	17	18	19	20	21	22	23	14	15	16	17	18	19	20
24	25	26	27	28	29	30	22	23	24	25	26	27	28	26	27	28	29	30	24	25	26	27	28	29	30	21	22	23	24	25	26	27		
							29	30	31						31	28	29	30	31															
FEBRUARY							MARCH							APRIL							MAY							JUNE						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3					1	2	3	1	2	3	4	5	6	7	30		1	2	3	4	5						1	2
4	5	6	7	8	9	10	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	
11	12	13	14	15	16	17	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19							
18	19	20	21	22	23	24	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26							
25	26	27	28				25	26	27	28	29	30	31	29	30						27	28	29	30	31									

Student price-\$2.35, Adult-\$4.00. Milk selection-White Skim, Chocolate Skim or 1% White

OWOSSO PUBLIC SCHOOLS UNIVERSAL BREAKFAST MENU 2017-2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST MENU #1				
WG Banana Bread Loaf Apple Skim White Milk Or Skim Chocolate Milk	Strawberry and Cream Cheese Mini Bagel Strawberry Cups Skim Chocolate Milk Or Skim White Milk	Trix Raspberry Rainbow Yogurt Animal Crackers Banana Skim White Milk Or Skim Chocolate	W/G Blueberry Muffin Fresh Apple Skim Chocolate Milk Or Skim White Milk	WG Donut Sticks 100% Fruit Juice Skim White Milk Or Skim Chocolate Milk
BREAKFAST MENU #2				
W/G Apple Cinnamon Muffin Fresh Apple Skim White Milk Or Skim Chocolate Milk	WG Cocoa Puff Cereal Bar Strawberry Cups Skim Chocolate Milk Or Skim White Milk	Trix Strawberry- Banana Yogurt Animal Crackers Banana Skim White Milk Or Skim Chocolate Milk	Ultimate Breakfast Round Fresh Apple Chocolate Milk Or Skim White Milk	WG Banana Bread Loaf 100% Fruit Punch Skim White Milk Or Skim Chocolate Milk
BREAKFAST MENU #3				
Golden Grahams Cereal Bar Apple Skim White Milk Or Skim Chocolate Milk	Elfin Blueberry Loaf Strawberry Cups Skim Choc. Milk Or Skim White Milk	Strawberry and Cream Cheese Mini Bagel Banana Skim White Milk Or Skim Chocolate Milk	Ultimate Breakfast Round Fresh Apple Skim Choc. Milk Or Skim White Milk	WG Donut Sticks 100% Fruit Juice Skim White Milk Or Skim Choc. Milk
BREAKFAST MENU #4				
WG Donut Sticks Apple Skim Choc0 Milk Skim White Milk	Cream Cheese Bagel Stix Strawberry Cups Skim Choc. Milk Or Skim White Milk	Trix Cherry Yogurt Animal Crackers Banana Skim White Milk Or Skim Chocolate Milk	WG Choc/Choc Chip Muffin Fresh Apple Skim White Milk\ Or Skim Chocolate Milk	WG Strawberry Cheerios Cereal Bar 100% Orange Juice Skim White Milk Or Skim Chocolate Milk

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