

Oxford City Schools

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Apr 1, 2020 thru May 31, 2020

Breakfast - All Schools K-12

Generated on: 6/18/2019 3:22:44 PM

	Portion Size	Carb (g)
Wed - 04/01/2020		
Breakfast - All Schools K-12	Total	
Breakfast Pizza	pizza	36.0
Juice, Frozen Orange/Pineapple	juice	15.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		55.47
% of Calories		69.1%
Nutrient Guideline		

Thu - 04/02/2020		
Breakfast - All Schools K-12	Total	
Frudel Cherry	frudel	35.96
Juice, Frozen Orange/Pineapple	juice	15.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		166.37
% of Calories		72.4%
Nutrient Guideline		

Fri - 04/03/2020		
Breakfast - All Schools K-12	Total	
French Toast Bites Berry	pouch	36.0
Juice, Frozen Orange/Pineapple	juice	15.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		83.21
% of Calories		71.7%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Oxford City Schools

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Apr 1, 2020 thru May 31, 2020

Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Mon - 04/06/2020		
Breakfast - All Schools K-12	Total	
Honey Bun	bun	32.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		161.41
% of Calories		64.6%
Nutrient Guideline		

Tue - 04/07/2020		
Breakfast - All Schools K-12	Total	
Pancakes Mini Blueberry	pouch	35.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		164.42
% of Calories		71.6%
Nutrient Guideline		

Wed - 04/08/2020		
Breakfast - All Schools K-12	Total	
Breakfast Bagel	bagel	19.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		148.41
% of Calories		68.3%
Nutrient Guideline		

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Portion Values - Detailed

Page 3

Apr 1, 2020 thru May 31, 2020

Breakfast - All Schools K-12

Generated on: 6/18/2019 3:22:44 PM

	Portion Size	Carb (g)
Thu - 04/09/2020		
Breakfast - All Schools K-12	Total	
Pancake Pup	pup	18.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		147.41
% of Calories		62.1%
Nutrient Guideline		

Fri - 04/10/2020		
Breakfast - All Schools K-12	Total	
Sausage Biscuit IW	biscuit	24.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		153.41
% of Calories		66.1%
Nutrient Guideline		

Mon - 04/13/2020		
Breakfast - All Schools K-12	Total	
Poptart, Blueberry x 2	poptarts (2)	76.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		210.41
% of Calories		77.3%
Nutrient Guideline		

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Portion Values - Detailed

Page 4

Apr 1, 2020 thru May 31, 2020

Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Tue - 04/14/2020		
Breakfast - All Schools K-12	Total	
Breakfast Wrap	wrap	17.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		151.41
% of Calories		65.2%
Nutrient Guideline		

Wed - 04/15/2020		
Breakfast - All Schools K-12	Total	
Breakfast Pizza	pizza	36.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		170.41
% of Calories		69.3%
Nutrient Guideline		

Thu - 04/16/2020		
Breakfast - All Schools K-12	Total	
Frudel Apple	frudel	35.96
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		170.37
% of Calories		72.6%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

Portion Values - Detailed

Page 5

Apr 1, 2020 thru May 31, 2020

Breakfast - All Schools K-12

Generated on: 6/18/2019 3:22:44 PM

	Portion Size	Carb (g)
Fri - 04/17/2020		
Breakfast - All Schools K-12	Total	
French Toast Bites Cinnamon	pouch	37.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		171.41
% of Calories		72.3%
Nutrient Guideline		

Mon - 04/20/2020		
Breakfast - All Schools K-12	Total	
Cinni Mini's	serving	40.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		169.41
% of Calories		71.4%
Nutrient Guideline		

Tue - 04/21/2020		
Breakfast - All Schools K-12	Total	
Pancakes Mini Strawberry	pouch	40.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		169.42
% of Calories		73.0%
Nutrient Guideline		

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Base Menu Spreadsheet

Portion Values - Detailed

Page 6

Apr 1, 2020 thru May 31, 2020

Breakfast - All Schools K-12

Generated on: 6/18/2019 3:22:44 PM

	Portion Size	Carb (g)
Wed - 04/22/2020		
Breakfast - All Schools K-12	Total	
Breakfast Bagel	bagel	19.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		148.41
% of Calories		68.3%
Nutrient Guideline		

Thu - 04/23/2020		
Breakfast - All Schools K-12	Total	
Pancake Pup Blueberry	pup	20.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		149.41
% of Calories		65.0%
Nutrient Guideline		

Fri - 04/24/2020		
Breakfast - All Schools K-12	Total	
Sausage Biscuit IW	biscuit	24.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		153.41
% of Calories		66.1%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

Portion Values - Detailed

Page 7

Apr 1, 2020 thru May 31, 2020

Breakfast - All Schools K-12

Generated on: 6/18/2019 3:22:44 PM

	Portion Size	Carb (g)
Mon - 04/27/2020		
Breakfast - All Schools K-12	Total	
Poptart, Strawberry x 2	poptarts (2)	74.0
Juice, Frozen Orange/Pineapple	juice	15.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		204.42
% of Calories		76.5%
Nutrient Guideline		

Tue - 04/28/2020		
Breakfast - All Schools K-12	Total	
Pancakes Mini Maple	pouch	35.0
Juice, Frozen Orange/Pineapple	juice	15.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		165.41
% of Calories		72.0%
Nutrient Guideline		

Wed - 04/29/2020		
Breakfast - All Schools K-12	Total	
Breakfast Pizza	pizza	36.0
Juice, Frozen Orange/Pineapple	juice	15.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		55.47
% of Calories		69.1%
Nutrient Guideline		

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Page 8

Apr 1, 2020 thru May 31, 2020

Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Thu - 04/30/2020		
Breakfast - All Schools K-12	Total	
Frudel Cherry	frudel	35.96
Juice, Frozen Orange/Pineapple	juice	15.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		166.37
% of Calories		72.4%
Nutrient Guideline		

Fri - 05/01/2020		
Breakfast - All Schools K-12	Total	
French Toast Bites Berry	pouch	36.0
Juice, Frozen Orange/Pineapple	juice	15.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		83.21
% of Calories		71.7%
Nutrient Guideline		

Mon - 05/04/2020		
Breakfast - All Schools K-12	Total	
Honey Bun	bun	32.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		161.41
% of Calories		64.6%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Page 9

Apr 1, 2020 thru May 31, 2020

Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Tue - 05/05/2020		
Breakfast - All Schools K-12	Total	
Pancakes Mini Blueberry	pouch	35.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		164.42
% of Calories		71.6%
Nutrient Guideline		

Wed - 05/06/2020		
Breakfast - All Schools K-12	Total	
Breakfast Bagel	bagel	19.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		148.41
% of Calories		68.3%
Nutrient Guideline		

Thu - 05/07/2020		
Breakfast - All Schools K-12	Total	
Pancake Pup	pup	18.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		147.41
% of Calories		62.1%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Portion Values - Detailed

Page 10

Apr 1, 2020 thru May 31, 2020

Breakfast - All Schools K-12

Generated on: 6/18/2019 3:22:44 PM

	Portion Size	Carb (g)
Fri - 05/08/2020		
Breakfast - All Schools K-12	Total	
Sausage Biscuit IW	biscuit	24.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		153.41
% of Calories		66.1%
Nutrient Guideline		

Mon - 05/11/2020		
Breakfast - All Schools K-12	Total	
Poptart, Blueberry x 2	poptarts (2)	76.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		210.41
% of Calories		77.3%
Nutrient Guideline		

Tue - 05/12/2020		
Breakfast - All Schools K-12	Total	
Breakfast Wrap	wrap	17.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		151.41
% of Calories		65.2%
Nutrient Guideline		

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Portion Values - Detailed

Page 11

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Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Wed - 05/13/2020		
Breakfast - All Schools K-12	Total	
Breakfast Pizza	pizza	36.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		170.41
% of Calories		69.3%
Nutrient Guideline		

Thu - 05/14/2020		
Breakfast - All Schools K-12	Total	
Frudel Apple	frudel	35.96
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		170.37
% of Calories		72.6%
Nutrient Guideline		

Fri - 05/15/2020		
Breakfast - All Schools K-12	Total	
French Toast Bites Cinnamon	pouch	37.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		171.41
% of Calories		72.3%
Nutrient Guideline		

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Page 12

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Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Mon - 05/18/2020		
Breakfast - All Schools K-12	Total	
Cinni Mini's	serving	40.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		169.41
% of Calories		71.4%
Nutrient Guideline		

Tue - 05/19/2020		
Breakfast - All Schools K-12	Total	
Pancakes Mini Strawberry	pouch	40.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		169.42
% of Calories		73.0%
Nutrient Guideline		

Wed - 05/20/2020		
Breakfast - All Schools K-12	Total	
Breakfast Bagel	bagel	19.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		148.41
% of Calories		68.3%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Oxford City Schools

Base Menu Spreadsheet

Portion Values - Detailed

Page 13

Apr 1, 2020 thru May 31, 2020

Breakfast - All Schools K-12

Generated on: 6/18/2019 3:22:44 PM

	Portion Size	Carb (g)
Thu - 05/21/2020		
Breakfast - All Schools K-12	Total	
Pancake Pup Blueberry	pup	20.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk - Chocolate FF	milk	22.0
Milk - Strawberry FF	milk	21.0
Milk - 1%	milk	12.0
Milk - Skim	milk	12.0
Milk - Vanilla FF	milk	23.0
Weighted Daily Average		149.41
% of Calories		65.0%
Nutrient Guideline		

Weighted Average		154.19 69.7%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	154.19	69.65%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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