

Oxford City Schools

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Nov 1, 2019 thru Dec 31, 2019

Breakfast - All Schools K-12

Generated on: 6/17/2019 2:34:18 PM

	Portion Size	Reimb Qty	Carb (g)
Fri - 11/01/2019			
Breakfast - All Schools K-12	Total	1255	
French Toast Bites Berry	pouch	1255	36.0
Juice, Frozen Orange/Pineapple	juice	1170	15.0
Fresh Fruit Choice	fruit	1045	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			90.95
% of Calories			76.7%
Nutrient Guideline			

Mon - 11/04/2019			
Breakfast - All Schools K-12	Total	1	
Honey Bun	bun	1	32.0
Juice, Frozen Orange	juice	1	14.0
Fresh Fruit Choice	fruit	1	25.42
Milk - Chocolate FF	milk	1	22.0
Milk - Strawberry FF	milk	1	21.0
Milk - 1%	milk	1	12.0
Milk - Skim	milk	1	12.0
Milk - Vanilla FF	milk	1	23.0
Weighted Daily Average			161.41
% of Calories			64.6%
Nutrient Guideline			

Tue - 11/05/2019			
Breakfast - All Schools K-12	Total	1	
Breakfast Wrap	wrap	1	17.0
Juice, Frozen Orange	juice	1	14.0
Fresh Fruit Choice	fruit	1	25.42
Milk - Chocolate FF	milk	1	22.0
Milk - Strawberry FF	milk	1	21.0
Milk - 1%	milk	1	12.0
Milk - Skim	milk	1	12.0
Milk - Vanilla FF	milk	1	23.0
Weighted Daily Average			146.41
% of Calories			64.4%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Page 2

Nov 1, 2019 thru Dec 31, 2019

Breakfast - All Schools K-12

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	Portion Size	Reimb Qty	Carb (g)
Wed - 11/06/2019			
Breakfast - All Schools K-12	Total	1255	
Breakfast Bagel	bagel	1255	19.0
Juice, Frozen Orange	juice	1175	14.0
Fresh Fruit Choice	fruit	1055	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	75	23.0
Weighted Daily Average			73.19
% of Calories			70.6%
Nutrient Guideline			

Thu - 11/07/2019			
Breakfast - All Schools K-12	Total	1255	
Pancake Pup	pup	1255	18.0
Juice, Frozen Orange	juice	1185	14.0
Fresh Fruit Choice	fruit	1020	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			71.68
% of Calories			58.2%
Nutrient Guideline			

Fri - 11/08/2019			
Breakfast - All Schools K-12	Total	1255	
Sausage Biscuit IW	biscuit	1255	24.0
Juice, Frozen Orange	juice	1185	14.0
Fresh Fruit Choice	fruit	1020	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	75	23.0
Weighted Daily Average			77.59
% of Calories			65.7%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Page 3

Nov 1, 2019 thru Dec 31, 2019

Breakfast - All Schools K-12

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	Portion Size	Reimb Qty	Carb (g)
Tue - 11/12/2019			
Breakfast - All Schools K-12	Total	1255	
Pancakes Mini Strawberry	pouch	1255	40.0
Juice, Frozen Grape	juice	1170	19.0
Fresh Fruit Choice	fruit	1010	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			97.97
% of Calories			80.0%
Nutrient Guideline			

Wed - 11/13/2019			
Breakfast - All Schools K-12	Total	1265	
Breakfast Pizza	pizza	1265	36.0
Juice, Frozen Grape	juice	1170	19.0
Fresh Fruit Choice	fruit	1010	25.42
Milk - Chocolate FF	milk	730	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	240	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			93.65
% of Calories			71.5%
Nutrient Guideline			

Thu - 11/14/2019			
Breakfast - All Schools K-12	Total	1255	
Frudel Apple	frudel	1255	35.96
Juice, Frozen Grape	juice	1170	19.0
Fresh Fruit Choice	fruit	1020	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			94.13
% of Calories			78.3%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Portion Values - Detailed

Page 4

Nov 1, 2019 thru Dec 31, 2019

Breakfast - All Schools K-12

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	Portion Size	Reimb Qty	Carb (g)
Fri - 11/15/2019			
Breakfast - All Schools K-12	Total	1255	
French Toast Bites Cinnamon	pouch	1255	37.0
Juice, Frozen Grape	juice	1170	19.0
Fresh Fruit Choice	fruit	1020	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			95.17
% of Calories			77.6%
Nutrient Guideline			

Mon - 11/18/2019			
Breakfast - All Schools K-12	Total	1255	
Honey Bun	bun	1255	32.0
Juice, Frozen Apple	juice	1170	14.0
Fresh Fruit Choice	fruit	1055	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			86.22
% of Calories			63.3%
Nutrient Guideline			

Tue - 11/19/2019			
Breakfast - All Schools K-12	Total	1255	
Pancakes Mini Maple	pouch	1255	35.0
Juice, Frozen Apple	juice	1170	14.0
Fresh Fruit Choice	fruit	1045	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	240	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			89.07
% of Calories			76.7%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Portion Values - Detailed

Page 5

Nov 1, 2019 thru Dec 31, 2019

Breakfast - All Schools K-12

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	Portion Size	Reimb Qty	Carb (g)
Wed - 11/20/2019			
Breakfast - All Schools K-12	Total	1255	
Breakfast Bagel	bagel	1255	19.0
Juice, Frozen Apple	juice	1170	14.0
Fresh Fruit Choice	fruit	1045	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			73.02
% of Calories			70.5%
Nutrient Guideline			

Thu - 11/21/2019			
Breakfast - All Schools K-12	Total	1255	
Pancake Pup Blueberry	pup	1255	20.0
Juice, Frozen Apple	juice	1170	14.0
Fresh Fruit Choice	fruit	1045	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			74.02
% of Calories			63.8%
Nutrient Guideline			

Fri - 11/22/2019			
Breakfast - All Schools K-12	Total	1255	
Sausage Biscuit IW	biscuit	1255	24.0
Juice, Frozen Apple	juice	1170	14.0
Fresh Fruit Choice	fruit	1045	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			78.02
% of Calories			65.8%
Nutrient Guideline			

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Page 6

Nov 1, 2019 thru Dec 31, 2019

Breakfast - All Schools K-12

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	Portion Size	Reimb Qty	Carb (g)
Mon - 11/25/2019			
Breakfast - All Schools K-12	Total	1255	
Cinni Mini's	serving	1255	40.0
Juice, Frozen Orange/Pineapple	juice	1170	15.0
Fresh Fruit Choice	fruit	1045	25.42
Milk - Chocolate FF	milk	720	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	28	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			94.85
% of Calories			76.9%
Nutrient Guideline			

Tue - 11/26/2019			
Breakfast - All Schools K-12	Total	1255	
Pancakes Mini Blueberry	pouch	1255	35.0
Juice, Frozen Orange/Pineapple	juice	1170	15.0
Fresh Fruit Choice	fruit	1045	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			89.95
% of Calories			77.5%
Nutrient Guideline			

Mon - 12/02/2019			
Breakfast - All Schools K-12	Total	1	
Honey Bun	bun	1	32.0
Juice, Frozen Orange	juice	1	14.0
Fresh Fruit Choice	fruit	1	25.42
Milk - Chocolate FF	milk	1	22.0
Milk - Strawberry FF	milk	1	21.0
Milk - 1%	milk	1	12.0
Milk - Skim	milk	1	12.0
Milk - Vanilla FF	milk	1	23.0
Weighted Daily Average			161.41
% of Calories			64.6%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Page 7

Nov 1, 2019 thru Dec 31, 2019

Breakfast - All Schools K-12

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	Portion Size	Reimb Qty	Carb (g)
Tue - 12/03/2019			
Breakfast - All Schools K-12	Total	1	
Breakfast Wrap	wrap	1	17.0
Juice, Frozen Orange	juice	1	14.0
Fresh Fruit Choice	fruit	1	25.42
Milk - Chocolate FF	milk	1	22.0
Milk - Strawberry FF	milk	1	21.0
Milk - 1%	milk	1	12.0
Milk - Skim	milk	1	12.0
Milk - Vanilla FF	milk	1	23.0
Weighted Daily Average			146.41
% of Calories			64.4%
Nutrient Guideline			

Wed - 12/04/2019			
Breakfast - All Schools K-12	Total	1255	
Breakfast Bagel	bagel	1255	19.0
Juice, Frozen Orange	juice	1175	14.0
Fresh Fruit Choice	fruit	1055	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	75	23.0
Weighted Daily Average			73.19
% of Calories			70.6%
Nutrient Guideline			

Thu - 12/05/2019			
Breakfast - All Schools K-12	Total	1255	
Pancake Pup	pup	1255	18.0
Juice, Frozen Orange	juice	1185	14.0
Fresh Fruit Choice	fruit	1020	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			71.68
% of Calories			58.2%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Page 8

Nov 1, 2019 thru Dec 31, 2019

Breakfast - All Schools K-12

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	Portion Size	Reimb Qty	Carb (g)
Fri - 12/06/2019			
Breakfast - All Schools K-12	Total	1255	
Sausage Biscuit IW	biscuit	1255	24.0
Juice, Frozen Orange	juice	1185	14.0
Fresh Fruit Choice	fruit	1020	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	75	23.0
Weighted Daily Average			77.59
% of Calories			65.7%
Nutrient Guideline			

Mon - 12/09/2019			
Breakfast - All Schools K-12	Total	1255	
Cinni Mini's	serving	1255	40.0
Juice, Frozen Grape	juice	1170	19.0
Fresh Fruit Choice	fruit	1020	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			98.17
% of Calories			76.9%
Nutrient Guideline			

Tue - 12/10/2019			
Breakfast - All Schools K-12	Total	1255	
Pancakes Mini Strawberry	pouch	1255	40.0
Juice, Frozen Grape	juice	1170	19.0
Fresh Fruit Choice	fruit	1010	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			97.97
% of Calories			80.0%
Nutrient Guideline			

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Page 9

Nov 1, 2019 thru Dec 31, 2019

Breakfast - All Schools K-12

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	Portion Size	Reimb Qty	Carb (g)
Wed - 12/11/2019			
Breakfast - All Schools K-12	Total	1265	
Breakfast Pizza	pizza	1265	36.0
Juice, Frozen Grape	juice	1170	19.0
Fresh Fruit Choice	fruit	1010	25.42
Milk - Chocolate FF	milk	730	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	240	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			93.65
% of Calories			71.5%
Nutrient Guideline			

Thu - 12/12/2019			
Breakfast - All Schools K-12	Total	1255	
Frudel Apple	frudel	1255	35.96
Juice, Frozen Grape	juice	1170	19.0
Fresh Fruit Choice	fruit	1020	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			94.13
% of Calories			78.3%
Nutrient Guideline			

Fri - 12/13/2019			
Breakfast - All Schools K-12	Total	1255	
French Toast Bites Cinnamon	pouch	1255	37.0
Juice, Frozen Grape	juice	1170	19.0
Fresh Fruit Choice	fruit	1020	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			95.17
% of Calories			77.6%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Page 10

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Breakfast - All Schools K-12

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	Portion Size	Reimb Qty	Carb (g)
Mon - 12/16/2019			
Breakfast - All Schools K-12	Total	1255	
Honey Bun	bun	1255	32.0
Juice, Frozen Apple	juice	1170	14.0
Fresh Fruit Choice	fruit	1055	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			86.22
% of Calories			63.3%
Nutrient Guideline			

Tue - 12/17/2019			
Breakfast - All Schools K-12	Total	1255	
Pancakes Mini Maple	pouch	1255	35.0
Juice, Frozen Apple	juice	1170	14.0
Fresh Fruit Choice	fruit	1045	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	240	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			89.07
% of Calories			76.7%
Nutrient Guideline			

Wed - 12/18/2019			
Breakfast - All Schools K-12	Total	1255	
Breakfast Bagel	bagel	1255	19.0
Juice, Frozen Apple	juice	1170	14.0
Fresh Fruit Choice	fruit	1045	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			73.02
% of Calories			70.5%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Page 11

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Breakfast - All Schools K-12

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	Portion Size	Reimb Qty	Carb (g)
Thu - 12/19/2019			
Breakfast - All Schools K-12	Total	1255	
Pancake Pup Blueberry	pup	1255	20.0
Juice, Frozen Apple	juice	1170	14.0
Fresh Fruit Choice	fruit	1045	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			74.02
% of Calories			63.8%
Nutrient Guideline			

Fri - 12/20/2019			
Breakfast - All Schools K-12	Total	1255	
Sausage Biscuit IW	biscuit	1255	24.0
Juice, Frozen Apple	juice	1170	14.0
Fresh Fruit Choice	fruit	1045	25.42
Milk - Chocolate FF	milk	725	22.0
Milk - Strawberry FF	milk	185	21.0
Milk - 1%	milk	235	12.0
Milk - Skim	milk	30	12.0
Milk - Vanilla FF	milk	80	23.0
Weighted Daily Average			78.02
% of Calories			65.8%
Nutrient Guideline			

Weighted Average			93.66
			69.6%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	93.66	69.65%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.