

Oxford City Schools

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Feb 1, 2019 thru Feb 28, 2019

Breakfast - All Schools K-12

Generated on: 1/11/2019 8:37:30 AM

	Portion Size	Carb (g)
Fri - 02/01/2019		
Breakfast - All Schools K-12	Total	
Pancake Pup Blueberry	pup	20.0
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		264.16
% of Calories		79.5%
Nutrient Guideline		

Mon - 02/04/2019		
Breakfast - All Schools K-12	Total	
Poptart Straw - 2	poptarts (2)	74.0
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		318.16
% of Calories		86.0%
Nutrient Guideline		

Tue - 02/05/2019		
Breakfast - All Schools K-12	Total	
Pancakes Mini Strawberry	pouch	40.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Apple 4oz	box	13.16
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		294.13
% of Calories		84.4%
Nutrient Guideline		

Wed - 02/06/2019		
Breakfast - All Schools K-12	Total	
Croissant	croissant	15.0
Egg Patty USDA	patty	*N/A*
Sausage Patty	patty	0.0
Cheese, Amr Slice 1 USDA	slice	1.01
Juice, Shelf Stable Grape 4oz	box	18.17
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		270.20
% of Calories		72.8%
Nutrient Guideline		

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Page 2

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Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Thu - 02/07/2019		
Breakfast - All Schools K-12	Total	
French Toast Berry	pouch	36.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Fruit 4oz	box	15.04
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		297.65
% of Calories		83.9%
Nutrient Guideline		

Fri - 02/08/2019		
Breakfast - All Schools K-12	Total	
Biscuit	biscuit	27.0
Chicken Breakfast Patty	patty	7.0
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		278.16
% of Calories		76.2%
Nutrient Guideline		

Mon - 02/11/2019		
Breakfast - All Schools K-12	Total	
Poptart Fudge - 2	poptarts (2)	74.0
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		318.16
% of Calories		86.0%
Nutrient Guideline		

Tue - 02/12/2019		
Breakfast - All Schools K-12	Total	
Pancakes Mini Maple	pouch	35.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Apple 4oz	box	13.16
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		289.13
% of Calories		83.5%
Nutrient Guideline		

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Page 3

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Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Wed - 02/13/2019		
Breakfast - All Schools K-12	Total	
Pizza, Breakfast	pizza	27.0
Juice, Shelf Stable Grape 4oz	box	18.17
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		281.19
% of Calories		83.0%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 02/14/2019		
Breakfast - All Schools K-12	Total	
Waffles Mini Blueberry	pouch	37.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Fruit 4oz	box	15.04
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		298.65
% of Calories		84.8%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 02/15/2019		
Breakfast - All Schools K-12	Total	
Pancake Pup	pup	18.0
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		262.16
% of Calories		77.1%
Nutrient Guideline		

	Portion Size	Carb (g)
Mon - 02/18/2019		
Breakfast - All Schools K-12	Total	
Holiday	holiday	0.0
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 02/19/2019		
Breakfast - All Schools K-12	Total	
Pancakes Mini Blueberry	pouch	35.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Apple 4oz	box	13.16
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0

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Page 4

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	Portion Size	Carb (g)
Weighted Daily Average		289.13
% of Calories		83.5%
Nutrient Guideline		

Wed - 02/20/2019		
Breakfast - All Schools K-12	Total	
Croissant	croissant	15.0
Egg Patty USDA	patty	*N/A*
Sausage Patty	patty	0.0
Cheese, Amr Slice 1 USDA	slice	1.01
Juice, Shelf Stable Grape 4oz	box	18.17
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		270.20
% of Calories		72.8%
Nutrient Guideline		

Thu - 02/21/2019		
Breakfast - All Schools K-12	Total	
French Toast Cinnamon	pouch	37.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Fruit 4oz	box	15.04
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		298.65
% of Calories		84.2%
Nutrient Guideline		

Fri - 02/22/2019		
Breakfast - All Schools K-12	Total	
Biscuit	biscuit	27.0
Sausage Patty	patty	0.0
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		271.16
% of Calories		71.4%
Nutrient Guideline		

Mon - 02/25/2019		
Breakfast - All Schools K-12	Total	
Frudel Apple	frudel	35.96
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0

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Page 5

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Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Weighted Daily Average		35.96
% of Calories		68.6%
Nutrient Guideline		

Tue - 02/26/2019		
Breakfast - All Schools K-12	Total	
Cinni Mini's	serving	40.0
Juice, Shelf Stable Apple 4oz	box	13.16
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		274.13
% of Calories		82.2%
Nutrient Guideline		

Wed - 02/27/2019		
Breakfast - All Schools K-12	Total	
Breakfast Bagel Saus/Cheese	bagel	19.0
Juice, Shelf Stable Grape 4oz	box	18.17
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		273.19
% of Calories		83.8%
Nutrient Guideline		

Thu - 02/28/2019		
Breakfast - All Schools K-12	Total	
Waffles Mini Maple	pouch	38.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Fruit 4oz	box	15.04
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		299.65
% of Calories		85.0%
Nutrient Guideline		

Weighted Average		272.83
		80.9%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	272.83	80.93%						

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