

# Oxford City Schools

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Mar 18, 2019 thru May 31, 2019

Breakfast - All Schools K-12

Generated on: 3/18/2019 10:30:39 AM

	Portion Size	Carb (g)
Mon - 03/18/2019		
Breakfast - All Schools K-12	Total	
Pancake Pup	pup	18.0
Juice, Orange 4oz	carton	15.67
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		254.33
% of Calories		76.7%
Nutrient Guideline		

Tue - 03/19/2019		
Breakfast - All Schools K-12	Total	
Pancakes Mini Blueberry	pouch	35.0
Syrup, Pancake	pack	20.0
Juice, Apple 4oz	carton	13.16
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		281.31
% of Calories		83.3%
Nutrient Guideline		

Wed - 03/20/2019		
Breakfast - All Schools K-12	Total	
Breakfast Bagel	bagel	19.0
Juice, Grape 4oz	carton	1.74
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		199.63
% of Calories		78.2%
Nutrient Guideline		

Thu - 03/21/2019		
Breakfast - All Schools K-12	Total	
French Toast Bites Cinnamon	pouch	37.0
Syrup, Pancake	pack	20.0
Juice, Fruit 4oz	carton	15.04
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		290.83
% of Calories		83.9%
Nutrient Guideline		

Fri - 03/22/2019		
Breakfast - All Schools K-12	Total	
Breakfast Sandwich	sandwich	19.0
Juice, Orange 4oz	carton	15.67
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Mar 18, 2019 thru May 31, 2019

Breakfast - All Schools K-12

Generated on: 3/18/2019 10:30:39 AM

	Portion Size	Carb (g)
Weighted Daily Average		255.33
% of Calories		82.0%
Nutrient Guideline		

Mon - 03/25/2019		
Breakfast - All Schools K-12	Total holiday	0.0
Holiday		
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

Tue - 03/26/2019		
Breakfast - All Schools K-12	Total holiday	0.0
Holiday		
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

Wed - 03/27/2019		
Breakfast - All Schools K-12	Total holiday	0.0
Holiday		
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

Thu - 03/28/2019		
Breakfast - All Schools K-12	Total holiday	0.0
Holiday		
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

Fri - 03/29/2019		
Breakfast - All Schools K-12	Total holiday	0.0
Holiday		
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

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Page 3

Mar 18, 2019 thru May 31, 2019

Breakfast - All Schools K-12

Generated on: 3/18/2019 10:30:39 AM

	Portion Size	Carb (g)
Mon - 04/01/2019		
Breakfast - All Schools K-12	Total	
Honey Bun	bun	32.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		261.67
% of Calories		76.7%
Nutrient Guideline		

Tue - 04/02/2019		
Breakfast - All Schools K-12	Total	
Pancakes Mini Strawberry	pouch	40.0
Syrup, Pancake	pack	20.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		289.67
% of Calories		84.2%
Nutrient Guideline		

Wed - 04/03/2019		
Breakfast - All Schools K-12	Total	
Breakfast Wrap	wrap	17.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		246.67
% of Calories		77.4%
Nutrient Guideline		

Thu - 04/04/2019		
Breakfast - All Schools K-12	Total	
French Toast Bites Berry	pouch	36.0
Syrup, Pancake	pack	20.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		285.67
% of Calories		83.1%
Nutrient Guideline		

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Mar 18, 2019 thru May 31, 2019

Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Fri - 04/05/2019		
Breakfast - All Schools K-12	Total	
Biscuit, Southern Style	biscuit	28.0
Sausage Patty	patty	0.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		257.67
% of Calories		69.9%
Nutrient Guideline		

Mon - 04/08/2019		
Breakfast - All Schools K-12	Total	
Cinni Mini's	serving	40.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		289.67
% of Calories		83.0%
Nutrient Guideline		

Tue - 04/09/2019		
Breakfast - All Schools K-12	Total	
Pancakes Mini Maple	pouch	35.0
Syrup, Pancake	pack	20.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		304.67
% of Calories		84.3%
Nutrient Guideline		

Wed - 04/10/2019		
Breakfast - All Schools K-12	Total	
Breakfast Pizza	pizza	36.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		285.67
% of Calories		81.0%
Nutrient Guideline		

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Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Thu - 04/11/2019		
Breakfast - All Schools K-12	Total	
Waffles, Mini Berry	pouch	37.0
Syrup, Pancake	pack	20.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		306.67
% of Calories		84.9%
Nutrient Guideline		

Fri - 04/12/2019		
Breakfast - All Schools K-12	Total	
Biscuit, Southern Style	biscuit	28.0
Chicken Breakfast Patty	patty	7.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		284.67
% of Calories		76.1%
Nutrient Guideline		

Mon - 04/15/2019		
Breakfast - All Schools K-12	Total	
Pancake Pup	pup	18.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		247.67
% of Calories		75.3%
Nutrient Guideline		

Tue - 04/16/2019		
Breakfast - All Schools K-12	Total	
Pancakes Mini Blueberry	pouch	35.0
Syrup, Pancake	pack	20.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		284.67
% of Calories		83.4%
Nutrient Guideline		

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## Base Menu Spreadsheet Portion Values - Detailed

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Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Wed - 04/17/2019		
Breakfast - All Schools K-12	Total	
Breakfast Bagel	bagel	19.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		248.67
% of Calories		80.5%
Nutrient Guideline		

Thu - 04/18/2019		
Breakfast - All Schools K-12	Total	
French Toast Bites Cinnamon	pouch	37.0
Syrup, Pancake	pack	20.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		286.67
% of Calories		83.4%
Nutrient Guideline		

Fri - 04/19/2019		
Breakfast - All Schools K-12	Total	
Breakfast Sandwich	sandwich	19.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		248.67
% of Calories		80.5%
Nutrient Guideline		

Mon - 04/22/2019		
Breakfast - All Schools K-12	Total	
Poptarts Strawberry	poptarts (2)	74.0
Juice, Frozen Orange/Pineapple	juice	15.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		307.67
% of Calories		85.7%
Nutrient Guideline		

Tue - 04/23/2019		
Breakfast - All Schools K-12	Total	
Pancakes Mini Strawberry	pouch	40.0
Syrup, Pancake	pack	20.0
Juice, Frozen Orange/Pineapple	juice	15.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0

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Mar 18, 2019 thru May 31, 2019

Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Weighted Daily Average		293.67
% of Calories		85.4%
Nutrient Guideline		

Wed - 04/24/2019		
Breakfast - All Schools K-12	Total	
Breakfast Wrap	wrap	17.0
Juice, Frozen Orange/Pineapple	juice	15.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		250.67
% of Calories		78.6%
Nutrient Guideline		

Thu - 04/25/2019		
Breakfast - All Schools K-12	Total	
Waffles, Mini Maple	pouch	38.0
Syrup, Pancake	pack	20.0
Juice, Frozen Orange/Pineapple	juice	15.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		291.67
% of Calories		85.4%
Nutrient Guideline		

Fri - 04/26/2019		
Breakfast - All Schools K-12	Total	
Pancake Pup Blueberry	pup	20.0
Juice, Frozen Orange/Pineapple	juice	15.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		253.67
% of Calories		78.9%
Nutrient Guideline		

Mon - 04/29/2019		
Breakfast - All Schools K-12	Total	
Honey Bun	bun	32.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		261.67
% of Calories		76.7%
Nutrient Guideline		

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	Portion Size	Carb (g)
Tue - 04/30/2019		
Breakfast - All Schools K-12	Total	
Pancakes Mini Maple	pouch	35.0
Syrup, Pancake	pack	20.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		284.67
% of Calories		83.4%
Nutrient Guideline		

Wed - 05/01/2019		
Breakfast - All Schools K-12	Total	
Breakfast Wrap	wrap	17.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		246.67
% of Calories		77.4%
Nutrient Guideline		

Thu - 05/02/2019		
Breakfast - All Schools K-12	Total	
French Toast Bites Berry	pouch	36.0
Syrup, Pancake	pack	20.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		285.67
% of Calories		83.1%
Nutrient Guideline		

Fri - 05/03/2019		
Breakfast - All Schools K-12	Total	
Biscuit, Southern Style	biscuit	28.0
Sausage Patty	patty	0.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		257.67
% of Calories		69.9%
Nutrient Guideline		

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Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Mon - 05/06/2019		
Breakfast - All Schools K-12	Total	
Cinni Mini's	serving	40.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		289.67
% of Calories		83.0%
Nutrient Guideline		

Tue - 05/07/2019		
Breakfast - All Schools K-12	Total	
Pancakes Mini Blueberry	pouch	35.0
Syrup, Pancake	pack	20.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		304.67
% of Calories		84.3%
Nutrient Guideline		

Wed - 05/08/2019		
Breakfast - All Schools K-12	Total	
Breakfast Pizza	pizza	36.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		285.67
% of Calories		81.0%
Nutrient Guideline		

Thu - 05/09/2019		
Breakfast - All Schools K-12	Total	
Waffles, Mini Berry	pouch	37.0
Syrup, Pancake	pack	20.0
Juice, Frozen Grape	juice	19.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		306.67
% of Calories		84.9%
Nutrient Guideline		

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Mar 18, 2019 thru May 31, 2019

Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Fri - 05/10/2019		
Breakfast - All Schools K-12	Total	
Biscuit, Southern Style	biscuit	28.0
Chicken Breakfast Patty	patty	7.0
Juice, Frozen Orange	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		264.67
% of Calories		74.8%
Nutrient Guideline		

Mon - 05/13/2019		
Breakfast - All Schools K-12	Total	
Pancake Pup	pup	18.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		247.67
% of Calories		75.3%
Nutrient Guideline		

Tue - 05/14/2019		
Breakfast - All Schools K-12	Total	
Pancakes Mini Maple	pouch	35.0
Syrup, Pancake	pack	20.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		284.67
% of Calories		83.4%
Nutrient Guideline		

Wed - 05/15/2019		
Breakfast - All Schools K-12	Total	
Breakfast Bagel	bagel	19.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		248.67
% of Calories		80.5%
Nutrient Guideline		

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Mar 18, 2019 thru May 31, 2019

Breakfast - All Schools K-12

Generated on: 3/18/2019 10:30:39 AM

	Portion Size	Carb (g)
Thu - 05/16/2019		
Breakfast - All Schools K-12	Total	
French Toast Bites Cinnamon Syrup, Pancake	pouch pack	37.0 20.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		286.67
% of Calories		83.4%
Nutrient Guideline		

Fri - 05/17/2019		
Breakfast - All Schools K-12	Total	
Breakfast Sandwich	sandwich	19.0
Juice, Frozen Apple	juice	14.0
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		248.67
% of Calories		80.5%
Nutrient Guideline		

Mon - 05/20/2019		
Breakfast - All Schools K-12	Total	
Poptarts Strawberry	poptarts (2)	74.0
Juice, Frozen Variety	juice	15.2
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		308.47
% of Calories		85.0%
Nutrient Guideline		

Tue - 05/21/2019		
Breakfast - All Schools K-12	Total	
Pancakes Mini Strawberry Syrup, Pancake	pouch pack	40.0 20.0
Juice, Frozen Variety	juice	15.2
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		294.47
% of Calories		84.7%
Nutrient Guideline		

Wed - 05/22/2019		
Breakfast - All Schools K-12	Total	
Breakfast Wrap	wrap	17.0
Juice, Frozen Variety	juice	15.2
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0

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Breakfast - All Schools K-12

Portion Values - Detailed

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	Portion Size	Carb (g)
Weighted Daily Average		251.47
% of Calories		77.9%
Nutrient Guideline		

Thu - 05/23/2019		
Breakfast - All Schools K-12	Total	
Waffles, Mini Maple	pouch	38.0
Syrup, Pancake	pack	20.0
Juice, Frozen Variety	juice	15.2
Fresh Fruit Choice	fruit	25.42
Milk Choice	milk	18.0
Weighted Daily Average		292.47
% of Calories		84.7%
Nutrient Guideline		

Weighted Average		274.06
		80.8%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	274.06	80.85%						

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