

Oxford City Schools

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Dec 1, 2018 thru Dec 31, 2018

Breakfast - All Schools K-12

Generated on: 10/30/2018 10:17:36 AM

	Portion Size	Carb (g)
Mon - 12/03/2018		
Breakfast - All Schools K-12	Total	
Honey Bun	bun	32.0
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		159.49
% of Calories		77.0%
Nutrient Guideline		

Tue - 12/04/2018		
Breakfast - All Schools K-12	Total	
Pancakes Mini Maple	pouch	35.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Apple 4oz	box	13.16
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		235.13
% of Calories		89.2%
Nutrient Guideline		

Wed - 12/05/2018		
Breakfast - All Schools K-12	Total	
Pizza, Breakfast	pizza	24.0
Juice, Shelf Stable Grape 4oz	box	18.17
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		224.19
% of Calories		91.1%
Nutrient Guideline		

Thu - 12/06/2018		
Breakfast - All Schools K-12	Total	
French Toast Berry	pouch	36.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Fruit 4oz	box	15.04
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		243.66
% of Calories		89.5%
Nutrient Guideline		

Fri - 12/07/2018		
Breakfast - All Schools K-12	Total	
Sausage Maple Bites 3ct	bites (3)	15.0
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0

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Breakfast - All Schools K-12

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	Portion Size	Carb (g)
Weighted Daily Average		205.16
% of Calories		84.7%
Nutrient Guideline		

Mon - 12/10/2018		
Breakfast - All Schools K-12	Total	
Cinni Mini's	serving	40.0
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		230.16
% of Calories		89.4%
Nutrient Guideline		

Tue - 12/11/2018		
Breakfast - All Schools K-12	Total	
Pancakes Mini Blueberry	pouch	35.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Apple 4oz	box	13.16
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		235.13
% of Calories		89.2%
Nutrient Guideline		

Wed - 12/12/2018		
Breakfast - All Schools K-12	Total	
Breakfast Bagel Saus/Cheese	bagel	19.0
Juice, Shelf Stable Grape 4oz	box	18.17
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		219.19
% of Calories		90.0%
Nutrient Guideline		

Thu - 12/13/2018		
Breakfast - All Schools K-12	Total	
French Toast Cinnamon	pouch	37.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Fruit 4oz	box	15.04
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		244.65
% of Calories		89.8%
Nutrient Guideline		

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	Portion Size	Carb (g)
Fri - 12/14/2018		
Breakfast - All Schools K-12	Total	
Breakfast Sandwich Egg/Cheese	sandwich	19.0
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		209.16
% of Calories		88.1%
Nutrient Guideline		

Mon - 12/17/2018		
Breakfast - All Schools K-12	Total	
Honey Bun	bun	32.0
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		159.49
% of Calories		77.0%
Nutrient Guideline		

Tue - 12/18/2018		
Breakfast - All Schools K-12	Total	
Poptart Straw - 2	poptarts (2)	74.0
Juice, Shelf Stable Apple 4oz	box	13.16
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		254.13
% of Calories		90.4%
Nutrient Guideline		

Wed - 12/19/2018		
Breakfast - All Schools K-12	Total	
Break	break	0.0
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

Thu - 12/20/2018		
Breakfast - All Schools K-12	Total	
Break	break	0.0
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

Fri - 12/21/2018		
Breakfast - All Schools K-12	Total	
Break	break	0.0

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	Portion Size	Carb (g)
Weighted Daily Average % of Calories		0.00 0.0%
Nutrient Guideline		

Mon - 12/24/2018		
Breakfast - All Schools K-12 Break	Total break	0.0
Weighted Daily Average % of Calories		0.00 0.0%
Nutrient Guideline		

Tue - 12/25/2018		
Breakfast - All Schools K-12 Break	Total break	0.0
Weighted Daily Average % of Calories		0.00 0.0%
Nutrient Guideline		

Wed - 12/26/2018		
Breakfast - All Schools K-12 Break	Total break	0.0
Weighted Daily Average % of Calories		0.00 0.0%
Nutrient Guideline		

Thu - 12/27/2018		
Breakfast - All Schools K-12 Break	Total break	0.0
Weighted Daily Average % of Calories		0.00 0.0%
Nutrient Guideline		

Fri - 12/28/2018		
Breakfast - All Schools K-12 Break	Total break	0.0
Weighted Daily Average % of Calories		0.00 0.0%
Nutrient Guideline		

Mon - 12/31/2018		
Breakfast - All Schools K-12 Break	Total break	0.0

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	Portion Size	Carb (g)
Weighted Daily Average % of Calories		0.00 0.0%
Nutrient Guideline		

Weighted Average		218.30 87.5%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	218.30	87.49%						

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