

# Oxford City Schools

## Recipe Carbohydrates List

Aug 16, 2018

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No.	Description	Portion Size	Carbohydrates (Grams)
000409	Milk - 1%	milk	13.00
000471	Milk - Fat Free	milk	12.00
000407	Milk - Fat Free - Chocolate	milk	22.00
000458	Milk - Fat Free Strawberry	milk	21.00
000371	Milk - Fat Free Vanilla	milk	23.00

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**