

Oxford City Schools

Dec 1, 2018 thru Dec 31, 2018

Base Menu Spreadsheet

Oxford High Lunch 9-12

Portion Values - Detailed

Page 1

Generated on: 10/30/2018 10:18:00 AM

| | Portion Size | Carb (g) |
|-------------------------------|--------------|----------|
| Mon - 12/03/2018 | | |
| Oxford High Lunch 9-12 | Total | |
| December Big O Meal | meal | 93.16 |
| Pizza, Manager Choice | slice | 52.25 |
| Bun, Hamburger | bun | 27.0 |
| Chicken, Brd Brst Spicy Patty | patty | 16.27 |
| Potatoes, Mashed | 1/2 cup | 15.0 |
| Gravy, Brown 1/4c | 1/4 cup | 2.99 |
| Beans, Green Can | 1/2 cup | 3.69 |
| Salad, Romaine 1 cup | 1 cup | 1.9 |
| Ranch Dressing 2oz | 2 oz | 2.07 |
| Cheese, Ched Shred 2oz USDA | 2 oz | 2.02 |
| Crackers, Club Salad 1 pack | pack | 5.0 |
| Juice, Shelf Stable Apple 4oz | box | 13.16 |
| Fresh Fruit Choice | fruit | 27.37 |
| Milk Choice | milk | 18.0 |
| Ketchup 4 | packs (4) | 12.0 |
| Mustard | packs (2) | 0.0 |
| Mayonnaise | pack | 1.0 |
| Lettuce, Leaf | leaf | 0.37 |
| Tomatoes Sliced | slice | 1.03 |
| Weighted Daily Average | | 294.30 |
| % of Calories | | 54.9% |
| Nutrient Guideline | | |

| | Portion Size | Carb (g) |
|-------------------------------|--------------|----------|
| Tue - 12/04/2018 | | |
| Oxford High Lunch 9-12 | Total | |
| December Big O Meal | meal | 93.16 |
| Pizza, Cheese Mini Round | serving | 40.0 |
| Chicken Diced | 1 oz | 0.5 |
| Turkey, Ham Diced 1oz | 1 oz | 0.51 |
| Cheese, Mozz Shred 2oz USDA | 2 oz | 4.0 |
| Cheese, Ched Shred 2oz USDA | 2 oz | 2.02 |
| Potatoes, Tots | tots (8) | 14.0 |
| Peas, Green Can | 1/2 cup | 14.77 |
| Salad, Romaine 1 cup | 1 cup | 1.9 |
| Tomatoes Grape (3ct) | tomatoes (3) | 1.5 |
| Crackers, Club Salad 1 pack | pack | 5.0 |
| Cheese, Ched Shred 2oz USDA | 2 oz | 2.02 |
| Ranch Dressing 2oz | 2 oz | 2.07 |
| Juice, Shelf Stable Grape 4oz | box | 18.17 |
| Fresh Fruit Choice | fruit | 27.37 |
| Milk Choice | milk | 18.0 |
| Buffalo Sauce 1oz | 1 oz | 0.0 |
| BBQ Sauce Bulk 1oz | 1 oz | 7.29 |
| Ranch Dressing 2oz | 2 oz | 2.07 |
| Ketchup 2 | packs (2) | 6.0 |
| Olives, Black 1 tbsp | 1 tbsp | 0.0 |
| Weighted Daily Average | | 92.50 |
| % of Calories | | 44.7% |
| Nutrient Guideline | | |

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|--------------------------------|--------------|----------|
| Wed - 12/05/2018 | | |
| Oxford High Lunch 9-12 | Total | |
| December Big O Meal | meal | 93.16 |
| Pizza, Manager Choice | slice | 52.25 |
| Pancakes - 3 | pancakes (3) | 41.14 |
| Sausage Links 2 ct | links (2) | 0.0 |
| Blueberries, Frozen 1/2 c | 1/2 cup | 8.77 |
| Strawberry Glaze | 1/4 cup | 24.0 |
| Syrup, Bulk 2 oz serving | 2 oz | 50.0 |
| Potatoes, Diced | potatoes | 25.11 |
| Salad, Romaine 1 cup | 1 cup | 1.9 |
| Tomatoes Grape (3ct) | tomatoes (3) | 1.5 |
| Cheese, Ched Shred 2oz USDA | 2 oz | 2.02 |
| Crackers, Club Salad 1 pack | pack | 5.0 |
| Ranch Dressing 2oz | 2 oz | 2.07 |
| Juice, Shelf Stable Orange 4oz | box | 15.67 |
| Fresh Fruit Choice | fruit | 27.37 |
| Milk Choice | milk | 18.0 |
| Ketchup 2 | packs (2) | 6.0 |
| Cookie, Chocolate Chip | cookie | 18.0 |
| Weighted Daily Average | | 391.96 |
| % of Calories | | 61.0% |
| Nutrient Guideline | | |

| | | |
|--------------------------------|------------|--------|
| Thu - 12/06/2018 | | |
| Oxford High Lunch 9-12 | Total | |
| December Big O Meal | meal | 93.16 |
| Pizza, Manager Choice | slice | 52.25 |
| Pizza, Cheesy Dippers | sticks (2) | 34.0 |
| Marinara Sauce Dipping Cup | 1 each | 7.13 |
| Beans, Pinto Can | 1/2 cup | 23.73 |
| Broccoli | 1/2 cup | 4.45 |
| Cheese Sauce, Cheddar Dry 2 oz | 2 oz | 9.62 |
| Juice, Shelf Stable Apple 4oz | box | 13.16 |
| Fresh Fruit Choice | fruit | 27.37 |
| Salad, Romaine 1 cup | 1 cup | 1.9 |
| Ranch Dressing 2oz | 2 oz | 2.07 |
| Cheese, Ched Shred 2oz USDA | 2 oz | 2.02 |
| Crackers, Club Salad 1 pack | pack | 5.0 |
| Milk Choice | milk | 18.0 |
| Weighted Daily Average | | 293.86 |
| % of Calories | | 55.3% |
| Nutrient Guideline | | |

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| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Fri - 12/07/2018 | | |
| Oxford High Lunch 9-12 | Total | |
| December Big O Meal | meal | 93.16 |
| Pizza, Manager Choice | slice | 52.25 |
| Waffles Mini Maple | pouch | 38.0 |
| Chicken, Tenders Crispy 2ct | tenders (2) | 11.33 |
| Potatoes, Wedges | 1/2 cup | 20.0 |
| Corn, Nuggets Frozen 7ct/.5c | nuggets (7) | 36.76 |
| Juice, Shelf Stable Orange 4oz | box | 15.67 |
| Fresh Fruit Choice | fruit | 27.37 |
| Salad, Romaine 1 cup | 1 cup | 1.9 |
| Tomatoes Grape (3ct) | tomatoes (3) | 1.5 |
| Cheese, Ched Shred 2oz USDA | 2 oz | 2.02 |
| Crackers, Club Salad 1 pack | pack | 5.0 |
| Milk Choice | milk | 18.0 |
| Syrup, Pancake Table 1 each | syrup | 20.0 |
| Ranch Dressing 2oz | 2 oz | 2.07 |
| Ketchup 4 | packs (4) | 12.0 |
| Cookie, Carnival | cookie | 18.0 |
| Weighted Daily Average | | 375.04 |
| % of Calories | | 59.3% |
| Nutrient Guideline | | |

| | | |
|--------------------------------|-----------|--------|
| Mon - 12/10/2018 | | |
| Oxford High Lunch 9-12 | Total | |
| December Big O Meal | meal | 93.16 |
| Pizza, Manager Choice | slice | 52.25 |
| Bun, Hamburger | bun | 27.0 |
| Chicken, Brd Breast Patty Mild | patty | 19.43 |
| Potatoes, Wedges | 1/2 cup | 20.0 |
| Peas, Black Eyed Can USDA | 1/2 cup | 19.0 |
| Salad, Romaine 1 cup | 1 cup | 1.9 |
| Cheese, Ched Shred 2oz USDA | 2 oz | 2.02 |
| Crackers, Club Salad 1 pack | pack | 5.0 |
| Ranch Dressing 2oz | 2 oz | 2.07 |
| Juice, Shelf Stable Apple 4oz | box | 13.16 |
| Fresh Fruit Choice | fruit | 27.37 |
| Milk Choice | milk | 18.0 |
| Lettuce, Leaf | leaf | 0.37 |
| Tomatoes Sliced | slice | 1.03 |
| Onions, Fresh Chop/Diced 1/4c | 1/4 cup | 4.55 |
| Ketchup 4 | packs (4) | 12.0 |
| Mustard | packs (2) | 0.0 |
| Mayonnaise | pack | 1.0 |
| Pickles, Dill Slices (8ct) | 8 ct | 0.0 |
| Weighted Daily Average | | 319.33 |
| % of Calories | | 55.9% |
| Nutrient Guideline | | |

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|--------------------------------|---------------|----------|
| Tue - 12/11/2018 | | |
| Oxford High Lunch 9-12 | Total meal | 93.16 |
| December Big O Meal | slice | 52.25 |
| Pizza, Manager Choice | slice | 52.25 |
| Crispitos | crispitos (2) | 46.0 |
| Beans, Pinto Can | 1/2 cup | 23.73 |
| Corn, Frozen | 1/2 cup | 17.25 |
| Salad, Romaine 1 cup | 1 cup | 1.9 |
| Ranch Dressing 2oz | 2 oz | 2.07 |
| Cheese, Ched Shred 2oz USDA | 2 oz | 2.02 |
| Crackers, Club Salad 1 pack | pack | 5.0 |
| Juice, Shelf Stable Grape 4oz | box | 18.17 |
| Fresh Fruit Choice | fruit | 27.37 |
| Milk Choice | milk | 18.0 |
| Cheese Sauce, Cheddar Dry 2 oz | 2 oz | 9.62 |
| Salsa, Can USDA 2oz | 2 oz | 4.0 |
| Weighted Daily Average | | 320.56 |
| % of Calories | | 52.8% |
| Nutrient Guideline | | |

| | Portion Size | Carb (g) |
|--------------------------------|---------------|----------|
| Wed - 12/12/2018 | | |
| Oxford High Lunch 9-12 | Total meal | 93.16 |
| December Big O Meal | slice | 52.25 |
| Pizza, Manager Choice | slice | 52.25 |
| Chicken Bites - 6 ct | serving (6ct) | 21.0 |
| Roll, Non-Bake Slider | bun | 15.0 |
| Potatoes, Mashed | 1/2 cup | 15.0 |
| Gravy, Brown 1/4c | 1/4 cup | 2.99 |
| Beans, Green Can | 1/2 cup | 3.69 |
| Salad, Romaine 1 cup | 1 cup | 1.9 |
| Crackers, Club Salad 1 pack | pack | 5.0 |
| Cheese, Ched Shred 2oz USDA | 2 oz | 2.02 |
| Ranch Dressing 2oz | 2 oz | 2.07 |
| Juice, Shelf Stable Orange 4oz | box | 15.67 |
| Fresh Fruit Choice | fruit | 27.37 |
| Milk Choice | milk | 18.0 |
| Ranch Dressing 2oz | 2 oz | 2.07 |
| Honey Mustard 2oz Bulk | 2 oz | 10.0 |
| Ketchup 2 | packs (2) | 6.0 |
| Cookie, Vanilla Sugar | cookie | 18.0 |
| Weighted Daily Average | | 155.60 |
| % of Calories | | 48.7% |
| Nutrient Guideline | | |

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| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Thu - 12/13/2018 | | |
| Oxford High Lunch 9-12 | Total | |
| December Big O Meal | meal | 93.16 |
| Pizza, Manager Choice | slice | 52.25 |
| Potatoes, Tots | tots (8) | 14.0 |
| Peas, Green Can | 1/2 cup | 14.77 |
| Fresh Fruit Choice | fruit | 27.37 |
| Juice, Variety 4 oz Shelf Stab | juice | 15.51 |
| Milk Choice | milk | 18.0 |
| Ketchup 2 | packs (2) | 6.0 |
| Weighted Daily Average | | 241.06 |
| % of Calories | | 60.8% |
| Nutrient Guideline | | |

| | | |
|--------------------------------|-----------|--------|
| Fri - 12/14/2018 | | |
| Oxford High Lunch 9-12 | Total | |
| December Big O Meal | meal | 93.16 |
| Pizza, Manager Choice | slice | 52.25 |
| Potatoes, Tots | tots (8) | 14.0 |
| Beans, Refried | 1/2 cup | 18.42 |
| Fresh Fruit Choice | fruit | 27.37 |
| Juice, Variety 4 oz Shelf Stab | juice | 15.51 |
| Milk Choice | milk | 18.0 |
| Ketchup 2 | packs (2) | 6.0 |
| Weighted Daily Average | | 244.72 |
| % of Calories | | 61.7% |
| Nutrient Guideline | | |

| | | |
|--------------------------------|-----------|--------|
| Mon - 12/17/2018 | | |
| Oxford High Lunch 9-12 | Total | |
| December Big O Meal | meal | 93.16 |
| Pizza, Manager Choice | slice | 52.25 |
| Potatoes, Tots | tots (8) | 14.0 |
| Corn, Frozen | 1/2 cup | 17.25 |
| Fresh Fruit Choice | fruit | 27.37 |
| Juice, Variety 4 oz Shelf Stab | juice | 15.51 |
| Milk Choice | milk | 18.0 |
| Ketchup 2 | packs (2) | 6.0 |
| Weighted Daily Average | | 243.54 |
| % of Calories | | 61.7% |
| Nutrient Guideline | | |

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| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Tue - 12/18/2018 | | |
| Oxford High Lunch 9-12 | Total | |
| December Big O Meal | meal | 93.16 |
| Pizza, Manager Choice | slice | 52.25 |
| Potatoes, Tots | tots (8) | 14.0 |
| Beans, Green Can | 1/2 cup | 3.69 |
| Fresh Fruit Choice | fruit | 27.37 |
| Juice, Variety 4 oz Shelf Stab | juice | 15.51 |
| Milk Choice | milk | 18.0 |
| Ketchup 2 | packs (2) | 6.0 |
| Weighted Daily Average | | 229.99 |
| % of Calories | | 61.5% |
| Nutrient Guideline | | |

| | | |
|------------------------|-------|------|
| Wed - 12/19/2018 | | |
| Oxford High Lunch 9-12 | Total | |
| Break | break | 0.0 |
| Weighted Daily Average | | 0.00 |
| % of Calories | | 0.0% |
| Nutrient Guideline | | |

| | | |
|------------------------|-------|------|
| Thu - 12/20/2018 | | |
| Oxford High Lunch 9-12 | Total | |
| Break | break | 0.0 |
| Weighted Daily Average | | 0.00 |
| % of Calories | | 0.0% |
| Nutrient Guideline | | |

| | | |
|------------------------|-------|------|
| Fri - 12/21/2018 | | |
| Oxford High Lunch 9-12 | Total | |
| Break | break | 0.0 |
| Weighted Daily Average | | 0.00 |
| % of Calories | | 0.0% |
| Nutrient Guideline | | |

| | | |
|------------------------|-------|------|
| Mon - 12/24/2018 | | |
| Oxford High Lunch 9-12 | Total | |
| Break | break | 0.0 |
| Weighted Daily Average | | 0.00 |
| % of Calories | | 0.0% |
| Nutrient Guideline | | |

| | | |
|------------------------|-------|-----|
| Tue - 12/25/2018 | | |
| Oxford High Lunch 9-12 | Total | |
| Break | break | 0.0 |

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| | Portion Size | Carb (g) |
|--------------------------------------|--------------|--------------|
| Weighted Daily Average % of Calories | | 0.00 0.0% |
| Nutrient Guideline | | |

| Wed - 12/26/2018 | | |
|--------------------------------------|-------------|--------------|
| Oxford High Lunch 9-12 Break | Total break | 0.0 |
| Weighted Daily Average % of Calories | | 0.00 0.0% |
| Nutrient Guideline | | |

| Thu - 12/27/2018 | | |
|--------------------------------------|-------------|--------------|
| Oxford High Lunch 9-12 Break | Total break | 0.0 |
| Weighted Daily Average % of Calories | | 0.00 0.0% |
| Nutrient Guideline | | |

| Fri - 12/28/2018 | | |
|--------------------------------------|-------------|--------------|
| Oxford High Lunch 9-12 Break | Total break | 0.0 |
| Weighted Daily Average % of Calories | | 0.00 0.0% |
| Nutrient Guideline | | |

| | | |
|------------------|--|-----------------|
| Weighted Average | | 266.87 57.1% |
|------------------|--|-----------------|

| Nutrient | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Carbohydrate (g) | 266.87 | 57.09% | | | | | | |

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