

# Oxford City Schools

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Nov 1, 2019 thru Dec 31, 2019

Oxford High Lunch 9-12

Generated on: 6/17/2019 2:35:33 PM

	Portion Size	Reimb Qty	Carb (g)
<b>Fri - 11/01/2019</b>			
Oxford High Lunch 9-12	Total	600	
Chicken Crispy Patty	patty	525	19.43
Bun, Hamburger	bun	525	27.0
Pizza, Mini Cheese Round	pizza	50	40.0
Cereal/Sandwich/Cheese CT	entree	25	50.0
Potatoes, Crinkle Fries	fries (10)	500	13.5
Corn, Can Butter	1/2 cup	175	18.0
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Applesauce	1/2 cup	400	13.92
Fresh Fruit Choice	fruit	275	25.42
Ketchup 4pk	packs(4)	475	12.0
Mustard 2pk	pack (2)	100	0.0
Mayonnaise	pack	100	1.0
Lettuce, Leaves	leaf	275	0.37
Tomatoes Sliced	slice	275	1.03
Pickles, Slices (8ct)	8 ct	300	0.0
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	175	12.0
Milk - Skim	milk	25	12.0
Weighted Daily Average			114.89
% of Calories			58.7%
Nutrient Guideline			

<b>Mon - 11/04/2019</b>			
Oxford High Lunch 9-12	Total	7	
Hot Dog Frank, Beef	frank	1	1.0
Bun, Hot Dog	bun	1	27.0
Pizza, Fiestada	slice	1	39.0
Cereal/Sandwich/Cheese CT	entree	1	50.0
Potatoes, Crinkle Fries	fries (10)	1	13.5
Broccoli, Frozen USDA	1/2 cup	1	4.51
Cheese Sauce, Dry 2oz	2 oz	1	9.62
Salad, Romaine 1 cup	cup	1	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	1	2.99
Dressing, Ranch FF Pack	packs (2)	1	6.0
Cheese, Shred 2oz USDA	2 oz	1	2.02
Oranges, Mandarin Can Drained	1/2 cup	1	18.0
Fresh Fruit Choice	fruit	1	25.42
Ketchup 4pk	packs(4)	1	12.0
Mustard 2pk	pack (2)	1	0.0
Mayonnaise	pack	1	1.0
Cheese, Shred 2oz USDA	2 oz	1	2.02
Chili Sauce for Hot Dog	1 oz	1	1.91
Milk - Chocolate FF	milk	1	22.0
Milk - Strawberry FF	milk	1	21.0
Milk - 1%	milk	1	12.0
Milk - Skim	milk	1	12.0

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Oxford High Lunch 9-12

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			40.70
% of Calories			48.3%
Nutrient Guideline			

Tue - 11/05/2019			
Oxford High Lunch 9-12	Total	7	
Pancakes Mini Maple	pouch	1	35.0
Sausage Patty	patty	1	0.0
Pizza, Fiestada	slice	1	39.0
Cereal/Sandwich/Cheese CT	entree	1	50.0
Potatoes, Tots	tots (8)	1	14.04
Carrots, Can Glazed	1/2 cup	1	10.85
Salad, Romaine 1 cup	cup	1	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	1	2.99
Dressing, Ranch FF Pack	packs (2)	1	6.0
Cheese, Shred 2oz USDA	2 oz	1	2.02
Oranges, Mandarin Can Drained	1/2 cup	1	18.0
Fresh Fruit Choice	fruit	1	25.42
Cinnamon Roll - Baked	rolls	1	36.0
Icing, Homemade	1/2 oz	1	2.19
Ketchup 2pk	packs(2)	1	6.0
Syrup, Pancake	pack	1	20.0
Milk - Chocolate FF	milk	1	22.0
Milk - Strawberry FF	milk	1	21.0
Milk - 1%	milk	1	12.0
Milk - Skim	milk	1	12.0
Weighted Daily Average			48.06
% of Calories			52.5%
Nutrient Guideline			

Wed - 11/06/2019			
Oxford High Lunch 9-12	Total	600	
Chicken Tenders	tenders(3)	475	17.0
Biscuit, Southern Style	biscuit	400	28.0
Pizza, Fiestada	slice	100	39.0
Cereal/Sandwich/Cheese CT	entree	25	50.0
Potatoes, Wedges	1/2 cup	550	20.0
Peas, Green Can	1/2 cup	200	16.0
Salad, Romaine 1 cup	cup	110	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	110	2.99
Dressing, Ranch FF Pack	packs (2)	110	6.0
Cheese, Shred 2oz USDA	2 oz	110	2.02
Oranges, Mandarin Can Drained	1/2 cup	400	18.0
Fresh Fruit Choice	fruit	250	25.42
Ketchup 4pk	packs(4)	400	12.0
Honey Mustard Pack	pack	200	7.0
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	175	12.0
Milk - Skim	milk	25	12.0

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Nov 1, 2019 thru Dec 31, 2019

Oxford High Lunch 9-12

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			118.08
% of Calories			52.1%
Nutrient Guideline			

Thu - 11/07/2019			
Oxford High Lunch 9-12	Total	600	
Crispitos (2)	2 crispitos	400	46.0
Pizza, Fiestada	slice	150	39.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Corn, Can Butter	1/2 cup	375	18.0
Beans, Pinto Can Plain	1/2 cup	175	21.88
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Oranges, Mandarin Can Drained	1/2 cup	400	18.0
Fresh Fruit Choice	fruit	250	25.42
Taco Sauce Pack	2 pack	375	2.02
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	175	12.0
Milk - Skim	milk	25	12.0
Weighted Daily Average			107.17
% of Calories			48.4%
Nutrient Guideline			

Fri - 11/08/2019			
Oxford High Lunch 9-12	Total	600	
Chicken Spicy Patty	patty	475	16.27
Bun, Hamburger	bun	475	27.0
Pizza, Fiestada	slice	100	39.0
Cereal/Sandwich/Cheese CT	entree	25	50.0
Potatoes, Mashed	1/2 cup	400	15.36
Gravy, Brown	1/4 cup	300	2.99
Beans, Green Can Plain	1/2 cup	175	3.27
Salad, Romaine 1 cup	cup	100	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	100	2.99
Dressing, Ranch FF Pack	packs (2)	100	6.0
Cheese, Shred 2oz USDA	2 oz	100	2.02
Oranges, Mandarin Can Drained	1/2 cup	300	18.0
Fresh Fruit Choice	fruit	275	25.42
Ketchup 4pk	packs(4)	500	12.0
Mustard 2pk	pack (2)	100	0.0
Mayonnaise	pack	100	1.0
Lettuce, Leaves	leaf	200	0.37
Tomatoes Sliced	slice	200	1.03
Pickles, Slices (8ct)	8 ct	300	0.0
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	175	12.0
Milk - Skim	milk	25	12.0

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Oxford High Lunch 9-12

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			107.38
% of Calories			60.2%
Nutrient Guideline			

Tue - 11/12/2019			
Oxford High Lunch 9-12	Total	600	
Beef, Taco/Nacho USDA	2 oz serving	400	7.12
Chips, Doritos Nacho Cheese	bag	400	20.0
Pizza, French Bread	pizza	150	34.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Corn, Can Butter	1/2 cup	400	18.0
Beans, Pinto Can Plain	1/2 cup	175	21.88
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Peaches, Can Sliced Drain	1/2 cup	400	17.0
Fresh Fruit Choice	fruit	275	25.42
Cookie, Sugar	cookie	575	18.0
Rice, Brown 1/2 cup	1/2 cup	300	17.01
Jalapeno Peppers	1 oz	300	1.74
Sour Cream	pack	200	4.0
Salsa, Ortega 2 oz	2 oz	300	4.0
Lettuce, Romaine Shd/Chp	1/4 cup	200	0.48
Tomatoes Diced Fresh	1/4 cup	200	2.34
Cheese, Shred 2oz USDA	2 oz	300	2.02
Milk - Chocolate FF	milk	200	22.0
Milk - Strawberry FF	milk	100	21.0
Milk - 1%	milk	150	12.0
Milk - Skim	milk	50	12.0
Weighted Daily Average			121.55
% of Calories			52.0%
Nutrient Guideline			

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Oxford High Lunch 9-12

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	Portion Size	Reimb Qty	Carb (g)
<b>Wed - 11/13/2019</b>			
Oxford High Lunch 9-12	Total	600	
Chicken Bites - 6 ct	serving(6)	450	21.0
Roll, Non-Bake Slider	roll	375	15.0
Pizza, French Bread	pizza	100	34.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Potatoes, Mashed	1/2 cup	400	15.36
Gravy, Brown	1/4 cup	300	2.99
Beans, Green Can Plain	1/2 cup	175	3.27
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Peaches, Can Sliced Drain	1/2 cup	400	17.0
Fresh Fruit Choice	fruit	275	25.42
Ketchup 4pk	packs(4)	500	12.0
Honey Mustard Pack	pack	450	7.0
Milk - Chocolate FF	milk	300	22.0
Milk - Strawberry FF	milk	125	21.0
Milk - 1%	milk	150	12.0
Milk - Skim	milk	25	12.0
Weighted Daily Average			107.45
% of Calories			49.2%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Thu - 11/14/2019</b>			
Oxford High Lunch 9-12	Total	600	
Beef, Patty USDA	patty	450	0.0
Bun, Hamburger	bun	450	27.0
Cheese, Slice USDA	slice	400	1.01
Pizza, French Bread	pizza	100	34.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Potatoes, Crinkle Fries	fries (10)	500	13.5
Carrots, Can Glazed	1/2 cup	175	10.85
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	90	2.99
Dressing, Ranch FF Pack	packs (2)	100	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Peaches, Can Sliced Drain	1/2 cup	400	17.0
Fresh Fruit Choice	fruit	275	25.42
Ketchup 4pk	packs(4)	500	12.0
Mustard 2pk	pack (2)	100	0.0
Mayonnaise	pack	100	1.0
Lettuce, Leaves	leaf	200	0.37
Tomatoes Sliced	slice	200	1.03
Pickles, Slices (8ct)	8 ct	300	0.0
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	150	12.0
Milk - Skim	milk	50	12.0
Weighted Daily Average			99.47
% of Calories			54.5%
Nutrient Guideline			

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Nov 1, 2019 thru Dec 31, 2019

Oxford High Lunch 9-12

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	Portion Size	Reimb Qty	Carb (g)
Fri - 11/15/2019			
Oxford High Lunch 9-12	Total	600	
Chicken Crispy Patty	patty	500	19.43
Bun, Hamburger	bun	500	27.0
Pizza, French Bread	pizza	75	34.0
Cereal/Sandwich/Cheese CT	entree	25	50.0
Potatoes, Wedges	1/2 cup	575	20.0
Broccoli, Frozen USDA	1/2 cup	300	4.51
Cheese Sauce, Dry 2oz	2 oz	200	9.62
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Peaches, Can Sliced Drain	1/2 cup	300	17.0
Fresh Fruit Choice	fruit	250	25.42
Ketchup 4pk	packs(4)	425	12.0
Mustard 2pk	pack (2)	100	0.0
Mayonnaise	pack	100	1.0
Lettuce, Leaves	leaf	200	0.37
Tomatoes Sliced	slice	200	1.03
Pickles, Slices (8ct)	8 ct	300	0.0
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	100	21.0
Milk - 1%	milk	200	12.0
Milk - Skim	milk	50	12.0
Weighted Daily Average			118.23
% of Calories			58.0%
Nutrient Guideline			

Mon - 11/18/2019			
Oxford High Lunch 9-12	Total	600	
Hot Dog Frank, Beef	frank	450	1.0
Bun, Hot Dog	bun	450	27.0
Pizza, Stuffed Crust Pepperoni	slice	100	35.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Potatoes, Tots	tots (8)	550	14.04
Peas, Green Can	1/2 cup	175	16.0
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Pineapple, Chunks Can Drain	1/2 cup	400	16.0
Fresh Fruit Choice	fruit	250	25.42
Ketchup 4pk	packs(4)	400	12.0
Mustard 2pk	pack (2)	100	0.0
Mayonnaise	pack	100	1.0
Chili Sauce for Hot Dog	1 oz	300	1.91
Cheese, Shred 2oz USDA	2 oz	300	2.02
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	175	12.0
Milk - Skim	milk	25	12.0

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Oxford High Lunch 9-12

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			101.03
% of Calories			47.8%
Nutrient Guideline			

Tue - 11/19/2019			
Oxford High Lunch 9-12	Total	600	
Cheesy Dippers	pieces (2)	450	34.0
Marinara Sauce Dipping Cup	1 cup	450	7.13
Pizza, Stuffed Crust Pepperoni	slice	100	35.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Potatoes, Crinkle Fries	fries (10)	500	13.5
Broccoli, Frozen USDA	1/2 cup	400	4.51
Cheese Sauce, Dry 2oz	2 oz	300	9.62
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Pineapple, Chunks Can Drain	1/2 cup	400	16.0
Fresh Fruit Choice	fruit	275	25.42
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	150	12.0
Milk - Skim	milk	50	12.0
Weighted Daily Average			103.33
% of Calories			58.9%
Nutrient Guideline			

Wed - 11/20/2019			
Oxford High Lunch 9-12	Total	9	
Thanksgiving Meal Day	meal	1	0.0
Pizza, Stuffed Crust Pepperoni	slice	1	35.0
Cereal/Sandwich/Cheese CT	entree	1	50.0
Thanksgiving - Turkey	1 each	1	*N/A*
Thanksgiving - Dressing	1 each	1	*N/A*
Thanksgiving - Roll	1 each	1	*N/A*
Thanksgiving - Vegetable 1	1 each	1	*N/A*
Thanksgiving - Vegetable 2	1 each	1	*N/A*
Thanksgiving - Vegetable 3	1 each	1	*N/A*
Thanksgiving - Fruit	1 each	1	*N/A*
Thanksgiving - Gravy	1 each	1	*N/A*
Thanksgiving - Dessert	1 each	1	*N/A*
Thanksgiving - Other 1	1 each	1	*N/A*
Thanksgiving - Other 2	1 each	1	*N/A*
Milk - Chocolate FF	milk	1	22.0
Milk - Strawberry FF	milk	1	21.0
Milk - 1%	milk	1	12.0
Milk - Skim	milk	1	12.0
Weighted Daily Average			16.89
% of Calories			49.4%
Nutrient Guideline			

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Oxford High Lunch 9-12

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	Portion Size	Reimb Qty	Carb (g)
Thu - 11/21/2019			
Oxford High Lunch 9-12	Total	600	
Crispitos (2)	2 crispitos	450	46.0
Pizza, Stuffed Crust Pepperoni	slice	125	35.0
Cereal/Sandwich/Cheese CT	entree	25	50.0
Corn, Can Butter	1/2 cup	300	18.0
Beans, Pinto Can Plain	1/2 cup	175	21.88
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Pineapple, Chunks Can Drain	1/2 cup	400	16.0
Fresh Fruit Choice	fruit	250	25.42
Taco Sauce Pack	2 pack	425	2.02
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	175	21.0
Milk - 1%	milk	150	12.0
Milk - Skim	milk	25	12.0
Weighted Daily Average			103.43
% of Calories			48.0%
Nutrient Guideline			

Fri - 11/22/2019			
Oxford High Lunch 9-12	Total	600	
Chicken Spicy Patty	patty	450	16.27
Bun, Hamburger	bun	450	27.0
Pizza, Stuffed Crust Pepperoni	slice	100	35.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Potatoes, Wedges	1/2 cup	550	20.0
Carrots, Can Glazed	1/2 cup	175	10.85
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Pineapple, Chunks Can Drain	1/2 cup	400	16.0
Fresh Fruit Choice	fruit	250	25.42
Ketchup 4pk	packs(4)	450	12.0
Mustard 2pk	pack (2)	100	0.0
Mayonnaise	pack	100	1.0
Lettuce, Leaves	leaf	200	0.37
Tomatoes Sliced	slice	200	1.03
Pickles, Slices (8ct)	8 ct	300	0.0
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	150	12.0
Milk - Skim	milk	50	12.0
Weighted Daily Average			115.95
% of Calories			58.2%
Nutrient Guideline			

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Oxford High Lunch 9-12

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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 11/25/2019</b>			
Oxford High Lunch 9-12	Total	600	
Corn Dog	corn dog	450	30.0
Pizza, Mini Cheese Round	pizza	100	40.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Beans, Pinto Can Plain	1/2 cup	175	21.88
Broccoli, Frozen USDA	1/2 cup	300	4.51
Cheese Sauce, Dry 2oz	2 oz	200	9.62
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Applesauce	1/2 cup	400	13.92
Fresh Fruit Choice	fruit	250	25.42
Ketchup 2pk	packs(2)	300	6.0
Mustard 2pk	pack (2)	100	0.0
Mayonnaise	pack	100	1.0
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	150	12.0
Milk - Skim	milk	50	12.0
Weighted Daily Average			89.32
% of Calories			60.9%
Nutrient Guideline			

<b>Tue - 11/26/2019</b>			
Oxford High Lunch 9-12	Total	600	
Beef, Country Steak Patty	patty	450	19.0
Roll, Non-Bake Slider	roll	300	15.0
Pizza, Mini Cheese Round	pizza	125	40.0
Cereal/Sandwich/Cheese CT	entree	25	50.0
Potatoes, Mashed	1/2 cup	400	15.36
Gravy, Brown	1/4 cup	300	2.99
Beans, Green Can Plain	1/2 cup	175	3.27
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Applesauce	1/2 cup	400	13.92
Fresh Fruit Choice	fruit	275	25.42
Cookie, Chocolate Chip	cookie	575	18.0
Ketchup 2pk	packs(2)	250	6.0
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	50	21.0
Milk - 1%	milk	250	12.0
Milk - Skim	milk	50	12.0
Weighted Daily Average			105.15
% of Calories			51.9%
Nutrient Guideline			

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# Oxford City Schools

Base Menu Spreadsheet

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Oxford High Lunch 9-12

Generated on: 6/17/2019 2:35:34 PM

	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 12/02/2019</b>			
Oxford High Lunch 9-12	Total	7	
Hot Dog Frank, Beef	frank	1	1.0
Bun, Hot Dog	bun	1	27.0
Pizza, Fiestada	slice	1	39.0
Cereal/Sandwich/Cheese CT	entree	1	50.0
Potatoes, Crinkle Fries	fries (10)	1	13.5
Broccoli, Frozen USDA	1/2 cup	1	4.51
Cheese Sauce, Dry 2oz	2 oz	1	9.62
Salad, Romaine 1 cup	cup	1	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	1	2.99
Dressing, Ranch FF Pack	packs (2)	1	6.0
Cheese, Shred 2oz USDA	2 oz	1	2.02
Oranges, Mandarin Can Drained	1/2 cup	1	18.0
Fresh Fruit Choice	fruit	1	25.42
Ketchup 4pk	packs(4)	1	12.0
Mustard 2pk	pack (2)	1	0.0
Mayonnaise	pack	1	1.0
Cheese, Shred 2oz USDA	2 oz	1	2.02
Chili Sauce for Hot Dog	1 oz	1	1.91
Milk - Chocolate FF	milk	1	22.0
Milk - Strawberry FF	milk	1	21.0
Milk - 1%	milk	1	12.0
Milk - Skim	milk	1	12.0
Weighted Daily Average			40.70
% of Calories			48.3%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 12/03/2019</b>			
Oxford High Lunch 9-12	Total	7	
Pancakes Mini Maple	pouch	1	35.0
Sausage Patty	patty	1	0.0
Pizza, Fiestada	slice	1	39.0
Cereal/Sandwich/Cheese CT	entree	1	50.0
Potatoes, Tots	tots (8)	1	14.04
Carrots, Can Glazed	1/2 cup	1	10.85
Salad, Romaine 1 cup	cup	1	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	1	2.99
Dressing, Ranch FF Pack	packs (2)	1	6.0
Cheese, Shred 2oz USDA	2 oz	1	2.02
Oranges, Mandarin Can Drained	1/2 cup	1	18.0
Fresh Fruit Choice	fruit	1	25.42
Cinnamon Roll - Baked	rolls	1	36.0
Icing, Homemade	1/2 oz	1	2.19
Ketchup 2pk	packs(2)	1	6.0
Syrup, Pancake	pack	1	20.0
Milk - Chocolate FF	milk	1	22.0
Milk - Strawberry FF	milk	1	21.0
Milk - 1%	milk	1	12.0
Milk - Skim	milk	1	12.0
Weighted Daily Average			48.06
% of Calories			52.5%
Nutrient Guideline			

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# Oxford City Schools

Base Menu Spreadsheet

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Oxford High Lunch 9-12

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	Portion Size	Reimb Qty	Carb (g)
<b>Wed - 12/04/2019</b>			
Oxford High Lunch 9-12	Total	600	
Chicken Tenders	tenders(3)	475	17.0
Biscuit, Southern Style	biscuit	400	28.0
Pizza, Fiestada	slice	100	39.0
Cereal/Sandwich/Cheese CT	entree	25	50.0
Potatoes, Wedges	1/2 cup	550	20.0
Peas, Green Can	1/2 cup	200	16.0
Salad, Romaine 1 cup	cup	110	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	110	2.99
Dressing, Ranch FF Pack	packs (2)	110	6.0
Cheese, Shred 2oz USDA	2 oz	110	2.02
Oranges, Mandarin Can Drained	1/2 cup	400	18.0
Fresh Fruit Choice	fruit	250	25.42
Ketchup 4pk	packs(4)	400	12.0
Honey Mustard Pack	pack	200	7.0
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	175	12.0
Milk - Skim	milk	25	12.0
Weighted Daily Average			118.08
% of Calories			52.1%
Nutrient Guideline			

<b>Thu - 12/05/2019</b>			
Oxford High Lunch 9-12	Total	600	
Crispitos (2)	2 crispitos	400	46.0
Pizza, Fiestada	slice	150	39.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Corn, Can Butter	1/2 cup	375	18.0
Beans, Pinto Can Plain	1/2 cup	175	21.88
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Oranges, Mandarin Can Drained	1/2 cup	400	18.0
Fresh Fruit Choice	fruit	250	25.42
Taco Sauce Pack	2 pack	375	2.02
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	175	12.0
Milk - Skim	milk	25	12.0
Weighted Daily Average			107.17
% of Calories			48.4%
Nutrient Guideline			

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# Oxford City Schools

Base Menu Spreadsheet

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Oxford High Lunch 9-12

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	Portion Size	Reimb Qty	Carb (g)
<b>Fri - 12/06/2019</b>			
Oxford High Lunch 9-12	Total	600	
Chicken Spicy Patty	patty	475	16.27
Bun, Hamburger	bun	475	27.0
Pizza, Fiestada	slice	100	39.0
Cereal/Sandwich/Cheese CT	entree	25	50.0
Potatoes, Mashed	1/2 cup	400	15.36
Gravy, Brown	1/4 cup	300	2.99
Beans, Green Can Plain	1/2 cup	175	3.27
Salad, Romaine 1 cup	cup	100	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	100	2.99
Dressing, Ranch FF Pack	packs (2)	100	6.0
Cheese, Shred 2oz USDA	2 oz	100	2.02
Oranges, Mandarin Can Drained	1/2 cup	300	18.0
Fresh Fruit Choice	fruit	275	25.42
Ketchup 4pk	packs(4)	500	12.0
Mustard 2pk	pack (2)	100	0.0
Mayonnaise	pack	100	1.0
Lettuce, Leaves	leaf	200	0.37
Tomatoes Sliced	slice	200	1.03
Pickles, Slices (8ct)	8 ct	300	0.0
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	175	12.0
Milk - Skim	milk	25	12.0
Weighted Daily Average			107.38
% of Calories			60.2%
Nutrient Guideline			

<b>Mon - 12/09/2019</b>			
Oxford High Lunch 9-12	Total	600	
Corn Dog	corn dog	425	30.0
Pizza, French Bread	pizza	150	34.0
Cereal/Sandwich/Cheese CT	entree	25	50.0
Potatoes, Tots	tots (8)	450	14.04
Peas, Black-Eyed Can	1/2 cup	175	20.26
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Peaches, Can Sliced Drain	1/2 cup	400	17.0
Fresh Fruit Choice	fruit	250	25.42
Ketchup 4pk	packs(4)	425	12.0
Mustard 2pk	pack (2)	150	0.0
Mayonnaise	pack	150	1.0
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	50	12.0
Milk - Skim	milk	50	12.0
Weighted Daily Average			98.05
% of Calories			60.0%
Nutrient Guideline			

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# Oxford City Schools

Base Menu Spreadsheet

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Oxford High Lunch 9-12

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	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 12/10/2019</b>			
Oxford High Lunch 9-12	Total	600	
Beef, Taco/Nacho USDA	2 oz serving	400	7.12
Chips, Doritos Nacho Cheese	bag	400	20.0
Pizza, French Bread	pizza	150	34.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Corn, Can Butter	1/2 cup	400	18.0
Beans, Pinto Can Plain	1/2 cup	175	21.88
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Peaches, Can Sliced Drain	1/2 cup	400	17.0
Fresh Fruit Choice	fruit	275	25.42
Cookie, Sugar	cookie	575	18.0
Rice, Brown 1/2 cup	1/2 cup	300	17.01
Jalapeno Peppers	1 oz	300	1.74
Sour Cream	pack	200	4.0
Salsa, Ortega 2 oz	2 oz	300	4.0
Lettuce, Romaine Shd/Chp	1/4 cup	200	0.48
Tomatoes Diced Fresh	1/4 cup	200	2.34
Cheese, Shred 2oz USDA	2 oz	300	2.02
Milk - Chocolate FF	milk	200	22.0
Milk - Strawberry FF	milk	100	21.0
Milk - 1%	milk	150	12.0
Milk - Skim	milk	50	12.0
Weighted Daily Average			121.55
% of Calories			52.0%
Nutrient Guideline			

<b>Wed - 12/11/2019</b>			
Oxford High Lunch 9-12	Total	600	
Chicken Bites - 6 ct	serving(6)	450	21.0
Roll, Non-Bake Slider	roll	375	15.0
Pizza, French Bread	pizza	100	34.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Potatoes, Mashed	1/2 cup	400	15.36
Gravy, Brown	1/4 cup	300	2.99
Beans, Green Can Plain	1/2 cup	175	3.27
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Peaches, Can Sliced Drain	1/2 cup	400	17.0
Fresh Fruit Choice	fruit	275	25.42
Ketchup 4pk	packs(4)	500	12.0
Honey Mustard Pack	pack	450	7.0
Milk - Chocolate FF	milk	300	22.0
Milk - Strawberry FF	milk	125	21.0
Milk - 1%	milk	150	12.0
Milk - Skim	milk	25	12.0

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# Oxford City Schools

Base Menu Spreadsheet

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Nov 1, 2019 thru Dec 31, 2019

Oxford High Lunch 9-12

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			107.45
% of Calories			49.2%
Nutrient Guideline			

Thu - 12/12/2019			
Oxford High Lunch 9-12	Total	600	
Beef, Patty USDA	patty	450	0.0
Bun, Hamburger	bun	450	27.0
Cheese, Slice USDA	slice	400	1.01
Pizza, French Bread	pizza	100	34.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Potatoes, Crinkle Fries	fries (10)	500	13.5
Carrots, Can Glazed	1/2 cup	175	10.85
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	90	2.99
Dressing, Ranch FF Pack	packs (2)	100	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Peaches, Can Sliced Drain	1/2 cup	400	17.0
Fresh Fruit Choice	fruit	275	25.42
Ketchup 4pk	packs(4)	500	12.0
Mustard 2pk	pack (2)	100	0.0
Mayonnaise	pack	100	1.0
Lettuce, Leaves	leaf	200	0.37
Tomatoes Sliced	slice	200	1.03
Pickles, Slices (8ct)	8 ct	300	0.0
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	150	12.0
Milk - Skim	milk	50	12.0
Weighted Daily Average			99.47
% of Calories			54.5%
Nutrient Guideline			

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# Oxford City Schools

Base Menu Spreadsheet

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Oxford High Lunch 9-12

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	Portion Size	Reimb Qty	Carb (g)
<b>Fri - 12/13/2019</b>			
Oxford High Lunch 9-12	Total	600	
Chicken Crispy Patty	patty	500	19.43
Bun, Hamburger	bun	500	27.0
Pizza, French Bread	pizza	75	34.0
Cereal/Sandwich/Cheese CT	entree	25	50.0
Potatoes, Wedges	1/2 cup	575	20.0
Broccoli, Frozen USDA	1/2 cup	300	4.51
Cheese Sauce, Dry 2oz	2 oz	200	9.62
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Peaches, Can Sliced Drain	1/2 cup	300	17.0
Fresh Fruit Choice	fruit	250	25.42
Ketchup 4pk	packs(4)	425	12.0
Mustard 2pk	pack (2)	100	0.0
Mayonnaise	pack	100	1.0
Lettuce, Leaves	leaf	200	0.37
Tomatoes Sliced	slice	200	1.03
Pickles, Slices (8ct)	8 ct	300	0.0
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	100	21.0
Milk - 1%	milk	200	12.0
Milk - Skim	milk	50	12.0
Weighted Daily Average			118.23
% of Calories			58.0%
Nutrient Guideline			

<b>Mon - 12/16/2019</b>			
Oxford High Lunch 9-12	Total	600	
Hot Dog Frank, Beef	frank	450	1.0
Bun, Hot Dog	bun	450	27.0
Pizza, Stuffed Crust Pepperoni	slice	100	35.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Potatoes, Tots	tots (8)	550	14.04
Peas, Green Can	1/2 cup	175	16.0
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Pineapple, Chunks Can Drain	1/2 cup	400	16.0
Fresh Fruit Choice	fruit	250	25.42
Ketchup 4pk	packs(4)	400	12.0
Mustard 2pk	pack (2)	100	0.0
Mayonnaise	pack	100	1.0
Chili Sauce for Hot Dog	1 oz	300	1.91
Cheese, Shred 2oz USDA	2 oz	300	2.02
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	175	12.0
Milk - Skim	milk	25	12.0

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# Oxford City Schools

Base Menu Spreadsheet

Portion Values - Detailed

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Nov 1, 2019 thru Dec 31, 2019

Oxford High Lunch 9-12

Generated on: 6/17/2019 2:35:34 PM

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			101.03
% of Calories			47.8%
Nutrient Guideline			

Tue - 12/17/2019			
Oxford High Lunch 9-12	Total	600	
Cheesy Dippers	pieces (2)	450	34.0
Marinara Sauce Dipping Cup	1 cup	450	7.13
Pizza, Stuffed Crust Pepperoni	slice	100	35.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Potatoes, Crinkle Fries	fries (10)	500	13.5
Broccoli, Frozen USDA	1/2 cup	400	4.51
Cheese Sauce, Dry 2oz	2 oz	300	9.62
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Pineapple, Chunks Can Drain	1/2 cup	400	16.0
Fresh Fruit Choice	fruit	275	25.42
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	150	12.0
Milk - Skim	milk	50	12.0
Weighted Daily Average			103.33
% of Calories			58.9%
Nutrient Guideline			

Wed - 12/18/2019			
Oxford High Lunch 9-12	Total	600	
Chicken Tenders	tenders(3)	450	17.0
Biscuit, Southern Style	biscuit	400	28.0
Pizza, Stuffed Crust Pepperoni	slice	100	35.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Potatoes, Mashed	1/2 cup	400	15.36
Gravy, Brown	1/4 cup	300	2.99
Beans, Green Can Plain	1/2 cup	175	3.27
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Pineapple, Chunks Can Drain	1/2 cup	400	16.0
Fresh Fruit Choice	fruit	250	25.42
Ketchup 4pk	packs(4)	350	12.0
Honey Mustard Pack	pack	200	7.0
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	100	21.0
Milk - 1%	milk	150	12.0
Milk - Skim	milk	50	12.0
Weighted Daily Average			104.06
% of Calories			52.4%
Nutrient Guideline			

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# Oxford City Schools

Base Menu Spreadsheet

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Oxford High Lunch 9-12

Generated on: 6/17/2019 2:35:34 PM

	Portion Size	Reimb Qty	Carb (g)
<b>Thu - 12/19/2019</b>			
Oxford High Lunch 9-12	Total	600	
Crispitos (2)	2 crispitos	450	46.0
Pizza, Stuffed Crust Pepperoni	slice	125	35.0
Cereal/Sandwich/Cheese CT	entree	25	50.0
Corn, Can Butter	1/2 cup	300	18.0
Beans, Pinto Can Plain	1/2 cup	175	21.88
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Pineapple, Chunks Can Drain	1/2 cup	400	16.0
Fresh Fruit Choice	fruit	250	25.42
Taco Sauce Pack	2 pack	425	2.02
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	175	21.0
Milk - 1%	milk	150	12.0
Milk - Skim	milk	25	12.0
Weighted Daily Average			103.43
% of Calories			48.0%
Nutrient Guideline			

<b>Fri - 12/20/2019</b>			
Oxford High Lunch 9-12	Total	600	
Chicken Spicy Patty	patty	450	16.27
Bun, Hamburger	bun	450	27.0
Pizza, Stuffed Crust Pepperoni	slice	100	35.0
Cereal/Sandwich/Cheese CT	entree	50	50.0
Potatoes, Wedges	1/2 cup	550	20.0
Carrots, Can Glazed	1/2 cup	175	10.85
Salad, Romaine 1 cup	cup	125	1.9
Carrots, Baby 1/4 cup Fresh	1/4 cup	125	2.99
Dressing, Ranch FF Pack	packs (2)	125	6.0
Cheese, Shred 2oz USDA	2 oz	125	2.02
Pineapple, Chunks Can Drain	1/2 cup	400	16.0
Fresh Fruit Choice	fruit	250	25.42
Ketchup 4pk	packs(4)	450	12.0
Mustard 2pk	pack (2)	100	0.0
Mayonnaise	pack	100	1.0
Lettuce, Leaves	leaf	200	0.37
Tomatoes Sliced	slice	200	1.03
Pickles, Slices (8ct)	8 ct	300	0.0
Milk - Chocolate FF	milk	250	22.0
Milk - Strawberry FF	milk	150	21.0
Milk - 1%	milk	150	12.0
Milk - Skim	milk	50	12.0
Weighted Daily Average			115.95
% of Calories			58.2%
Nutrient Guideline			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Oxford City Schools

Base Menu Spreadsheet

Portion Values - Detailed

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Nov 1, 2019 thru Dec 31, 2019

Oxford High Lunch 9-12

Generated on: 6/17/2019 2:35:34 PM

	Portion Size	Reimb Qty	Carb (g)
Weighted Average			97.25 53.4%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	97.25	53.43%						

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

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