

Oxford City Schools

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jan 9, 2019 thru Jan 31, 2019

Breakfast - All Schools K-12

Generated on: 12/6/2018 2:08:11 PM

	Portion Size	Carb (g)
Wed - 01/09/2019		
Breakfast - All Schools K-12	Total	
Croissant	croissant	15.0
Egg Patty USDA	patty	*N/A*
Sausage Patty	patty	0.0
Cheese, Amr Slice 1 USDA	slice	1.01
Juice, Shelf Stable Grape 4oz	box	18.17
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		270.20
% of Calories		72.8%
Nutrient Guideline		

Thu - 01/10/2019		
Breakfast - All Schools K-12	Total	
French Toast Berry	pouch	36.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Fruit 4oz	box	15.04
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		297.65
% of Calories		83.9%
Nutrient Guideline		

Fri - 01/11/2019		
Breakfast - All Schools K-12	Total	
Pancake Pup	pup	18.0
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		262.16
% of Calories		77.1%
Nutrient Guideline		

Mon - 01/14/2019		
Breakfast - All Schools K-12	Total	
Frudel Apple	frudel	35.96
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		35.96
% of Calories		68.6%
Nutrient Guideline		

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	Portion Size	Carb (g)
Tue - 01/15/2019		
Breakfast - All Schools K-12	Total	
Pancakes Mini Maple	pouch	35.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Apple 4oz	box	13.16
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		289.13
% of Calories		83.5%
Nutrient Guideline		

Wed - 01/16/2019		
Breakfast - All Schools K-12	Total	
Pizza, Breakfast	pizza	24.0
Juice, Shelf Stable Grape 4oz	box	18.17
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		278.19
% of Calories		84.7%
Nutrient Guideline		

Thu - 01/17/2019		
Breakfast - All Schools K-12	Total	
Waffles Mini Blueberry	pouch	37.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Fruit 4oz	box	15.04
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		298.65
% of Calories		84.8%
Nutrient Guideline		

Fri - 01/18/2019		
Breakfast - All Schools K-12	Total	
Breakfast Sandwich Egg/Cheese	sandwich	19.0
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		263.16
% of Calories		82.3%
Nutrient Guideline		

Mon - 01/21/2019		
Breakfast - All Schools K-12	Total	
Holiday	holiday	0.0
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

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	Portion Size	Carb (g)
Tue - 01/22/2019		
Breakfast - All Schools K-12	Total	
Pancakes Mini Blueberry	pouch	35.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Apple 4oz	box	13.16
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		289.13
% of Calories		83.5%
Nutrient Guideline		

Wed - 01/23/2019		
Breakfast - All Schools K-12	Total	
Croissant	croissant	15.0
Egg Patty USDA	patty	*N/A*
Sausage Patty	patty	0.0
Cheese, Amr Slice 1 USDA	slice	1.01
Juice, Shelf Stable Grape 4oz	box	18.17
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		270.20
% of Calories		72.8%
Nutrient Guideline		

Thu - 01/24/2019		
Breakfast - All Schools K-12	Total	
French Toast Cinnamon	pouch	37.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Fruit 4oz	box	15.04
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		298.65
% of Calories		84.2%
Nutrient Guideline		

Fri - 01/25/2019		
Breakfast - All Schools K-12	Total	
Sausage Patty	patty	0.0
Biscuit	biscuit	27.0
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		271.16
% of Calories		71.4%
Nutrient Guideline		

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	Portion Size	Carb (g)
Mon - 01/28/2019		
Breakfast - All Schools K-12	Total	
Frudel Cherry	frudel	35.96
Juice, Shelf Stable Orange 4oz	box	15.67
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		280.11
% of Calories		84.3%
Nutrient Guideline		

Tue - 01/29/2019		
Breakfast - All Schools K-12	Total	
Cinni Mini's	serving	40.0
Juice, Shelf Stable Apple 4oz	box	13.16
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		274.13
% of Calories		82.2%
Nutrient Guideline		

Wed - 01/30/2019		
Breakfast - All Schools K-12	Total	
Breakfast Bagel Saus/Cheese	bagel	19.0
Juice, Shelf Stable Grape 4oz	box	18.17
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		273.19
% of Calories		83.8%
Nutrient Guideline		

Thu - 01/31/2019		
Breakfast - All Schools K-12	Total	
Waffles Mini Maple	pouch	38.0
Syrup, Pancake Table 1 each	syrup	20.0
Juice, Shelf Stable Fruit 4oz	box	15.04
Fresh Fruit Choice	fruit	27.37
Milk Choice	milk	18.0
Weighted Daily Average		299.65
% of Calories		85.0%
Nutrient Guideline		

Weighted Average		265.71
		80.8%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	265.71	80.80%						

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