



**Phenix City BOE Central Office
Scheduled Menu Plans Calendar**

| August 2017 | | Serving Period: Breakfast | Serving Line: MAIN | 0030 Central High School | |
|---|---|--|---|---|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | |
| | -1- | -2- | -3- | -4- | |
| -7- HAM & CHEESE BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | -8- YOGURT PARFAIT PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | -9- GRITS & TOAST SCRAMBLED EGGS TRIX BAR PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | -10- CORN DOG PUPS BAKED APPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | -11- FRENCH TOAST & SAUSAGE LINK APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | |
| -14- CINNAMON ROLL (NEW) CHILLED PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | -15- PANACKES W/ SYRUP PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | -16- CINNAMON OATMEAL TOAST WITH JELLY RAISINS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | -17- SAUSAGE BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | -18- WAFFLE STICKS & SAUSAGE LINK CHILLED PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | |
| -21- BBQ CHICKEN MAC AND CHEESE DINNER ROLL SWEET POTATOES STEAMED BROCCOLI FRUIT COCKTAIL LOWFAT MILK VARIETY | -22- YOGURT PARFAIT PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | -23- GRITS & TOAST SCRAMBLED EGGS TRIX BAR PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | -24- CORN DOG PUPS BAKED APPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | -25- FRENCH TOAST & SAUSAGE LINK APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | |
| -28- CINNAMON ROLL (NEW) CHILLED PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | -29- PANACKES W/ SYRUP PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | -30- APPLE FRUDEL TRIX BAR SEASONAL FRESH FRUIT 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | -31- CHICKEN BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST | | |

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



**Phenix City BOE Central Office
Scheduled Menu Plans Calendar**

| August 2017 | | Serving Period: Lunch | Serving Line: MAIN | 0030 Central High School | |
|---|---|---|--|--|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | |
| | -1- | -2- | -3- | -4- | |
| -7- CHICKEN & WAFFLES OR SALISBURY STEAK DINNER ROLL RICE PILAF MASHED POTATOES/GRAVY 5 WAY MIXED VEGETABLES PEACHES & CREAM 100% FRUIT JUICE LOWFAT MILK VARIETY | -8- CHOICE OF SOFT TACO OR NACHO CHIPS CHOICE OF FAJITA CHICKEN OR BEEF W/SHRED CHEESE MEXICAN RICE MEXICALLI CORN SALSA, LETTUCE, TOMATOES REFRIED BEANS SEASONAL FRESH FRUIT 100% FRUIT JUICE LOWFAT MILK VARIETY | -9- BEEF TIPS OVER BROWN RICE OR CORNDOG CORNBREAD GREEN BEANS CALIFORNIA VEGETABLES PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY CHOCOLATE SMORES PUDDING | -10- BBQ CHICKEN MAC AND CHEESE DINNER ROLL SWEET POTATOES STEAMED BROCCOLI FRUIT COCKTAIL LOWFAT MILK VARIETY | -11- CHEESE OR PEPPERONI PIZZA FAJITA CHIC SALAD/BREADSTICK CARROTS & RANCH GREEN BEANS PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY | |
| -14- CHEESEBURGER OR CHILI DOG LETTUCE/TOMATO SWEET POTATO FRIES BAKED BEANS FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY | -15- TURKEY & CHEESE WRAP GRAB & GO OR CHICKEN POT PIE (may sub bbq sand) DINNER ROLL CARROTS & RANCH STEAMED BROCCOLI SEASONAL FRESH FRUIT CHOCOLATE CHIP COOKIES 100% FRUIT JUICE LOWFAT MILK VARIETY | -16- BEEFY MAC W/GARLIC BREADSTICK OR CRISPY CHICKEN PATTY SANDWICH LETTUCE & TOMATO 5 WAY MIX VEGETABLES STEAMED CORN BLUE RASP FRUIT SORBET 100% FRUIT JUICE LOWFAT MILK VARIETY | -17- CHICKEN TENDERS WITH SAUCE OR COUNTRY STEAK & GRAVY DINNER ROLL MASHED POTATOES & GRAVY GLAZED CARROTS CHILLED PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY | -18- CHEESE OR PEPPERONI PIZZA BUFF CHICKEN SALAD/BREADSTICK GARDEN SALAD GLAZED CARROTS APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY | |
| -21- CHICKEN NUGGETS WITH SAUCE OR SALISBURY STEAK DINNER ROLL RICE PILAF MASHED POTATOES & GRAVY STEAMED BROCCOLI PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY | -22- CHOICE OF SOFT TACO OR NACHO CHIPS CHOICE OF FAJITA CHICKEN OR BEEF W/SHRED CHEESE MEXICAN RICE MEXICALLI CORN SALSA, LETTUCE, TOMATOES REFRIED BEANS SEASONAL FRESH FRUIT 100% FRUIT JUICE LOWFAT MILK VARIETY | -23- BBQ PORK SLIDERS OR CHILI DOG COLESLAW SEASONED POTATO WEDGES PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY | -24- OVEN FRIED CHICKEN CORNBREAD TURNIP GREENS SWEET POTATOES FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY | -25- CHEESE OR PEPPERONI PIZZA GRILLED CHICKEN SALAD/CRACKERS GREEN BEANS GLAZED CARROTS PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY SUGAR COOKIE | |

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Phenix City BOE Central Office
Scheduled Menu Plans Calendar

| | | | | |
|---|---|--|--|--|
| <p>-28-</p> <p>CHEESEBURGER OR CHILI DOG LETTUCE/TOMATO BAKED FRIES BAKED BEANS FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY</p> | <p>-29-</p> <p>SPICY CHICKEN BISCUIT w HONEY PACKET TURKEY & CHS TO GO WRAP CARROTS & RANCH COLESLAW FRESH SEASONAL FRUIT 100% FRUIT JUICE LOWFAT MILK VARIETY</p> | <p>-30-</p> <p>CHILI CHEESE FRITOS OR CHICKEN FAJITA HOMESTYLE GREEN BEANS STEAMED CORN SALSA KIWI STRAWBERRY FRUIT SORBET 100% FRUIT JUICE LOWFAT MILK VARIETY</p> | <p>-31-</p> <p>CHICKEN TENDERS WITH SAUCE OR SALISBURY STEAK & GRAVY DINNER ROLL, BROWN RICE CALIFORNIA VEGETABLES MASHED POTATOES & GRAVY CHILLED PEACHES SUGAR COOKIE 100% FRUIT JUICE LOWFAT MILK VARIETY</p> | |
|---|---|--|--|--|

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Phenix City BOE Central Office
Scheduled Menu Plans Calendar

| August 2017 | | Serving Period: Supper | Serving Line: DINNER | 0030 Central High School | |
|--|---|--|----------------------|--------------------------|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | |
| | -1- | -2- | -3- | -4- | |
| -7- CHEESEBURGER LETTUCE/TOMATO OVEN BAKED FRIES MIXED FRUIT CUP LOWFAT MILK VARIETY CHIPS KTECHUP,MUSTARD | -8- HAM & CHEESE ON A BUN LETTUCE/TOMATO FRESH FRUIT CARROT STICKS & RANCH LOWFAT MILK VARIETY CHIPS MAYO, MUSTARD | -9- BBQ CHICKEN SANDWICH COLESLAW PEACH CUP LOWFAT MILK VARIETY CHIPS | -10- | -11- | |
| -14- HOT DOG OVEN BAKED FRIES PEACHES LOWFAT MILK VARIETY CHIPS KETCHUP, MUSTARD | -15- TURKEY & CHEESE ON A BUN LETTUCE/TOMATO FRESH FRUIT CARROT STICKS & RANCH LOWFAT MILK VARIETY CHIPS MAYO, MUSTARD | -16- HOT DOG OVEN BAKED FRIES PEACHES LOWFAT MILK VARIETY CHIPS KETCHUP, MUSTARD | -17- | -18- | |
| -21- CHEESEBURGER LETTUCE/TOMATO OVEN BAKED FRIES MIXED FRUIT CUP LOWFAT MILK VARIETY CHIPS KTECHUP,MUSTARD | -22- HAM & CHEESE ON A BUN LETTUCE/TOMATO FRESH FRUIT CARROT STICKS & RANCH LOWFAT MILK VARIETY CHIPS MAYO, MUSTARD | -23- BBQ CHICKEN SANDWICH COLESLAW PEACH CUP LOWFAT MILK VARIETY CHIPS | -24- | -25- | |
| -28- CHICKEN PATTY SANDWICH LETTUCE/TOMATO GREEN BEANS MIXED FRUIT CUP LOWFAT MILK VARIETY CHIPS MAYO | -29- TURKEY & CHEESE ON A BUN LETTUCE/TOMATO FRESH FRUIT CARROT STICKS & RANCH LOWFAT MILK VARIETY CHIPS MAYO, MUSTARD | -30- HOT DOG OVEN BAKED FRIES PEACHES LOWFAT MILK VARIETY CHIPS KETCHUP, MUSTARD | -31- | | |

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.