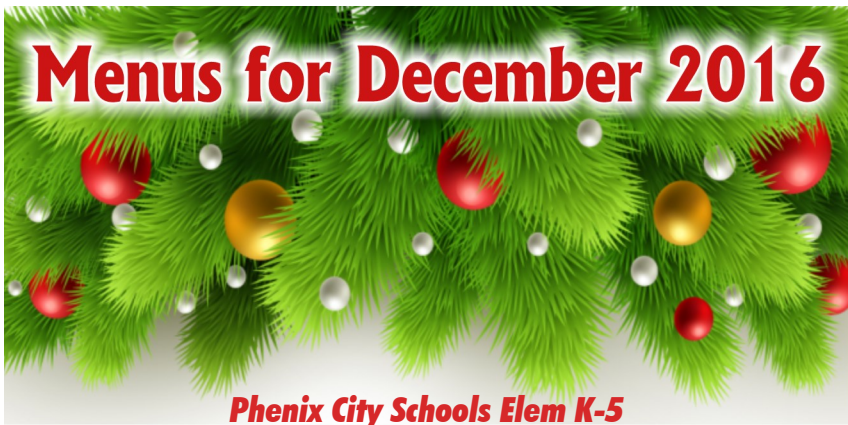


Menus for December 2016



Phenix City Schools Elem K-5
Breakfast Universal Free Lunch \$2.50

This institution is an equal opportunity provider. Menus are subject to change.

Monday, December 5

Breakfast

Ham & Cheese Biscuit
 Cereal & Toast
 Pineapple Tidbits
 Variety of Milk

Lunch

Chicken Nuggets w/Sauce
 Dinner Roll
 Mashed Potatoes & Gravy
 Steamed Broccoli
 Fruit Cocktail
 Variety of Milk

Tuesday, December 6

Breakfast

Yogurt Parfait
 Cereal & Toast
 Fruit Cocktail
 Variety of Milk

Figsta Tuesday!!

Chicken & Cheese
FIESTA STIX
w/Salsa Bar
 Mexicali Corn
 Refried Beans
 Seasonal Fresh Fruit
 Variety of Milk

Wed., December 7

Breakfast

Apple Frudel
 Cereal & Toast
 Chilled Pears
 Variety of Milk

Lunch

Corn Dog
 Potato Wedges
 Baked Beans
 Chilled Peaches
 Variety of Milk

Thursday, December 8

Breakfast

Cinnamon Oatmeal
 Cereal & Toast
 Raisins
 Variety of Milk

Lunch

Christmas Holiday Meal
 Glazed Ham
 Cornbread Dressing
 Dinner Roll, Green Beans
 Sweet Potato w/Sweet Butter
 Fruit Cocktail
 Red Velvet Cake

Friday, December 9

Breakfast

French Toast & Sausage
 Cereal & Toast
 Sliced Peaches
 Variety of Milk

Lunch

Cheese Pizza Or
 Deli Chicken Salad w/Breadstick
 Glazed Carrots
 Steamed Peas
 Chilled Applesauce
 Variety of Milk

Monday, December 12

Breakfast

Cinnamon Roll
 Cereal & Toast
 Strawberry Cup
 Variety of Milk

Lunch

Cheeseburger or Hot Dog
 w/Lettuce & Tomato
 Oven Baked Fries
 Baked Beans
 Fruit Cocktail
 Variety of Milk

Tuesday, December 13

Breakfast

Waffle Sticks
 Cereal & Toast
 Chilled Pears
 Variety of Milk

Lunch

Turkey & Chs Wrap
Grab & Go
 Sweet & Sour Chicken
 Brown Rice, Carrot Sticks &
 Ranch, Steamed Broccoli
 Seasonal Fresh Fruit
 Variety of Milk

Wed., December 14

Breakfast

Breakfast Pizza
 Cereal & Toast
 Chilled Applesauce
 Variety of Milk

Lunch

Chili Cheese Fritos
 Sweet Golden Corn
 Home-style Green Beans
KIWI STRAW FRUIT
SORBET!!!
 Variety of Milk

Thursday, December 15

Breakfast

Chicken Biscuit
 Cereal & Toast
 Fruit Cocktail
 Variety of Milk

Lunch

Chicken Tenders or
 Salisbury Steak
 Dinner Roll
 Mashed Potatoes & Gravy
 Glazed Carrots
 Chilled Applesauce
 Variety of Milk

Friday, December 16

Breakfast

Pancakes
 Cereal & Toast
 Sliced Peaches
 Variety of Milk

Lunch

Pepperoni Pizza Or
 Grilled Chicken Salad w/
 Breadstick
 Sweet Peas
 California Vegetables
 Fresh Seasonal Fruit
 Variety of Milk

Thursday, December 1

Breakfast

Sausage Biscuit
 Cereal & Toast
 Fruit Cocktail
 Variety of Milk

Lunch

Chicken Tenders or
 Country Fried Steak
 Dinner Roll
 Mashed Potatoes & Gravy
 Glazed Carrots
 Strawberry Cup
 Variety of Milk

Friday, December 2

Breakfast

Waffle Sticks
 Cereal & Toast
 Sliced Peaches
 Variety of Milk

Lunch

Pepperoni Pizza Or
 Grilled Chicken Salad w/
 Breadstick
 Steamed Corn
 Steamed Green Beans
 Chilled Peaches

GERM WARFARE.

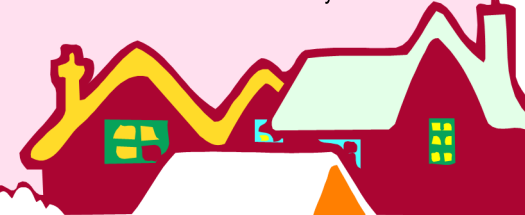


The folks who work in your school restaurant wash their hands all the time! And YOU should wash your hands anytime you think they might be dirty. It's one of the easiest ways to fight germs and stay healthy!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

We wish you & your family a warm & happy holiday season!

From Phenix City Schools Child Nutrition Department & the Child Nutrition Staff at your school



ENJOY YOUR BREAK!

Last day of school:
Fri., Dec. 16



Classes resume:
Tues., Jan. 5

SEE YOU IN 2017!