



**Phenix City BOE Central Office
Scheduled Menu Plans Calendar**

Grades 6-8

October 2017

Serving Period: Breakfast

Serving Line: MAIN

Monday	Tuesday	Wednesday	Thursday	Friday
-2- HAM & CHEESE BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-3- YOGURT PARFAIT PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-4- GRITS & TOAST SCRAMBLED EGGS TRIX BAR PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-5- CORN DOG PUPS BAKED APPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-6- FRENCH TOAST & SAUSAGE LINK APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST
-9-	-10- PANACKES W/ SYRUP PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-11- CINNAMON OATMEAL TOAST WITH JELLY RAISINS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-12- SAUSAGE BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-13- WAFFLE STICKS & SAUSAGE LINK CHILLED PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST
-16- HAM & CHEESE BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-17- YOGURT PARFAIT PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-18- GRITS & TOAST SCRAMBLED EGGS TRIX BAR PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-19- CORN DOG PUPS BAKED APPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-20- FRENCH TOAST & SAUSAGE LINK APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST
-23- CINNAMON ROLL (NEW) CHILLED PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-24- PANACKES W/ SYRUP PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-25- APPLE FRUDEL TRIX BAR SEASONAL FRESH FRUIT 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-26- CHICKEN BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-27- WAFFLE STICKS & SAUSAGE LINK CHILLED PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST
-30- HAM & CHEESE BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-31- YOGURT PARFAIT PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST			

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

**Phenix City BOE Central Office
Scheduled Menu Plans Calendar**

Grades 6-8

October 2017

Serving Period: Lunch

Serving Line: MAIN

Monday	Tuesday	Wednesday	Thursday	Friday
-2- CHICKEN & WAFFLES OR SALISBURY STEAK DINNER ROLL MASHED POTATOES/GRAVY 5 WAY MIXED VEGETABLES PEACHES & CREAM LOWFAT MILK VARIETY	-3- CHOICE OF SOFT TACO OR NACHO CHIPS CHOICE OF CHICKEN FAJITA OR BEEF W/SHRED CHEESE SALSA, LETTUCE AND TOMATO MEXICALLI RICE MEXICALI CORN REFRIED BEANS SEASONAL FRESH FRUIT LOWFAT MILK VARIETY	-4- BEEF TIPS OVER BROWN RICE CORNBREAD OR CORNDOG GREEN BEANS CALIFORNIA VEGETABLES PINEAPPLES LOWFAT MILK VARIETY CHOCOLATE SMORES PUDDING	-5- BBQ CHICKEN MAC & CHEESE DINNER ROLL BROCCOLI SPRING GARDEN SALAD FRUIT COCKTAIL LOWFAT MILK VARIETY	-6- CHEESE PIZZA OR PEPPERONI PIZZA FAJITA CHICKEN SALAD/BREADSTICK CARROTS & RANCH GREEN BEANS SLICED PEARS LOWFAT MILK VARIETY
-9- 	-10- TURKEY WRAP GRAB & GO OR CHICKEN POT PIE DINNER ROLL CARROT STICKS & RANCH STEAMED BROCCOLI FRESH SEASONAL FRUIT LOWFAT MILK VARIETY	-11- BEEFY MAC GARLIC BREADSTICK OR CRISPY CHICKEN PATTY SANDWICH OR DELI CHICKEN SALAD LETTUCE & TOMATO 5 WAY VEGETABLE MIX STEAMED CORN CHERRY BLUE RASP FRUIT SORBET LOWFAT MILK VARIETY	-12- COUNTRY FRIED STEAK & GRAVY OR CHICKEN TENDERS & SAUCE DINNER ROLL MASHED POTATOES & GRAVY GLAZED CARROTS CHILLED PEARS LOWFAT MILK VARIETY	-13- CHEESE PIZZA OR PEPPERONI PIZZA GRILLED CHICKEN SALAD/BREADSTICK GARDEN SALAD GLAZED CARROTS APPLESAUCE LOWFAT MILK VARIETY
-16- CHICKEN NUGGETS WITH SAUCE OR SALISBURY STEAK WITH GRAVY DINNER ROLL MASHED POTATOES/GRAVY STEAMED BROCCOLI PEACHES LOWFAT MILK VARIETY	-17- CHOICE OF SOFT TACO OR NACHO CHIPS CHOICE OF CHICKEN FAJITA OR BEEF W/SHRED CHEESE SALSA, LETTUCE AND TOMATO MEXICALLI RICE MEXICALI CORN REFRIED BEANS SEASONAL FRESH FRUIT LOWFAT MILK VARIETY	-18- BBQ PORK SLIDERS CHILI DOG COLESLAW POTATO WEDGES PINEAPPLES LOWFAT MILK VARIETY	-19- OVEN FRIED CHICKEN CORNBREAD SWEET POTATOES TURNIPS FRUIT COCKTAIL LOWFAT MILK VARIETY	-20- CHEESE PIZZA OR PEPPERONI PIZZA GRILLED CHICKEN SALAD/CRACKERS GREEN BEANS GLAZED CARROTS PEARS LOWFAT MILK VARIETY
-23- CHEESEBURGER OR CHILI DOG LETTUCE/TOMATO OVEN BAKED FRIES BAKED BEANS FRUIT COCKTAIL LOWFAT MILK VARIETY	-24- SPICY CHICKEN BISCUIT w/HONEY PACKET TURKEY WRAP GRAB & GO COLESLAW CARROTS & RANCH SEASONAL FRESH FRUIT LOWFAT MILK VARIETY	-25- CHILI CHEESE FRITOS OR CHICKEN FAJITA RICE PILAF HOMESTYLE GREEN BEANS STEAMED CORN KIWI STRAWBERRY FRUIT SORBET LOWFAT MILK VARIETY	-26- CHICKEN TENDERS WITH SAUCE SALISBURY STEAK & GRAVY DINNER ROLL MASHED POTATOES & GRAVY CALIFORNIA VEGETABLES CHILLED PEACHES LOWFAT MILK VARIETY	-27- CHEESE PIZZA OR PEPPERONI PIZZA BUFFALO CHICKEN SALAD/BREADSTICK GARDEN SALAD APPLESAUCE STEAMED CARROTS LOWFAT MILK VARIETY

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<p style="margin: 0;">-30-</p> <p style="margin: 0;">CHICKEN & WAFFLES OR SALISBURY STEAK DINNER ROLL MASHED POTATOES/GRAVY 5 WAY MIXED VEGETABLES PEACHES & CREAM LOWFAT MILK VARIETY</p>	<p style="margin: 0;">-31-</p> <p style="margin: 0;">CHOICE OF SOFT TACO OR NACHO CHIPS CHOICE OF CHICKEN FAJITA OR BEEF W/SHRED CHEESE SALSA, LETTUCE AND TOMATO MEXICALLI RICE MEXICALI CORN REFRIED BEANS SEASONAL FRESH FRUIT LOWFAT MILK VARIETY</p>			
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