



**Phenix City BOE Central Office
Scheduled Menu Plans Calendar**

All Elementary - Grades K-5

October 2017

Serving Period: Breakfast

Serving Line: MAIN

Monday	Tuesday	Wednesday	Thursday	Friday
-2- HAM & CHEESE BISCUIT CEREAL & TOAST FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY	-3- YOGURT PARFAIT CEREAL & TOAST PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY	-4- GRITS & TOAST SCRAMBLED EGGS CEREAL & TOAST PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY	-5- CORNDOG PUPS CEREAL & TOAST BAKED APPLES 100% FRUIT JUICE LOWFAT MILK VARIETY	-6- FRENCH TOAST & SAUSAGE LINK CEREAL & TOAST APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY
-9- -9-	-10- PANCAKES W SYRUP CEREAL & TOAST PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY	-11- CINNAMON OATMEAL CEREAL & TOAST RAISINS 100% FRUIT JUICE LOWFAT MILK VARIETY	-12- SAUSAGE BISCUIT CEREAL & TOAST FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY	-13- WAFFLE STICKS CEREAL & TOAST CHILLED PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY
-16- HAM & CHEESE BISCUIT CEREAL & TOAST FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY	-17- YOGURT PARFAIT CEREAL & TOAST PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY	-18- GRITS & TOAST SCRAMBLED EGGS CEREAL & TOAST PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY	-19- CORNDOG PUPS CEREAL & TOAST BAKED APPLES 100% FRUIT JUICE LOWFAT MILK VARIETY	-20- FRENCH TOAST & SAUSAGE LINK CEREAL & TOAST APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY
-23- CINNAMON ROLL (NEW) CEREAL & TOAST PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY	-24- PANCAKES W/SYRUP CEREAL & TOAST PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY	-25- APPLE FRUDEL CEREAL & TOAST SEASONAL FRESH FRUIT 100% FRUIT JUICE LOWFAT MILK VARIETY	-26- CHICKEN BISCUIT CEREAL & TOAST FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY	-27- WAFFLE STICKS CEREAL & TOAST PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY
-30- HAM & CHEESE BISCUIT CEREAL & TOAST FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY	-31- YOGURT PARFAIT CEREAL & TOAST PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY			

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



**Phenix City BOE Central Office
Scheduled Menu Plans Calendar**

All Elementary - Grades K-5

October 2017

Serving Period: Lunch

Serving Line: MAIN

Monday	Tuesday	Wednesday	Thursday	Friday
-2- CHICKEN NUGGETS WITH SAUCE DINNER ROLL MASHED POTATOES/GRAVY 5 WAY MIXED VEGETABLES PEACHES LOWFAT MILK VARIETY	-3- NACHOS MEXICALI CORN REFRIED BEANS FRESH SEASONAL FRUIT SALSA BAR W/LETTUCE, TOMATO LOWFAT MILK VARIETY	-4- SPAGHETTI & MEATSAUCE GARLIC BREADSTICK OR CORNDOG CALIFORNIA VEGETABLES STEAMED GREEN BEANS PINEAPPLES LOWFAT MILK VARIETY	-5- BBQ CHICKEN MAC & CHEESE STEAMED BROCCOLI SWEET POTATO FRUIT COCKTAIL LOWFAT MILK VARIETY	-6- PEPPERONI PIZZA GRILLED CHICKEN SALAD & BREADSTICK HOME STYLE GREEN BEANS CARROTS & RANCH PEARS LOWFAT MILK VARIETY
-9-	-10- CHICKEN PATTY SANDWICH LETTUCE & TOMATO CARROTS & RANCH STEAMED BROCCOLI FRESH SEASONAL FRUIT LOWFAT MILK VARIETY	-11- BEEFY MAC OR DELI CHICKEN SALAD GARLIC BREADSTICK STEAMED CORN 5 WAY MIX VEGETABLES CHERRY BLUE RASP FRUIT SORBET LOWFAT MILK VARIETY	-12- CHICKEN TENDER OR COUNTRY FRIED STEAK &GRAVY DINNER ROLL MASHED POTATOES & GRAVY GLAZED CARROTS CHILLED PEARS LOWFAT MILK VARIETY	-13- CHEESE PIZZA OR HAM CHEF SALAD/BREADSTICK GARDEN SALAD SWEET PEAS CHILLED APPLESAUCE LOWFAT MILK VARIETY
-16- CHICKEN NUGGETS WITH SAUCE DINNER ROLL MASHED POTATOES & GRAVY STEAMED BROCCOLI PEACHES LOWFAT MILK VARIETY	-17- SOFT TACO OR CHICKEN FAJITA SALSA REFRIED BEANS MEXICALI CORN SEASONAL FRESH FRUIT LOWFAT MILK VARIETY	-18- BBQ PORK SANDWICH PEAS & CARROTS SEASONED POTATO WEDGES PINEAPPLES LOWFAT MILK VARIETY	-19- OVEN FRIED CHICKEN CORNBREAD TURNIP GREENS SWEET POTATOES FRUIT COCKTAIL LOWFAT MILK VARIETY	-20- PEPPERONI PIZZA GRILLED CHICKEN SALAD & BREADSTICK HOME STYLE GREEN BEANS CARROTS & RANCH PEARS LOWFAT MILK VARIETY
-23- CHEESEBURGER OR HOTDOG LETTUCE & TOMATO OVEN BAKED FRIES BAKED BEANS FRUIT COCKTAIL LOWFAT MILK VARIETY	-24- TURKEY & CHS WRAP GRAB & GO OR SWEET & SOUR CHICKEN BROWN RICE CARROT STICKS & RANCH STEAMED BROCCOLI FRESH FRUIT VARIETY LOWFAT MILK VARIETY	-25- CHILI CHEESE FRITOS OR CHICKEN FAJITA HOMESTYLE GREEN BEANS STEAMED CORN KIWI STRAW FROZEN FRUIT SORBET LOWFAT MILK VARIETY	-26- CHICKEN TENDERS OR SALISBURY STEAK & GRAVY DINNER ROLL CALIFORNIA VEGETABLES MASHED POTATOES & GRAVY CHILLED APPLESAUCE LOWFAT MILK VARIETY	-27- PEPPERONI PIZZA GRILLED CHICKEN SALAD & BREADSTICK ROMAINE SALAD STEAMED CARROTS CHILLED PEARS LOWFAT MILK VARIETY
-30- CHICKEN NUGGETS WITH SAUCE DINNER ROLL MASHED POTATOES/GRAVY 5 WAY MIXED VEGETABLES PEACHES LOWFAT MILK VARIETY	-31- NACHOS MEXICALI CORN REFRIED BEANS FRESH SEASONAL FRUIT SALSA BAR W/LETTUCE, TOMATO LOWFAT MILK VARIETY			

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.