

Menus for December 2016



Phenix City Schools High 9-12
Breakfast Universal Free Lunch \$2.75

This institution is an equal opportunity provider. Menus are subject to change.

Thursday, December 1

Breakfast

Sausage Biscuit
 Cereal & Toast
 Fruit Cocktail

Lunch

Chicken Tenders or
 Country Fried Steak
 Dinner Roll
 Mashed Potatoes & Gravy
 Glazed Carrots
 Strawberry Cup

Friday, December 2

Breakfast

Waffle Sticks & Sausage
 Cereal & Toast
 Sliced Peaches

Lunch

Pepperoni or Cheese Pizza Or
 Fajita Chicken Salad w/
 Breadstick
 Steamed Corn
 Steamed Green Beans
 Chilled Peaches



Available Daily

Breakfast:
Assorted Cereal, Yogurt,
Muffins, Cheese Stick,
Toast, 100% Juice
Assorted Milk

Monday, December 5

Breakfast

Ham & Cheese Biscuit
 Cereal & Toast
 Pineapple Tidbits

Lunch

Chicken Nuggets w/Sauce
 Or Salisbury Steak Dinner
 Roll, Rice pilaf
 Mashed Potatoes & Gravy
 Steamed Broccoli
 Fruit Cocktail

Tuesday, December 6

Breakfast

Yogurt Parfait
 Cereal & Toast
 Fruit Cocktail

Fiesta Tuesday!!

Soft Taco, Nachos
 or Chicken Fajita
 w/ Mexicali Rice
 w/Salsa Bar
 Mexicali Corn
 Refried Beans
 Seasonal Fresh Fruit

Wed., December 7

Breakfast

Apple Frudel
 Cereal Bar
 Cereal & Toast
 Chilled Pears

Lunch

Corn Dog
 Potato Wedges
 Baked Beans
 Chilled Peaches

Thursday, December 8

Breakfast

Cinnamon Oatmeal
 Cereal & Toast
 Raisins

Lunch

Christmas Holiday Meal
 Glazed Ham
 Cornbread Dressing
 Dinner Roll
 Green Beans
 Sweet Potato w/Sweet Butter
 Fruit Cocktail
 Red Velvet Cake
 Lowfat Milk Variety

Friday, December 9

Breakfast

French Toast & Sausage
 Cereal & Toast
 Sliced Peaches

Lunch

Pepperoni or Cheese Pizza
 Or Deli Chicken Salad w/
 Breadstick
 Glazed Carrots
 Steamed Peas
 Chilled Applesauce



We wish you & your
family a warm & happy
holiday season!

From Phenix City Schools Child Nutrition Department
 & the Child Nutrition Staff at your school

Monday, December 12

Breakfast

Cinnamon Roll
 Cereal & Toast
 Strawberry Cup

Lunch

Cheeseburger or Chili Dog
 w/Lettuce & Tomato
 Oven Baked Fries
 Baked Beans
 Fruit Cocktail

Tuesday, December 13

Breakfast

Waffle Sticks & Sausage
 Cereal & Toast
 Chilled Pears

Lunch

Turkey & Chs Wrap
Grab & Go Or
SPICY CHIX
BISCUIT
 Mixed Veggies
 Coleslaw
 Baked Apples

Wed., December 14

Breakfast

Breakfast Pizza
 Cereal Bar
 Cereal & Toast
 Chilled Applesauce

Lunch

Chili Cheese Fritos
 Sweet Golden Corn
 Home-style Green Beans
KIWI STRAW FRUIT
SORBET!!!

Thursday, December 15

Breakfast

Chicken Biscuit
 Cereal & Toast
 Fruit Cocktail

Lunch

Chicken Tenders or
 Salisbury Steak
 Dinner Roll, Brown Rice
 Mashed Potatoes & Gravy
 Glazed Carrots
 Chilled Applesauce
 Sugar Cookie

Friday, December 16

Breakfast

Pancakes
 Cereal & Toast
 Sliced Peaches

Lunch

Pepperoni or Cheese Pizza
BUFFALO
Chix Salad w/Breadstick
 Carrots & Ranch
 California Vegetables
 Seasonal Fresh Fruit



ENJOY YOUR BREAK!

Last day of school:
Fri., Dec. 16



Classes resume:
Tues., Jan. 5

SEE YOU IN 2017!