



Phenix City BOE Central Office Scheduled Menu Plans Calendar

Grades 6-8

November 2017

Serving Period: Breakfast

Serving Line: MAIN

Monday	Tuesday	Wednesday	Thursday	Friday
		-1- GRITS & TOAST SCRAMBLED EGGS TRIX BAR PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-2- CORN DOG PUPS BAKED APPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-3- FRENCH TOAST & SAUSAGE LINK APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST
-6- CINNAMON ROLL (NEW) CHILLED PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-7- PANACKES W/ SYRUP PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-8- CINNAMON OATMEAL TOAST WITH JELLY RAISINS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-9- SAUSAGE BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-10-
-13- HAM & CHEESE BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-14- YOGURT PARFAIT PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-15- GRITS & TOAST SCRAMBLED EGGS TRIX BAR PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-16- CORN DOG PUPS BAKED APPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-17- FRENCH TOAST & SAUSAGE LINK APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST
-20-	-21-	-22-	-23-	-24-
-27- CINNAMON ROLL (NEW) CHILLED PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-28- PANACKES W/ SYRUP PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-29- APPLE FRUDEL TRIX BAR SEASONAL FRESH FRUIT 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-30- CHICKEN BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Phenix City BOE Central Office Scheduled Menu Plans Calendar

November 2017		Serving Period: Lunch		Serving Line: MAIN	
Monday	Tuesday	Wednesday	Thursday	Friday	
		-1- BEEF TIPS OVER BROWN RICE CORNBREAD OR CORNDOG GREEN BEANS CALIFORNIA VEGETABLES PINEAPPLES LOWFAT MILK VARIETY CHOCOLATE SMORES PUDDING	-2- BBQ CHICKEN MAC & CHEESE DINNER ROLL BROCCOLI SPRING GARDEN SALAD FRUIT COCKTAIL LOWFAT MILK VARIETY	-3- CHEESE PIZZA OR PEPPERONI PIZZA FAJITA CHICKEN SALAD/BREADSTICK CARROTS & RANCH GREEN BEANS SLICED PEARS LOWFAT MILK VARIETY	
-6- CHEESEBURGER OR CHILI DOG LETTUCE/TOMATO SWEET POTATO FRIES BAKED BEANS FRUIT COCKTAIL LOWFAT MILK VARIETY	-7- TURKEY WRAP GRAB & GO OR CHICKEN POT PIE DINNER ROLL CARROT STICKS & RANCH STEAMED BROCCOLI FRESH SEASONAL FRUIT LOWFAT MILK VARIETY	-8- BEEFY MAC GARLIC BREADSTICK OR CRISPY CHICKEN PATTY SANDWICH OR DELI CHICKEN SALAD LETTUCE & TOMATO 5 WAY VEGETABLE MIX STEAMED CORN CHERRY BLUE RASP FRUIT SORBET LOWFAT MILK VARIETY	-9- SLICED TURKEY CHICKEN GRAVY CORNBREAD DRESSING DINNER ROLL SWEET POTATO W/SWEET BUTTER COLLARD GREENS PINEAPPLE TIDBITS CRANBERRY SAUCE LOWFAT MILK VARIETY	-10-	
-13- CHICKEN NUGGETS WITH SAUCE OR SALISBURY STEAK WITH GRAVY DINNER ROLL MASHED POTATOES/GRAVY STEAMED BROCCOLI PEACHES LOWFAT MILK VARIETY	-14- CHOICE OF SOFT TACO OR NACHO CHIPS CHOICE OF CHICKEN FAJITA OR BEEF W/SHRED CHEESE SALSA, LETTUCE AND TOMATO MEXICALI RICE MEXICALI CORN REFRIED BEANS SEASONAL FRESH FRUIT LOWFAT MILK VARIETY	-15- BBQ PORK SLIDERS CHILI DOG COLESLAW POTATO WEDGES PINEAPPLES LOWFAT MILK VARIETY	-16- OVEN FRIED CHICKEN CORNBREAD SWEET POTATOES TURNIPS FRUIT COCKTAIL LOWFAT MILK VARIETY	-17- CHEESE PIZZA OR PEPPERONI PIZZA GRILLED CHICKEN SALAD/CRACKERS GREEN BEANS GLAZED CARROTS PEARS LOWFAT MILK VARIETY	
-20-	-21-	-22-	-23-	-24-	
-27- CHEESEBURGER OR CHILI DOG LETTUCE/TOMATO OVEN BAKED FRIES BAKED BEANS FRUIT COCKTAIL LOWFAT MILK VARIETY	-28- SPICY CHICKEN BISCUIT w/HONEY PACKET TURKEY WRAP GRAB & GO COLESLAW CARROTS & RANCH SEASONAL FRESH FRUIT LOWFAT MILK VARIETY	-29- CHILI CHEESE FRITOS OR CHICKEN FAJITA RICE PILAF HOMESTYLE GREEN BEANS STEAMED CORN KIWI STRAWBERRY FRUIT SORBET LOWFAT MILK VARIETY	-30- CHICKEN TENDERS WITH SAUCE SALISBURY STEAK & GRAVY DINNER ROLL MASHED POTATOES & GRAVY CALIFORNIA VEGETABLES CHILLED PEACHES LOWFAT MILK VARIETY		

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