



**Phenix City BOE Central Office  
Scheduled Menu Plans Calendar**

**Grades 9-12**

**November 2017**

**Serving Period: Breakfast**

**Serving Line: MAIN**

Monday	Tuesday	Wednesday	Thursday	Friday
		-1- GRITS & TOAST SCRAMBLED EGGS TRIX BAR PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-2- CORN DOG PUPS BAKED APPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-3- FRENCH TOAST & SAUSAGE LINK APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST
-6- CINNAMON ROLL (NEW) CHILLED PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-7- PANACKES W/ SYRUP PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-8- CINNAMON OATMEAL TOAST WITH JELLY RAISINS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-9- SAUSAGE BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-10-
-13- HAM & CHEESE BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-14- YOGURT PARFAIT PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-15- GRITS & TOAST SCRAMBLED EGGS TRIX BAR PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-16- CORN DOG PUPS BAKED APPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-17- FRENCH TOAST & SAUSAGE LINK APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST
-20-	-21-	-22-	-23-	-24-
-27- CINNAMON ROLL (NEW) CHILLED PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-28- PANACKES W/ SYRUP PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-29- APPLE FRUDEL TRIX BAR SEASONAL FRESH FRUIT 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-30- CHICKEN BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	

\* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



## Phenix City BOE Central Office Scheduled Menu Plans Calendar

November 2017

Serving Period: Lunch

Serving Line: MAIN

Monday	Tuesday	Wednesday	Thursday	Friday
		-1- BEEF TIPS OVER BROWN RICE OR CORNDOG CORNBREAD GREEN BEANS CALIFORNIA VEGETABLES PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY CHOCOLATE SMORES PUDDING	-2- BBQ CHICKEN MAC AND CHEESE DINNER ROLL SWEET POTATOES STEAMED BROCCOLI FRUIT COCKTAIL LOWFAT MILK VARIETY	-3- CHEESE OR PEPPERONI PIZZA FAJITA CHIC SALAD/BREADSTICK CARROTS & RANCH GREEN BEANS PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY
-6- CHEESEBURGER OR CHILI DOG LETTUCE/TOMATO SWEET POTATO FRIES BAKED BEANS FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY	-7- TURKEY & CHEESE WRAP GRAB & GO OR CHICKEN POT PIE (may sub bbq sand) DINNER ROLL CARROTS & RANCH STEAMED BROCCOLI SEASONAL FRESH FRUIT CHOCOLATE CHIP COOKIES 100% FRUIT JUICE LOWFAT MILK VARIETY	-8- BEEFY MAC W/GARLIC BREADSTICK OR CRISPY CHICKEN PATTY SANDWICH LETTUCE & TOMATO 5 WAY MIX VEGETABLES STEAMED CORN BLUE RASP FRUIT SORBET 100% FRUIT JUICE LOWFAT MILK VARIETY	-9- SLICED TURKEY CHICKEN GRAVY CORNBREAD DRESSING DINNER ROLL SWEET POTATO W/SWEET BUTTER COLLARD GREENS PINEAPPLE TIDBITS CRANBERRY SAUCE 100% JUICE LOWFAT MILK VARIETY	-10-
-13- CHICKEN NUGGETS WITH SAUCE OR SALISBURY STEAK DINNER ROLL RICE PILAF MASHED POTATOES & GRAVY STEAMED BROCCOLI PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY	-14- CHOICE OF SOFT TACO OR NACHO CHIPS CHOICE OF FAJITA CHICKEN OR BEEF W/SHRED CHEESE MEXICAN RICE MEXICALLI CORN SALSA, LETTUCE, TOMATOES REFRIED BEANS SEASONAL FRESH FRUIT 100% FRUIT JUICE LOWFAT MILK VARIETY	-15- BBQ PORK SLIDERS OR CHILI DOG COLESLAW SEASONED POTATO WEDGES PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY	-16- OVEN FRIED CHICKEN CORNBREAD TURNIP GREENS SWEET POTATOES FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY	-17- CHEESE OR PEPPERONI PIZZA GRILLED CHICKEN SALAD/CRACKERS GREEN BEANS GLAZED CARROTS PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY SUGAR COOKIE
-20-	-21-	-22-	-23-	-24-
-27- CHEESEBURGER OR CHILI DOG LETTUCE/TOMATO BAKED FRIES BAKED BEANS FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY	-28- SPICY CHICKEN BISCUIT w HONEY PACKET TURKEY & CHS TO GO WRAP CARROTS & RANCH COLESLAW FRESH SEASONAL FRUIT 100% FRUIT JUICE LOWFAT MILK VARIETY	-29- CHILI CHEESE FRITOS OR CHICKEN FAJITA HOMESTYLE GREEN BEANS STEAMED CORN SALSA KIWI STRAWBERRY FRUIT SORBET 100% FRUIT JUICE LOWFAT MILK VARIETY	-30- CHICKEN TENDERS WITH SAUCE OR SALISBURY STEAK & GRAVY DINNER ROLL, BROWN RICE CALIFORNIA VEGETABLES MASHED POTATOES & GRAVY CHILLED PEACHES SUGAR COOKIE 100% FRUIT JUICE LOWFAT MILK VARIETY	

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