



**Phenix City BOE Central Office
Scheduled Menu Plans Calendar**

Breakfast Menu K-5

December 2017

Serving Period: Breakfast

Serving Line: MAIN

Monday	Tuesday	Wednesday	Thursday	Friday
				-1- WAFFLE STICKS CEREAL & TOAST PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY
-4- HAM & CHEESE BISCUIT CEREAL & TOAST FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY	-5- YOGURT PARFAIT CEREAL & TOAST PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY	-6- GRITS & TOAST SCRAMBLED EGGS CEREAL & TOAST PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY	-7- CORNDOG PUPS CEREAL & TOAST BAKED APPLES 100% FRUIT JUICE LOWFAT MILK VARIETY	-8- FRENCH TOAST & SAUSAGE LINK CEREAL & TOAST APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY
-11- CINNAMON ROLL (NEW) CEREAL & TOAST PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY	-12- PANCAKES W SYRUP CEREAL & TOAST PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY	-13- CINNAMON OATMEAL CEREAL & TOAST RAISINS 100% FRUIT JUICE LOWFAT MILK VARIETY	-14- SAUSAGE BISCUIT CEREAL & TOAST FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY	-15- WAFFLE STICKS CEREAL & TOAST CHILLED PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY
-18-	-19-	-20-	-21-	-22-
-25-	-26-	-27-	-28-	-29-

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



**Phenix City BOE Central Office
Scheduled Menu Plans Calendar**

Lunch Menu K-5

December 2017

Serving Period: Lunch

Serving Line: MAIN

Monday	Tuesday	Wednesday	Thursday	Friday
				-1- PEPPERONI PIZZA GRILLED CHICKEN SALAD & BREADSTICK ROMAINE SALAD STEAMED CARROTS CHILLED PEARS LOWFAT MILK VARIETY
-4- CHICKEN NUGGETS WITH SAUCE DINNER ROLL MASHED POTATOES/GRAVY 5 WAY MIXED VEGETABLES PEACHES LOWFAT MILK VARIETY	-5- NACHOS MEXICALI CORN REFRIED BEANS FRESH SEASONAL FRUIT SALSA BAR W/LETTUCE, TOMATO LOWFAT MILK VARIETY	-6- SPAGHETTI & MEATSAUCE GARLIC BREADSTICK OR CORNDOG CALIFORNIA VEGETABLES STEAMED GREEN BEANS PINEAPPLES LOWFAT MILK VARIETY	-7- CHRISTMAS HOLIDAY MEAL GLAZED HAM CORNBREAD DRESSING DINNER ROLL GREEN BEANS SWEET POTATO W/SWEET BUTTER FRUIT COCKTAIL RED VELVET CAKE LOWFAT MILK VARIETY	-8- PEPPERONI PIZZA GRILLED CHICKEN SALAD & BREADSTICK HOME STYLE GREEN BEANS CARROTS & RANCH PEARS LOWFAT MILK VARIETY
-11- CHEESEBURGER OR HOTDOG LETTUCE & TOMATO SWEET POTATO FRIES BAKED BEANS FRUIT COCKTAIL LOWFAT MILK VARIETY	-12- CHICKEN PATTY SANDWICH LETTUCE & TOMATO CARROTS & RANCH STEAMED BROCCOLI FRESH SEASONAL FRUIT LOWFAT MILK VARIETY	-13- BEEFY MAC OR DELI CHICKEN SALAD GARLIC BREADSTICK STEAMED CORN 5 WAY MIX VEGETABLES CHERRY BLUE RASP FRUIT SORBET LOWFAT MILK VARIETY	-14- CHICKEN TENDER OR COUNTRY FRIED STEAK &GRAVY DINNER ROLL MASHED POTATOES & GRAVY GLAZED CARROTS CHILLED PEARS LOWFAT MILK VARIETY	-15- CHEESE PIZZA OR HAM CHEF SALAD/BREADSTICK GARDEN SALAD SWEET PEAS CHILLED APPLESAUCE LOWFAT MILK VARIETY
-18-	-19-	-20-	-21-	-22-
-25-	-26-	-27-	-28-	-29-

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**Phenix City BOE Central Office
Scheduled Menu Plans Calendar**

Breakfast Menu 6-8

December 2017

Serving Period: Breakfast

Serving Line: MAIN

Monday	Tuesday	Wednesday	Thursday	Friday
				-1- WAFFLE STICKS & SAUSAGE LINK CHILLED PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST
-4- HAM & CHEESE BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-5- YOGURT PARFAIT PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-6- GRITS & TOAST SCRAMBLED EGGS TRIX BAR PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-7- CORN DOG PUPS BAKED APPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-8- FRENCH TOAST & SAUSAGE LINK APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST
-11- CINNAMON ROLL (NEW) CHILLED PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-12- PANACKES W/ SYRUP PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-13- CINNAMON OATMEAL TOAST WITH JELLY RAISINS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-14- SAUSAGE BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-15- WAFFLE STICKS & SAUSAGE LINK CHILLED PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST
-18-	-19-	-20-	-21-	-22-
-25-	-26-	-27-	-28-	-29-

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**Phenix City BOE Central Office
Scheduled Menu Plans Calendar**

Lunch Menu 6-8

December 2017

Serving Period: Lunch

Serving Line: MAIN

Monday	Tuesday	Wednesday	Thursday	Friday
				-1- CHEESE PIZZA OR PEPPERONI PIZZA BUFFALO CHICKEN SALAD/BREADSTICK GARDEN SALAD APPLESAUCE STEAMED CARROTS LOWFAT MILK VARIETY
-4- CHICKEN & WAFFLES OR SALISBURY STEAK DINNER ROLL MASHED POTATOES/GRAVY 5 WAY MIXED VEGETABLES PEACHES & CREAM LOWFAT MILK VARIETY	-5- CHOICE OF SOFT TACO OR NACHO CHIPS CHOICE OF CHICKEN FAJITA OR BEEF W/SHRED CHEESE SALSA, LETTUCE AND TOMATO MEXICALI RICE MEXICALI CORN REFRIED BEANS SEASONAL FRESH FRUIT LOWFAT MILK VARIETY	-6- CORNDOG PEAS & CARROTS CALIFORNIA VEGETABLES PINEAPPLES LOWFAT MILK VARIETY CHOCOLATE SMORES PUDDING	-7- CHRISTMAS HOLIDAY MEAL GLAZED HAM CORNBREAD DRESSING DINNER ROLL GREEN BEANS SWEET POTATO W/SWEET BUTTER FRUIT COCKTAIL RED VELVET CAKE LOWFAT MILK VARIETY	-8- CHEESE PIZZA OR PEPPERONI PIZZA FAJITA CHICKEN SALAD/BREADSTICK CARROTS & RANCH ROMAINE SIDE SALAD SLICED PEARS LOWFAT MILK VARIETY
-11- CHEESEBURGER OR CHILI DOG LETTUCE/TOMATO SWEET POTATO FRIES BAKED BEANS FRUIT COCKTAIL LOWFAT MILK VARIETY	-12- TURKEY WRAP GRAB & GO OR CHICKEN POT PIE DINNER ROLL CARROT STICKS & RANCH STEAMED BROCCOLI FRESH SEASONAL FRUIT LOWFAT MILK VARIETY	-13- BEEFY MAC GARLIC BREADSTICK OR CRISPY CHICKEN PATTY SANDWICH OR DELI CHICKEN SALAD LETTUCE & TOMATO 5 WAY VEGETABLE MIX STEAMED CORN CHERRY BLUE RASP FRUIT SORBET LOWFAT MILK VARIETY	-14- COUNTRY FRIED STEAK & GRAVY OR CHICKEN TENDERS & SAUCE DINNER ROLL MASHED POTATOES & GRAVY GLAZED CARROTS CHILLED PEARS LOWFAT MILK VARIETY	-15- CHEESE PIZZA OR PEPPERONI PIZZA GRILLED CHICKEN SALAD/BREADSTICK GARDEN SALAD GLAZED CARROTS APPLESAUCE LOWFAT MILK VARIETY
-18-	-19-	-20-	-21-	-22-
-25-	-26-	-27-	-28-	-29-

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**Phenix City BOE Central Office
Scheduled Menu Plans Calendar**

Breakfast Menu 9-12

December 2017

Serving Period: Breakfast

Serving Line: MAIN

Monday	Tuesday	Wednesday	Thursday	Friday
				-1- WAFFLE STICKS & SAUSAGE LINK CHILLED PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST
-4- HAM & CHEESE BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-5- YOGURT PARFAIT PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-6- GRITS & TOAST SCRAMBLED EGGS TRIX BAR PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-7- CORN DOG PUPS BAKED APPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-8- FRENCH TOAST & SAUSAGE LINK APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST
-11- CINNAMON ROLL (NEW) CHILLED PEACHES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-12- PANACKES W/ SYRUP PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-13- CINNAMON OATMEAL TOAST WITH JELLY RAISINS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-14- SAUSAGE BISCUIT FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST	-15- WAFFLE STICKS & SAUSAGE LINK CHILLED PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY GRAB-N-GO BREAKFAST
-18-	-19-	-20-	-21-	-22-
-25-	-26-	-27-	-28-	-29-

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**Phenix City BOE Central Office
Scheduled Menu Plans Calendar**

Lunch Menu 9-12

December 2017

Serving Period: Lunch

Serving Line: MAIN

Monday	Tuesday	Wednesday	Thursday	Friday
				-1- CHEESE OR PEPPERONI PIZZA BUFF CHICKEN SALAD/BREADSTICK GARDEN SALAD GLAZED CARROTS APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY
-4- CHICKEN & WAFFLES OR SALISBURY STEAK DINNER ROLL RICE PILAF MASHED POTATOES/GRAVY 5 WAY MIXED VEGETABLES PEACHES & CREAM 100% FRUIT JUICE LOWFAT MILK VARIETY	-5- CHOICE OF SOFT TACO OR NACHO CHIPS CHOICE OF FAJITA CHICKEN OR BEEF W/SHRED CHEESE MEXICAN RICE MEXICALI CORN SALSA, LETTUCE, TOMATOES REFRIED BEANS SEASONAL FRESH FRUIT 100% FRUIT JUICE LOWFAT MILK VARIETY	-6- CORNDOG PEAS & CARROTS CALIFORNIA VEGETABLES PINEAPPLES 100% FRUIT JUICE LOWFAT MILK VARIETY	-7- CHRISTMAS HOLIDAY MEAL GLAZED HAM CORNBREAD DRESSING DINNER ROLL GREEN BEANS SWEET POTATO W/SWEET BUTTER FRUIT COCKTAIL RED VELVET CAKE 100% JUICE LOWFAT MILK VARIETY	-8- CHEESE OR PEPPERONI PIZZA FAJITA CHIC SALAD/BREADSTICK CARROTS & RANCH ROMAINE SIDE SALAD PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY
-11- CHEESEBURGER OR CHILI DOG LETTUCE/TOMATO SWEET POTATO FRIES BAKED BEANS FRUIT COCKTAIL 100% FRUIT JUICE LOWFAT MILK VARIETY	-12- TURKEY & CHEESE WRAP GRAB & GO OR CHICKEN POT PIE (may sub bbq sand) DINNER ROLL CARROTS & RANCH STEAMED BROCCOLI SEASONAL FRESH FRUIT CHOCOLATE CHIP COOKIES 100% FRUIT JUICE LOWFAT MILK VARIETY	-13- BEEFY MAC W/GARLIC BREADSTICK OR CRISPY CHICKEN PATTY SANDWICH LETTUCE & TOMATO 5 WAY MIX VEGETABLES STEAMED CORN BLUE RASP FRUIT SORBET 100% FRUIT JUICE LOWFAT MILK VARIETY	-14- CHICKEN TENDERS WITH SAUCE OR COUNTRY STEAK & GRAVY DINNER ROLL MASHED POTATOES & GRAVY GLAZED CARROTS CHILLED PEARS 100% FRUIT JUICE LOWFAT MILK VARIETY	-15- CHEESE OR PEPPERONI PIZZA HAM SALAD/BREADSTICK GARDEN SALAD GREEN PEAS APPLESAUCE 100% FRUIT JUICE LOWFAT MILK VARIETY
-18-	-19-	-20-	-21-	-22-
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