

# **Pike County Schools**

## **WELLNESS POLICY REVIEW SUMMARY**

Pike County Schools adopted their Wellness Policy on Physical Activity and Nutrition in 2006. During this review, the goal was to ensure that the Wellness Policy is being implemented and enforced at all schools: Banks Primary, Banks Middle School, Goshen Elementary, Goshen High, Pike County Elementary, and Pike County High.

The NSLP is available to all students in the Pike County School system. All schools follow the USDA guidelines for this program. Breakfast is offered to all students and adheres to the USDA guidelines, as well. The review revealed no food sales occurred during the breakfast and lunch time periods.

Snacks sold on campus follow the Smart Snacks standards and meet the requirements based on the “smart snacks calculator”. Vending machine and school snack stores comply with the USDA guidelines.

Pike County Schools hold fundraisers that meet the guidelines set forth by USDA. All food items that do not comply are distributed off-campus.

Nutrition education is implemented during lessons in the classroom and/or physical education time.

Daily physical education is provided to all students in the Pike County School system. Physical education class is mandatory for grades K-9.

This review was completed by members of the Wellness Committee or school staff.