



**POR VIDA ACADEMY**  
CHARTER DISTRICT  
FOR LIFE

## **Por Vida Academy Charter School District Health Services Department**

The School Nurse administers first aid and assesses your child's medical needs. She/he does not diagnose illnesses, but takes a note of symptoms and notifies the parent/guardian of her/his observations.

We ask that the student be kept at home when ill and he must have a normal temperature for 24 hours after any illness before returning to school.

This is very important for the health of your child and for the health of all other students at school.

### **Medications**

1. Parents are encouraged to schedule the administration of a student's medications in such a manner that the medication required at school is kept to a minimum.
2. Antibiotics and other short-term medication may be administered at school upon written request from the parent or guardian. Medication must be brought to school in the original prescription labeled bottle. Short-term medications will be administered for a maximum of 10 days, unless stated otherwise by a physician.
3. Long-term medication may be given only if a special medication form is completed by the attending physician and the medication is brought in the properly labeled prescription bottle. Special medication forms may be obtained in the school clinic or on the school website. The student must have a current medication form filled out for each school year. Parent/ guardian must fill out the bottom of the form.
4. All medications must be taken to the school clinic by an adult and medications will be dispensed from the clinic. Medications are not to be carried by the student, kept in classrooms, or administered by the student.
5. Over-the-counter medications for headache, sore throat, cough, upset stomach, diarrhea, itching from insect bites, allergic skin reactions, muscular/skeletal discomfort and menstrual cramps may be given by the nurse,

providing there is parental consent and the medications are brought to school in the original un-opened container, by the parent.

### **Illness or Injury at School**

If upon nursing assessment a student is determined to be ill and/or possibly contagious to others, or is injured at school and needs further evaluation or treatment, he/she will be given first aid and the parent/guardian will be notified. Every effort will be made to contact the parent or guardian first. If the parent/guardian is unable to come for the student, arrangements must be made for his/her care by the parent/guardian. In an extreme emergency, EMS or ambulance designated by the parent/guardian will be called.

### **Chronic Illnesses**

If your student has been diagnosed with a chronic illness such as Diabetes, Asthma, Seizures/Epilepsy, please see the school nurse so that an appropriate individualized treatment plan can be developed to best care for your child's needs.

### **Absence due to Illness**

The nurse has the responsibility if she/he suspects a contagious illness to request that the student be picked up by the parent or guardian and examined by a physician for diagnosis and treatment. Please notify the school nurse upon confirmation of a contagious illness.

### **Emergency Contact Information**

Please keep your emergency contact information updated.