

## Jump Rope for Heart 2017

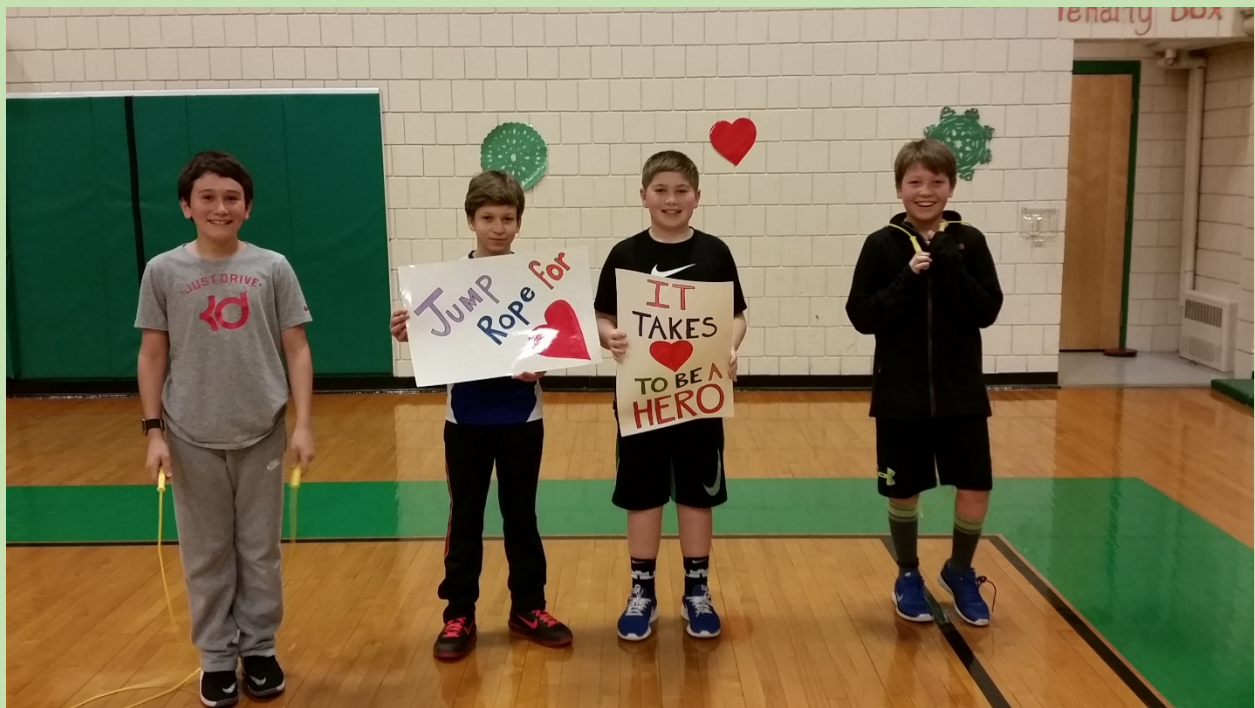
The Portage Area Elementary school participated in The American Heart Association's Jump Rope for Heart during the month of February and March. This is the 4<sup>th</sup> year we have participated in this event. Our school's total contribution during this time is 16,142.40. This year our overall goal was \$3,800 and with the community's support, we passed our goal, raising \$4,000.00 in the process. Our top fundraiser this year is Charlotte Melotti who is in 5<sup>th</sup> grade, this is her 4<sup>th</sup> year being one of our top fundraisers. Aside from collecting donations for The American Heart Association, students in grades kindergarten through 6<sup>th</sup> grade also learn about the heart and participate in cardiovascular activities during Physical Education and Health class. In physical education students learn the basic skills of jump rope, then progress to more advanced skills in individual and partner jump roping. Students also participate in long rope and Chinese jump rope activities. Grades 3<sup>rd</sup> through 6<sup>th</sup> also test themselves in competitions; such as how many forward jumps they can complete in a row and in a one minute period, with the top boy and girl student in each grade receiving a prize. Students also received thank you gifts by raising money for the American Heart association, as a reward for their effort. Our school will also receive a \$200 certificate for US Games to order equipment for Physical Education Class. We would like to thank our students, parents and our community for all their donations, you all are Heart Heroes!



Charlotte Melotti, top fundraiser



Sydney Castel, Abby Altemsus, Lauryn Bobolsky, and Grace Corte



Luke Brickley, Tyler Adams, Billy Dobowolsky, and Zach Brown