

UPMC Altoona Foundation

FREE CONCUSSION BASELINE TESTS

UPMC Altoona Foundation and UPMC Concussion Program are sponsoring FREE Baseline Concussion Testing for student athletes in Blair County, Cambria County as well as surrounding communities. Testing will occur during June and July. We will be offering the Adult (ages 10+) ImPACT Neurocognitive Baseline Tests.

What is Neurocognitive Baseline Concussion Testing?

- The ImPACT® neurocognitive baseline test is a computer-based test that establishes a benchmark score when an athlete is in his or her non-concussed or “normal” state.
- The program known as ImPACT® (Immediate Post-Concussion Assessment and Cognitive Testing), checks neurocognitive function through working memory, visual memory, verbal memory, attention, reaction time, mental speed and processing speed.
- The ImPACT® neurocognitive baseline test ***DOES NOT*** evaluate the athlete for a concussion, identify past concussion(s), prevent future concussions or determine if the athlete is predisposed to a concussion.
- The results of the ImPACT® neurocognitive baseline test become part of a comprehensive clinical evaluation to determine the severity and the required medical treatment for the student athlete, should a concussion occur.
- ImPACT® is the ***first and only*** concussion-specific medical device to be approved by the FDA.

Who is eligible to participate? What is the cost?

- Adult Test for ages 10+
- No Cost, **this is FREE**
- The participant must not have sustained a concussion in the last 30 days and be symptom-free during testing.
- **Online registration is REQUIRED for Testing (see below)**

What can I expect on the day of testing?

- Arrive 10-15 minutes before your appointment time; Black and Gold signs will guide you to check in.
- A powerpoint presentation video will be given along with a brief talk by UPMC Neuropsychologist Dr. Brandon Gillie
- The program takes approximately 45 minutes to complete testing.
- Licensed Athletic Trainers from UPMC Sports Medicine will supervise the program and test.

Testing Dates, Times and Locations

- June 8 and 22, 2019 at UPMC Ebensburg Outpatient Facility
 - 1pm-5pm
- July 26 at Appalachia Intermediate Unit 8, Altoona
 - 10am-4pm

Please register at:

www.upmc.com/baselinetesting

UPMC Ebensburg June 8 and June 22

Appalachia Intermediate Unit 8 in Altoona July 26

For additional questions and information, please contact Rob Dingle at dinglecr@upmc.edu or 412-432-3635

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