

QUITMAN JH/HS BREAKFAST

DECEMBER 2018

	Monday	Tuesday	Wednesday	Thursday	Big Breakfast Friday
Fresh Fruits and Veggies from Local Farmers					
Daily Variety Options of Fresh and Canned Fruit	Breakfast Pizza 3 Simply Chex Bites <i>Strawberry or Chocolate</i> Vanilla Yogurt Cup Cereal Bowl Toast	Bacon Breakfast Sandwich 4 Cereal Bar <i>Cinnamon Toast Crunch, Cocoa Puffs, Fruity Cheerios</i> Cheese Stick Cereal Bowl Toast	French Toast 5 Sausage Links Nutra Grain Bar <i>Strawberry or Apple</i> Vanilla Yogurt Cup Cereal Bowl Toast	Breakfast Taco 6 Homemade Salsa Simply Chex Bites <i>Strawberry or Chocolate</i> Vanilla Yogurt Cup Cereal Bowl Toast	Scrambled Eggs 7 Sausage Patty Biscuit Gravy Cereal Bowl Toast
Milk Variety Includes: Fat Free Flavored Milk and 1% White Milk	Ham & Egg Biscuit 10 Cereal Bar <i>Cinnamon Toast Crunch, Cocoa Puffs, Fruity Cheerios</i> Cheese Stick Cereal Bowl Toast	Breakfast Bowl 11 Simply Chex Bites <i>Strawberry or Chocolate</i> Vanilla Yogurt Cup Cereal Bowl Toast	Fruit Parfait 12 <i>Peaches or Strawberries</i> Mini Maple Pancakes Cinnamon Breakfast Cookie Cereal Bowl Toast	Chicken Biscuit 13 with Honey Mustard Cup or Jelly Mini Chocolate Donuts Cereal Bowl Toast	Cheese Omelette 14 Sausage Links Biscuit Gravy Cereal Bowl Toast
Fruit Juice Variety offered with Breakfast	Pancake on a Stick 17 <i>Apple, Blueberry or Plain</i> Cereal Bar & Cheese Stick <i>Cinnamon Toast Crunch, Cocoa Puffs, Fruity Cheerios</i> Cereal Bowl	Chocolate Muffins with Sausage Links 18 Nutra Grain Bar <i>Strawberry or Apple</i> Vanilla Yogurt Cup Cereal Bowl Toast	Breakfast Calzone with Marinara Cup 19 Simply Chex Bites <i>Strawberry or Chocolate</i> Vanilla Yogurt Cup Cereal Bowl Toast	Glazed Pancakes 20 Blueberry or Cinnamon Sausage Patty Mini Bagels <i>Strawberry or Cinnamon</i> Cereal Bowl Toast	NOTE: 21 Christmas Break Begins.....
	24	25	26	27	28 See you on Monday January 7, 2019