

QUITMAN JH/HS BREAKFAST

JANAURY 2019

	Monday	Tuesday	Wednesday	Thursday	Big Breakfast Friday
Fresh Fruits and Veggies from Local Farmers		1	2	3	4
Daily Variety Options of Fresh and Canned Fruit	Chicken - N- Waffles 7 Cinnamon Breakfast Cookie Cereal Bowl Toast Instant Oatmeal Variety	Glazed Cinnamon Roll 8 Cereal Bar <i>Cinnamon Toast Crunch,</i> <i>Cocoa Puffs, Fruity Cheerios</i> Cheese Stick Cereal Bowl Toast Instant Oatmeal Variety	Sausage Breakfast 9 Sandwich Simply Chex Strawberry Bites Simply Chex Choc. Caramel Vanilla Yogurt Cup Cereal Bowl Toast Instant Oatmeal Variety	Chorizo BKF Taco 10 Apple Nutra Grain Bar Strawberry Nutra Grain Bar Vanilla Yogurt Cup Cereal Bowl Toast Instant Oatmeal Variety	Cheese Omelette 11 Sausage Patty Biscuit Gravy Cereal Bowl Toast Instant Oatmeal Variety
Milk Variety Includes: Fat Free Flavored Milk and 1% White Milk	Breakfast Pizza 14 Grape Filled Crescent Cereal Bowl & Toast Instant Oatmeal Variety	Bacon Breakfast Sandwich 15 Cereal Bar <i>Cinnamon Toast Crunch,</i> <i>Cocoa Puffs, Fruity Cheerios</i> Cheese Stick Cereal Bowl & Toast Instant Oatmeal Variety	French Toast 16 Sausage Links Apple Nutra Grain Bar Strawberry Nutra Grain Bar Vanilla Yogurt Cup Cereal Bowl & Toast Instant Oatmeal Variety	Breakfast Taco 17 Homemade Salsa Mini Strawberry Bagel Mini Cinnamon Bagel Cereal Bowl & Toast Instant Oatmeal Variety	Scrambled Eggs 18 Sausage Patty Biscuit Gravy Cereal Bowl & Toast Instant Oatmeal Variety
Fruit Juice Variety offered with Breakfast	21 NO SCHOOL	Breakfast Bowl 22 Simply Chex Strawberry Bites Simply Chex Choc. Caramel Vanilla Yogurt Cup Cereal Bowl & Toast Instant Oatmeal Variety	Fruit Parfait 23 <i>Peaches or Strawberries</i> Mini Maple Pancakes Chocolate Filled Crescent Cereal Bowl & Toast Instant Oatmeal Variety	Chicken Biscuit 24 with Honey Mustard Cup or Jelly Mini Chocolate Donuts Cereal Bowl & Toast Instant Oatmeal Variety	Cheese Omelette 25 Sausage Patty Biscuit Gravy Cereal Bowl & Toast Instant Oatmeal Variety
	Chocolate Muffins 28 Sausage Patty Cereal Bar & Cheese Stick <i>Cinnamon Toast Crunch,</i> <i>Cocoa Puffs, Fruity Cheerios</i> Cereal Bowl & Toast Instant Oatmeal Variety	Ham & Egg Biscuit 29 Mini Cinnis Cereal Bowl Toast Instant Oatmeal Variety	Breakfast Calzone with 30 Marinara Cup Simply Chex Strawberry Bites Simply Chex Choc. Caramel Vanilla Yogurt Cup Cereal Bowl & Toast Instant Oatmeal Variety	Glazed Pancakes 31 Blueberry or Cinnamon Sausage Patty Mini Cinnamon Bagel Mini Strawberry Bagel Cereal Bowl & Toast Instant Oatmeal Variety	