

# RCSS School Health Advisory Council Minutes

Meeting Date: February 26, 2018

## **Council Members Present:**

Edwina Ashworth (Director of Administrative Services for Students); Shon Hildreth (Principal – SWRHS); Monica Hurley (Lead School Nurse); Jayme Robertson (Child Nutrition Supervisor); Kendall Phillips (Health Educator – RCHD); Laura Lambert (Health Educator – RCHD); Kelly Green (Assistant Director – School Nutrition); Greg Brewer (Safety Coordinator); Carla Miller (Assistant Principal – SWRHS); Susan Robbins (School Social Worker); Brianna Rouse (School Social Worker); Austin Davis (Physical Education - PGHS)

**Others:** Donna Osborne (School Nutrition Director), Marty Trotter (Assistant Superintendent for Operations)

## **Minutes:**

Edwina Ashworth called the meeting to order.

Minutes from the last minute were discussed and approved.

Council nominated and approved: Jayme Robertson as Vice-Chairman and Susan Robbins as Secretary.

## **Old Business:**

Each member received a copy of WellSAT 2.0 Assessment and a copy of Board Policy 6140, Student Wellness. Edwina Ashworth gave an explanation of School Wellness Evaluation Tool, WellSAT 2.0 Assessment. She shared this was the tool that other school systems are using. This assessment will keep focus on several of the 10 components in the second paragraph of Board Policy 6140. Edwina Ashworth explained the committee would conduct the assessment. Two groups were formed--Group 1, to cover sections 1,2, and 3 and Group 2, to cover sections 3,4, and 5 for completing the WellSAT Assessment 2.0.

## **New Business/Reports/Roundtable Discussions:**

Kelly Green shared that an employee health fair partnered with Sam Varner was in the works. School Nutrition has a Food Show and Kitchen Tour scheduled at Randleman Middle School on 2-28-18 from 3:30 - 5:00. A Menu Committee was started last month as well. Kelly also shared that federal dollars could **only** be spent on equipment, no incentives.

Greg Brewer shared the importance of keeping up with changing regulations and that they were included in the goals.

Kendall Phillips shared that Youth Mental Health First Aid Training will be expanding soon. She hopes to become a trainer. She also shared she has been speaking with the Poe Center about

their offerings. At some point in the future Bullying Prevention is a possibility from the Poe Center.

Edwina Ashworth shared the counselors and social workers were currently receiving ASIST training (February and April). She also shared that a group of administrators have received Youth Mental Health First Aid Training in the fall.

Laura shared that E-Cigarette training is a possibility for teachers/staff.

Monica Hurley shared, regarding employee wellness at RCSS, that Mobile Mammography may be in the near future for staff. This has been talked about at several of the nurses Wellness Trainings. She also shared that nurses have finished delivering folders/packets to local doctors' offices that included health information forms needed by RCSS for enrollment and health care plans.

Susan Robbins shared information regarding the juvenile age changing from 16 years old to 18 years old. It will become reality in January 2019 but between now and then there are details being ironed out in Raleigh on how this will affect the educational system.

Edwina Ashworth will send results/numbers for group to look at/go over prior to the next SHAC meeting.

Meeting adjourned.