







February Elementary Menu

Traditional Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	Enjoy fresh NC Apples and Sweet Potatoes this month in your school cafeteria! 	1 Chicken Biscuit (27) Chicken Pie (27) w/ WG Biscuit (20) Corn Dog Nuggets (31) Red Bliss Mashed Potatoes (18) Seasoned Green Beans (4)	2 PB&J Sandwich (32) Cheese Pizza (33) Baked Spaghetti (27) w/ WG Garlic Breadstick (17) Steamed Corn (17) Roasted Okra (6)	3 Sausage Breakfast Pizza (21) Chicken Strips (13) w/ WG Biscuit (20) Sausage Biscuit (20) Oven Baked Home Fries (19) Cajun Pinto Beans (19) Caesar Salad (7)
6 Sausage Biscuit (20) 100% All Beef Hamburger (27) BBQ Sandwich (30) Oven Baked Tater Tots (19) Cole Slaw (7) Steamed Corn (17)	7 French Toast Snacks (37) Crispy Popcorn Chicken (14) w/ WG Garlic Breadstick (17) Toasted Cheese Sandwich (28) Vegetable Beef Soup (14) Caesar Salad (7)	8 Chicken Biscuit (27) Breaded Chicken (11) w/ Original Mac 'N Cheese (20) Meatloaf (6) w/ Original Mac 'N Cheese (20) Oven Baked Sweet Potato Tots (24) Seasoned Green Beans (4)	9 Banana Bread Slice (43) Pepperoni Pizza (33) Mini Cheese Ravioli (27) w/ WG Garlic Breadstick (17) Steamed Corn (17) Steamed Kale (10)	10 Hawaiian Ham & Cheese (28) Classic Beef Nachos or Rice Bowl (48) Cheese Quesadilla Sliders (32) Mixed Greens (3) Salsa (6) Cajun Pinto Beans (19)
13 Sausage Biscuit (20) Chili Dog (30) Sloppy Joe Sandwich (36) Steamed Corn (17) Cole Slaw (7)	14 Chocolate Muffin (32) w/ String Cheese (1) Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (8) Teriyaki Glazed Popcorn Chicken (30) w/ Brown Rice (48) Steamed Broccoli (3) Glazed Carrots (13)	15 Chicken Biscuit (27) Chicken Pie (27) w/ WG Biscuit (20) Corn Dog Nuggets (31) Red Bliss Mashed Potatoes (18) Seasoned Green Beans (4)	16 PB&J Sandwich (32) Cheese Pizza (33) Baked Spaghetti (27) w/ WG Garlic Breadstick (17) Steamed Corn (17) Roasted Okra (6)	17 Sausage Breakfast Pizza (21) Chicken Strips (13) w/ WG Garlic Breadstick (17) Taco Soup (26) w/ WG Tortilla Chips (34) Oven Baked Home Fries (19) Cajun Pinto Beans (19) Caesar Salad (7)
20 Sausage Biscuit (20) 100% All Beef Hamburger (27) BBQ Sandwich (30) Oven Baked Tater Tots (19) Cole Slaw (7) Steamed Corn (17)	21 Cinnamon Bun Snacks (37) Crispy Popcorn Chicken (14) Loaded Baked Potato (44) Both offered w/ WG Rice Krispy Treat (30) Broccoli & Cheese Soup (11) Caesar Salad (7)	22 Chicken Biscuit (27) Breaded Chicken (11) w/ Brown Rice (48) Country Style Steak (5) w/ Brown Rice (48) Oven Baked Sweet Potato Tots (24) Seasoned Green Beans (4)	23 Banana Bread Slice (43) Pepperoni Pizza (33) Mini Cheese Ravioli (27) w/ WG Garlic Breadstick (17) Steamed Corn (17) Steamed Kale (10)	24 Hawaiian Ham & Cheese (28) Classic Beef Nachos or Rice Bowl (48) Cheese Quesadilla Sliders (32) Mixed Greens (3) Salsa (6) Cajun Pinto Beans (19)
27 Sausage Biscuit (20) Chili Dog (30) Sloppy Joe Sandwich (36) Steamed Corn (17) Cole Slaw	28 Chocolate Muffin (32) w/ String Cheese (1) Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (8) Sesame Glazed Popcorn Chicken (33) w/ Brown Rice (48) Steamed Broccoli (3) Fresh NC Sweet Potato (28)	School Breakfast Prices *UB Price - \$0.00, Regular Price - \$1.25 School Lunch Prices – Elementary: \$2.20, Middle/High: \$2.35, Reduced: \$0.40		USDA is an equal opportunity provider and employer.

 Signifies scratch-made item

 Signifies items made w/ fresh produce



Offered Daily at Breakfast – Choice of Honey Nut Cheerios (GF) or Cinnamon Toast Crunch Cereal or Dunkin Stix w/ Mozzarella String Cheese, Yogurt w/ Grahams, 100% Fruit Juice, Assorted Fruit, and Choice of Milk

Offered Daily at Lunch – Choice of 1% or Skim Milk, Fresh or Chilled Fruit option, Munchable Entrée: Choice of Yogurt and/or 100% Mozzarella String Cheese and WG Breadstick and/or WG Cheddar Goldfish Crackers

Birthday Celebrations – Students will enjoy a Rice Krispy Treat with selection of a complete meal – Just look for the balloons!

Please Note: Ingredients and menu items are subject to change without notice. Carbohydrate counts of all menu items are listed beside each item

*For more information about Universal Breakfast (UB), go to the School Nutrition tab on the RCSS website.

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