

























JANUARY

Elementary School Menu

Breakfast in the Classroom



Monday	Tuesday	Wednesday	Thursday	Friday
Teacher Workday  2 Chocolate Muffin (32) 3 <i>w/ String Cheese</i> Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (8) Sesame Glazed Popcorn Chicken (33) w/ Brown Rice (48) Steamed Broccoli (3) Oven Baked Sweet Potato Tots (24)	9 SNOW DAY 10 SNOW DAY	Chicken Biscuit (27) 4 Chicken Strips (13) w/ WG Biscuit (20) Sausage Biscuit (20) Oven Baked Home Fries (19) Cajun Pinto Beans (19)	PB&J Sandwich (32) 5 Cheese Pizza (33) Baked Spaghetti (27)  <i>w/ WG Garlic Breadstick (17)</i> Steamed Corn (17) Roasted Okra (6)	Sausage Breakfast Pizza (21) 6 Turkey Pie (26) w/ WG Biscuit (20)  Corn Dog Nuggets (31) Red Bliss Mashed Potatoes (18)  Seasoned Green Beans (14)
Holiday  16 Sausage Biscuit (20) 17 Crispy Popcorn Chicken (14) Toasted Cheese Sandwich (28)  Both served w/ Rice Krispy Treat (30)  Vegetable Beef Soup (14)  Caesar Salad (7)	23 Teacher Workday  24 Teacher Workday  Chocolate Muffin (32) 25 <i>w/ String Cheese</i> Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (8) Teriyaki Glazed Popcorn Chicken (30) w/ Brown Rice (48) Steamed Broccoli (3) Glazed Carrots (13) 	11 SNOW DAY 18 Chicken Biscuit (27) 18 Breaded Chicken (11) w/ Original Mac 'N Cheese (20) Meatloaf (6) w/ Original Mac 'N Cheese (20)  Oven Baked Sweet Potato Tots (24) Seasoned Green Beans (4)	12 Banana Bread Slice (43) 12 100% All Beef Hamburger (27) BBQ Sandwich (30) Oven Baked Tater Tots (19) Cole Slaw (7)  Caesar Salad (7)	19 Sausage Breakfast Pizza (21) 20 Turkey Pie (26) w/ WG Biscuit (20)  Corn Dog Nuggets (31) NC Fresh Sweet Potato (28)  Seasoned Green Beans (4)
30 Sausage Biscuit (20) Chili Dog (30) Crispy Fish Nuggets (22) Oven Baked Potato Wedges (21) Cole Slaw (7) 	31 Chocolate Muffin (32) 31 <i>w/ String Cheese</i> Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (8) Sesame Glazed Popcorn Chicken (33) w/ Brown Rice (48) Steamed Broccoli (3) Glazed Carrots (13) 	 <i>Signifies scratch-made item</i>  <i>Signifies items made w/ fresh produce</i> Enjoy fresh NC apples and sweet potatoes this month in your school cafeteria!  	26 Chicken Biscuit (27) 26 Chicken Strips (13) w/ WG Garlic Breadstick (17)  Taco Soup (26) w/ WG Tortilla Chips (34) Oven Baked Home Fries (19) Cajun Pinto Beans (19) Caesar Salad (7) 	27 PB&J Sandwich (32) 27 Cheese Pizza (33) Baked Spaghetti (27)  <i>w/ WG Garlic Breadstick (17)</i> Steamed Corn (17) Roasted Okra (6)



Offered Daily at Breakfast – Choice of Cinnamon Bun Snacks, French Toast Snacks, or Yogurt w/ Grahams, 100% Fruit Juice, Assorted Fruit, and Choice of Milk

Offered Daily at Lunch – Choice of 1% or Skim Milk, Fresh or Chilled Fruit option, Munchable Entrée: Choice of Yogurt and/or 100% Mozzarella String Cheese and WG Breadstick and/or WG Cheddar Goldfish Crackers

Birthday Celebrations – Students will enjoy a Rice Krispy Treat with selection of a complete meal – Just look for the balloons!

Please Note: Ingredients and menu items are subject to change without notice.

Carbohydrate counts of all menu items are listed beside each item.

*For more information about Universal Breakfast (UB), go to the School Nutrition tab on the RCSS website.

**Make Payments & View Your Students Account online! Just go to www.k12paymentcenter.com

School Breakfast Prices

*UB Price - \$0.00, Regular Price - \$1.25

School Lunch Prices – Elementary: \$2.20, Middle/High: \$2.35, Reduced: \$0.40

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Revised 1-12-17