

# APRIL

## High School Menu

This institution is an equal opportunity provider.

**Offered Daily at Breakfast** – Choice of Strawberry, Brown Sugar Cinnamon, or Chocolate Fudge Poptart, or Self-Serve Yogurt Parfait w/ Assorted Fruit Choices, 100% Fruit Juice, and Choice of Milk.

**Offered Daily at Lunch** – Choice of 1% or Skim Milk, **Daily Manager's Choice Entrée**; **Daily Build Your Own Salad Bar**: Fresh Artisan Blend Spring Mix, Diced Ham, Shredded Cheese, Confetti Salad, Croutons, Chilled Fruit Option

**Cold Bar Entrées M/W/F** – Tuna Salad w/ breadstick and/or crackers; T/Th – Chef Salad w/ breadstick and/or crackers

Monday	Tuesday	Wednesday	Thursday	Friday
				
 <div style="border: 1px solid black; padding: 5px; width: fit-content;">                     April 9<sup>th</sup> – 12<sup>th</sup>                      Build Your Own Salad Bar, Pre-Package Chef Salad, and Confetti Salad may/may not be available                 </div>				
<b>9 Sausage Biscuit (28)</b> Chicken Pie (27) w/ Biscuit (28) Corn Dog Nuggets (31)  Baked Sweet Potato Tots (24) Seasoned Green Beans (4) Chilled Peaches (14)	<b>10 WG Dutch Waffle (43)</b> Homestyle Chicken Fillet Sandwich (43) Mac 'N Cheese Ham Bake (23) w/ WG Garlic Breadstick (15)  Oven Baked Tater Tots (19) Steamed Broccoli (3) Baked Apples (30)	<b>11 Chicken Biscuit (33)</b> Mozzarella Cheese Stuffed Sticks (30) <b>Build Your Own Burger Bar:</b> ¼ lb All Beef Hamburger (27) (Pressed in-house) w/ Choice of: Lettuce, Tomato, Pickles, Diced Onion, & scratch-made Chili (1) Marinara Cup (7) Oven Baked Potato Wedges (21) Chilled Mixed Fruit (15)	<b>12 Cinnamon Bun (30)</b> Pepperoni Pizza (33) Mini Cheese Ravioli (35) w/ WG Garlic Breadstick (15)  Steamed Corn (20) Roasted Okra (6) Strawberry Cup (22)	<b>13 Hawaiian Ham &amp; Cheese (28)</b> Pepperoni Pizza (33) <b>Build Your Own Nachos or Rice Bowl:</b> Classic Beef (1) or Buffalo Chicken (1) w/ Choice of Tortilla Chips (38) or Brown Rice (48)  Spring Mix Salad (1) Salsa (6), Cajun Pintos (19), Fresh Kiwi (10)
<b>16 Sausage Biscuit (28)</b> Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7) <b>Build Your Own Asian Rice Bowl:</b> Chef's Choice Sauce (20) over Popcorn Chicken (20) w/ Brown Rice (48)  Steamed Broccoli (3) Oven Baked Potato Wedges(21) Chilled Mixed Fruit (15)	<b>17 WG Glazed Donut (51)</b> Homestyle Chicken Fillet Sandwich (43) Sloppy Joe Sandwich (36)  Oven Baked Tater Tots (19) Cole Slaw (7) Baked Apples (30)	<b>18 Chicken Biscuit (33)</b> Chicken Tenders (15) w/ Mac 'N Cheese (20) Corn Dog Nuggets (31)  Oven Roasted Potatoes (19) Seasoned Green Beans (4) Chilled Peaches (14)	<b>19 PB&amp;J Sandwich (32)</b> Garlic French Bread (32) w/ Marinara (7) Baked Spaghetti (35) w/ WG Garlic Breadstick (15)  Steamed Corn (20) Roasted Okra (6) Strawberry Cup (22)	<b>20 Sausage Breakfast Pizza (21)</b> Crispy Popcorn Chicken (20) or <b>Build Your Own Baked Potato Bar:</b> Baked Potato (43) w/ Diced Ham, Cheese (2), and/or Scratch-made Chili (1) both w/ Choice of Cornbread Muffin (36) or Brown Rice (48)  Cajun Pinto Beans (19) Caesar Salad (7) w/ Dressing Chilled Pears (15)
<b>23 Sausage Biscuit (28)</b> Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7) <b>Build Your Own Burger Bar:</b> ¼ lb All Beef Hamburger (27) (Pressed in-house) w/ Choice of: Lettuce, Tomato, Pickles, Diced Onion, & scratch-made Chili (1) Cole Slaw (7) Oven Baked Potato Wedges(21) Chilled Mixed Fruit (15)	<b>24 WG Dutch Waffle (43)</b> Homestyle Chicken Fillet Sandwich (43) Mac 'N Cheese Ham Bake (23) w/ WG Garlic Breadstick (15)  Oven Baked Tater Tots (19) Caesar Salad (5) w/ Dressing Baked Apples (30)	<b>25 Chicken Biscuit (33)</b> Chicken Pie (27) w/ Biscuit (28) Corn Dog Nuggets (31)  Red Bliss Mashed Potatoes (18) Seasoned Green Beans (4) Chilled Peaches (14)	<b>26 Cinnamon Bun (30)</b> Pepperoni Pizza (33) Mini Cheese Ravioli (35) w/ WG Garlic Breadstick (15)  Steamed Corn (20) Roasted Squash & Zucchini (4) Strawberry Cup (22)	<b>27 Hawaiian Ham &amp; Cheese (28)</b> Pepperoni Pizza (33) <b>Build Your Own Nachos or Rice Bowl:</b> Classic Beef (1) or Buffalo Chicken (1) w/ Choice of Tortilla Chips (38) or Brown Rice (48)  Spring Mix Salad (1) Salsa (6), Cajun Pintos (19), Fresh Strawberries (6)
<b>30 Sausage Biscuit (28)</b> Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7) <b>Build Your Own Asian Rice Bowl:</b> Chef's Choice Sauce (20) over Popcorn Chicken (20) w/ Brown Rice (48)  Steamed Broccoli (3) Oven Baked Potato Wedges(21) Fuji Apple (10)	<b>School Breakfast Price –</b> *UB Price - \$0.00, Regular Price - \$1.25 <b>School Lunch Prices –</b> Elementary: \$2.30, Middle/High: \$2.45, Reduced: \$0.40   Signifies scratch-made item  Signifies items made w/ fresh produce			

### Recipe of the Month

#### Cole Slaw

**Serves: 6 (1/2 cup servings)**

#### Ingredients:

12 oz Raw Cabbage                      1/3 cup Mayo  
 2 tbsp granulated sugar              1/2 tsp salt  
 1 1/2 tsp apple cider vinegar        1/8 tsp pepper

#### Directions:

1. Thoroughly wash cabbage.
2. Cut into quarters and remove core, then chop cabbage.
3. Mix mayo, sugar, vinegar, salt, and pepper in a mixing bowl. Add to chopped cabbage and mix well.
4. Chill prior to serving.

\*For more information about Universal Breakfast (UB), go to the School Nutrition tab on the RCSS website.

