

August-September High School Menu



Hot breakfast available daily – Grab and Go Options also available (see below for details)

Offered Daily at Breakfast – Choice of WG Strawberry or Brown Sugar Cinnamon Pop Tart, or Self-Serve Yogurt Parfait – all offered w/ Assorted Fruit Choices, 100% Juice, & Choice of 1% Milk or Skim Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sausage Biscuit (28) 28</p> <p>Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7)</p> <p>Build Your Own Asian Rice Bowl: Chef's Choice Sauce (20) over Popcorn Chicken (20) w/ Brown Rice (48)</p> <p>Steamed Broccoli (3)</p> <p>Oven Baked Potato Wedges (21)</p> <p>Chilled Pears (15)</p>	<p>Chocolate Muffin (26) 29 w/ String Cheese(1)</p> <p>Homestyle Chicken Fillet Sandwich (43)</p> <p>BBQ Sandwich (30)</p> <p>Oven Baked Tater Tots (16)</p> <p>Cole Slaw (7)</p> <p>Baked Apples (30)</p>	<p>Chicken Biscuit (33) 30</p> <p>Breaded Chicken (11) w/ Mac 'N Cheese (20)</p> <p>Corn Dog Nuggets (30)</p> <p>Roasted Potatoes (19)</p> <p>Seasoned Green Beans (4)</p> <p>Chilled Peaches (14)</p>	<p>PB&J Sandwich (32) 31</p> <p>Baked Spaghetti (35) w/ WG Garlic Breadstick (15)</p> <p>Garlic French Bread (32) w/ Marinara (7)</p> <p>Roasted Okra (6)</p> <p>Baked Potato (43)</p> <p>Chilled Applesauce (15)</p>	<p>Sausage Breakfast Pizza (21) 1</p> <p>Garlic French Bread (32) w/ Marinara (7)</p> <p>Build Your Own Baked Potato Bar: Baked Potato (43) w/ Diced Ham & Cheese (1) and/or Chili w/ Choice of Cornbread Muffin (36) or Brown Rice (48)</p> <p>Caesar Salad (5) w/ Dressing</p> <p>Steamed Corn (20)</p> <p>Chilled Mixed Fruit (15)</p>
<p>LABOR DAY HOLIDAY</p>	<p>Dutch Waffle (43) 5</p> <p>Homestyle Chicken Fillet Sandwich (43)</p> <p>Mac 'N Cheese Ham Bake (23) w/ WG Garlic Breadstick (15)</p> <p>Baked Potato (43)</p> <p>Caesar Salad (5) w/ Dressing</p> <p>Baked Apples (30)</p>	<p>Chicken Biscuit (33) 6</p> <p>Chicken Pie (27) w/ Biscuit (28)</p> <p>Corn Dog Nuggets (30)</p> <p>Red Bliss Mashed Potatoes (18)</p> <p>Seasoned Green Beans (4)</p> <p>Chilled Peaches (14)</p>	<p>Cinnamon Bun (30) 7</p> <p>Mini Cheese Ravioli (35) w/ WG Garlic Breadstick (15)</p> <p>Pepperoni Pizza (33)</p> <p>Roasted Squash & Zucchini (4)</p> <p>Baked Potato</p> <p>Chilled Applesauce (15)</p>	<p>Hawaiian Ham & Cheese(27) 8</p> <p>Pepperoni Pizza (33)</p> <p>Build Your Own Nachos or Rice Bowl: Classic Beef (1) or Buffalo Chicken (1) w/ Choice of Tortilla Chips (38) or Brown Rice (48)</p> <p>Cajun Pintos(19), Steamed Corn (20), Salsa(6), Spring Mix Salad(1)</p> <p>Chilled Mixed Fruit (15)</p>
<p>Sausage Biscuit (28) 11</p> <p>Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7)</p> <p>Build Your Own Asian Rice Bowl: Chef's Choice Sauce (20) over Popcorn Chicken (20) w/ Brown Rice (48)</p> <p>Roasted Peppers & Onions (6)</p> <p>Oven Baked Potato Wedges (21)</p> <p>Chilled Pears (15)</p>	<p>Chocolate Muffin (26) 12 w/ String Cheese(1)</p> <p>Homestyle Chicken Fillet Sandwich (43)</p> <p>Sloppy Joe Sandwich (36)</p> <p>Oven Baked Tater Tots (16)</p> <p>Cole Slaw (7)</p> <p>Craisins (20)</p>	<p>Chicken Biscuit (33) 13</p> <p>Breaded Chicken (11) w/ Mac 'N Cheese (20)</p> <p>Corn Dog Nuggets (30)</p> <p>Roasted Potatoes (19)</p> <p>Seasoned Green Beans (4)</p> <p>Chilled Peaches (14)</p>	<p>PB&J Sandwich (32) 14</p> <p>Baked Spaghetti (35) w/ WG Garlic Breadstick (15)</p> <p>Garlic French Bread (32) w/ Marinara (7)</p> <p>Roasted Okra (6)</p> <p>Baked Potato (43)</p> <p>Chilled Applesauce (15)</p>	<p>Sausage Breakfast Pizza (21) 15</p> <p>Crispy Popcorn Chicken (20) or Build Your Own Baked Potato Bar: Baked Potato (43) w/ Diced Ham & Cheese (1) and/or Chili both w/ Choice of Cornbread Muffin (36) or Brown Rice (48)</p> <p>Caesar Salad (5) w/ Dressing</p> <p>Steamed Corn (20)</p> <p>Fresh Nectarine</p>
<p>Sausage Biscuit (28) 18</p> <p>Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7)</p> <p>Build Your Own Burger Bar: All Beef Hamburger (Pressed in-house) w/ choice of Lettuce, Tomato, Pickles, Diced Onion, and/or Chili (1)</p> <p>Oven Baked Potato Wedges (21)</p> <p>Cole Slaw (7)</p> <p>NC Pear (25)</p>	<p>Dutch Waffle (43) 19</p> <p>Homestyle Chicken Fillet Sandwich (43)</p> <p>Mac 'N Cheese Ham Bake w/ WG Garlic Breadstick (15)</p> <p>Baked Potato (43)</p> <p>Caesar Salad (5) w/ Dressing</p> <p>NC Watermelon (11)</p>	<p>Chicken Biscuit (33) 20</p> <p>Chicken Pie (27) w/ Biscuit (28)</p> <p>Corn Dog Nuggets (30)</p> <p>Red Bliss Mashed Potatoes (18)</p> <p>Seasoned Green Beans (4)</p> <p>NC Apple</p>	<p>Cinnamon Bun (30) 21</p> <p>Mini Cheese Ravioli (35) w/ WG Garlic Breadstick (15)</p> <p>Pepperoni Pizza (33)</p> <p>Roasted Squash & Zucchini (4)</p> <p>Baked Potato</p> <p>Chilled Applesauce (15)</p>	<p>Hawaiian Ham & Cheese(27) 22</p> <p>Pepperoni Pizza (33)</p> <p>Build Your Own Nachos or Rice Bowl: Classic Beef (1) or Buffalo Chicken (1) w/ Choice of Tortilla Chips (38) or Brown Rice (48)</p> <p>Cajun Pintos(19), Steamed Corn (20), Salsa(6), Spring Mix Salad(1)</p> <p>Chilled Peaches (15)</p>
<p>Sausage Biscuit (28) 25</p> <p>Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7)</p> <p>Build Your Own Asian Rice Bowl: Chef's Choice Sauce (20) over Popcorn Chicken (20) w/ Brown Rice (48)</p> <p>Steamed Broccoli (3)</p> <p>Oven Baked Potato Wedges (21)</p> <p>Chilled Pears (15)</p>	<p>Chocolate Muffin (26) 26 w/ String Cheese(1)</p> <p>Homestyle Chicken Fillet Sandwich (43)</p> <p>BBQ Sandwich (30)</p> <p>Oven Baked Tater Tots (16)</p> <p>Cole Slaw (7)</p> <p>Craisins (20)</p>	<p>Chicken Biscuit (33) 27</p> <p>Breaded Chicken (11) w/ Mac 'N Cheese (20)</p> <p>Corn Dog Nuggets (30)</p> <p>Roasted Potatoes (19)</p> <p>Seasoned Green Beans (4)</p> <p>Chilled Peaches (14)</p>	<p>PB&J Sandwich (32) 28</p> <p>Baked Spaghetti (35) w/ WG Garlic Breadstick (15)</p> <p>Garlic French Bread (32) w/ Marinara (7)</p> <p>Roasted Okra (6)</p> <p>Baked Potato (43)</p> <p>Chilled Applesauce (15)</p>	<p>Sausage Breakfast Pizza (21) 29</p> <p>Crispy Popcorn Chicken (20) or Build Your Own Baked Potato Bar: Baked Potato (43) w/ Diced Ham & Cheese (1) and/or Chili both w/ Choice of Cornbread Muffin (36) or Brown Rice (48)</p> <p>Caesar Salad (5) w/ Dressing</p> <p>Steamed Corn (20)</p> <p>Fresh Nectarine (17)</p>

Offered Daily at Lunch – Confetti Salad, Applesauce Cups, Raisins, and Choice of 1% or Skim Milk
Daily Manager's Choice Entrée

Daily "Build Your Own Salad Bar": Fresh Artisan Blend Spring Mix, Diced Ham, Shredded Cheese, Confetti Salad, Croutons, & Chilled Fruit Option

*For more information about Universal Breakfast (UB), go to the School Nutrition tab on the RCSS website

**Make Payments & View Your Students Account online! Just go to www.k12paymentcenter.com

School Breakfast Prices –

*UB Price - \$0.00,

Regular Price - \$1.25

School Lunch Prices – Elementary: \$2.30,

Middle/High: \$2.45, Reduced: \$0.40

This institution is an equal opportunity provider.

