



































# DECEMBER High School Menu




Hot breakfast available daily – Grab and Go Options also available (see below for details)

Offered Daily at Breakfast – Choice of WG Strawberry or Brown Sugar Cinnamon Pop Tart, WG Dunkin Stick w/ 100% Mozzarella Cheese Stick or Self-Serve Yogurt Parfait – all offered w/ Assorted Fruit Choices, 100% Juice, & Choice of 1% Milk or Skim Milk

Monday	Tuesday	Wednesday	Thursday	Friday
				
<i>Sausage Biscuit</i> (23) <b>5</b> Teriyaki Glazed Popcorn Chicken (30) w/ Brown Rice (48) BBQ Sandwich (30) Oven Baked Tater Tots (19) Steamed Broccoli (3) Cole Slaw (7) 	<i>French Toast Snacks</i> (28) <b>6</b> Chicken Biscuit Duo (61) Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (8) Oven Baked Home Fries (19) Collard Greens (8)  Steamed Corn (17)	<i>Chicken Biscuit</i> (30) <b>7</b> Turkey Pie (26) w/ Biscuit (23)  Corn Dog Nuggets (31) Red Bliss Mashed Potatoes (18)  Seasoned Green Beans (4)	<i>Banana Bread Slice</i> (44) <b>1</b> Baked Spaghetti (35)  w/ WG Garlic Breadstick (17) Pepperoni Pizza (33) Roasted Okra (6) Baked Potato (43)  <i>PB&amp;J Sandwich</i> (32) <b>8</b> Mini Cheese Ravioli (36)  w/ WG Garlic Breadstick (17) Pepperoni Pizza (33) Caesar Salad (7)  Baked Potato (43) 	<i>Hawaiian Ham &amp; Cheese</i> (28) <b>2</b> Classic Beef Nachos (35)  or Rice Bowl (48) Homestyle Chicken Fillet Sandwich (45) Oven Baked Potato Wedges (21) Seasoned Black Beans (23) Mixed Greens (3)  Salsa (6) <i>Sausage Breakfast Pizza</i> (21) <b>9</b> Pepperoni Pizza (33) <b>Build Your Own: Nacho or Rice Bowl</b>  <u>Pick your Protein!</u> Classic Beef (1) or Buffalo Chicken (1) <u>Grab a Grain!</u> Tortilla Chips (34) or Brown Rice (48) <u>Select your Sides!</u> Steamed Corn (17) Cajun Pintos (19), Salsa (6) Mixed Greens (3) 
<i>Sausage Biscuit</i> (23) <b>12</b> Homestyle Chicken Fillet Sandwich (45)  Toasted Cheese Sandwich (28)  Vegetable Beef Soup (14)  Caesar Salad (7) 	<i>Chocolate Muffin</i> (32) <b>13</b> w/ String Cheese (1) Mozzarella Cheese Stuffed Sticks (31) w/ Marinara (8) <b>Build Your Own: Burger Bar!</b>  ¼ lb All Beef Hamburger (pressed in-house)  <u>Load it w/ Fix-in's!</u> Shredded Cheese, Fresh Lettuce, Tomato, Pickles, & Onion, Scratch-Made Chili & NC Cole Slaw (7)  <u>Select your Sides!</u> Oven Baked Potato Wedges (21)	<i>Chicken Biscuit</i> (30) <b>14</b> Breaded Chicken (11) w/ Original Mac 'N Cheese (20)  Corn Dog Nuggets (31) Roasted Potatoes (19) NC Steamed Broccoli (3)	<i>Banana Bread Slice</i> (44) <b>15</b> Baked Spaghetti (35)  w/ WG Garlic Breadstick (17) Pepperoni Pizza (33) NC Collard Greens (8) Baked Potato (43) 	<i>Hawaiian Ham &amp; Cheese</i> (28) <b>16</b> Pepperoni Pizza (33) <b>Build Your Own: Soup, Salad, &amp; Baked Potato Bar</b>  <u>Select Your Soup!</u> Taco Soup (34) Cheesy Chicken Chili (19)  <u>Grab a Grain!</u> Tortilla Chips (34) or Combread (23) OR Serve over a Baked Potato (43) <u>Top it off!</u> Shredded Cheese & Sour Cream <u>Select your Sides!</u> Mixed Greens (3), Baked Potato (43) 
<i>Sausage Biscuit</i> (23) <b>19</b> Homestyle Chicken Fillet Sandwich (45)  Sloppy Joe Sandwich (36)  Oven Baked Tater Tots (19) Cole Slaw (7) 	<i>Cinnamon Bun Snacks</i> (28) <b>20</b> <b>2 Hour Early Release!</b> Mozzarella Cheese Stuffed Sticks (31) or Marinara (8) Oven Baked Potato Wedges (21) Seasoned Green Beans (4)	<b>21</b> <b>No School</b>	<b>22</b> <b>Holiday</b>	<b>23</b> <b>Holiday</b>

 Signifies entrees made from scratch using fresh ingredients

 Signifies items made w/ fresh produce

Weekly Fresh Bar Menu/Specials – Fresh Bar includes the following:

Daily Manager's Choice Entrée

Daily "Build Your Own Salad/Baked Potato Bar": Fresh Artisan Blend Spring Mix, Fresh Baked Potato (when menu'd), Diced Ham, Shredded Cheese, Confetti Salad, Croutons, & Chilled Fruit

\*For more information about Universal Breakfast (UB), go to School Nutrition tab on the RCSS website.

Make Payments & View Your Students Account online! Just go to [www.k12paymentcenter.com](http://www.k12paymentcenter.com)

USDA is an equal opportunity provider and employer.



**School Breakfast Prices**

\*UB Price - \$0.00, Regular Price - \$1.25

**School Lunch Prices** – Elementary: \$2.20,

Middle/High: \$2.35, Reduced: \$0.40