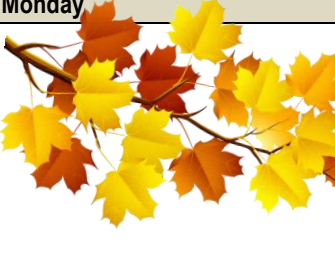
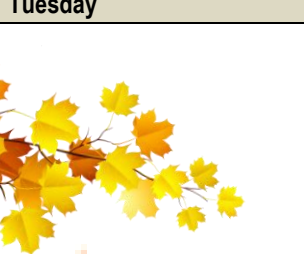




































# NOVEMBER

# HIGH SCHOOL MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>Chicken Biscuit (33) 1</p> <p>Chicken Pie (27)  w/ Biscuit (28)</p> <p>Corn Dog Nuggets (30)</p> <p>Red Bliss Mashed Potatoes (18)</p> <p>Seasoned Green Beans (4)</p> <p>Chilled Peaches (14)</p>	<p>Banana Bread Slice (47) 2</p> <p><b>2 Hour Early Release!</b></p> <p>Pepperoni Pizza (33)</p> <p>Fresh Sweet Potato (28) </p> <p>Caesar Salad (5) w/ Dressing</p> <p>Chilled Applesauce (15)</p>	<p><b>Teacher Workday</b></p> 
<p>Sausage Biscuit (28) 6</p> <p>Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7)</p> <p><b>Build Your Own Asian Rice Bowl:</b> Chef's Choice Sauce (20) over Popcorn Chicken (20) w/ Brown Rice (48)</p> <p>Roasted Peppers &amp; Onions (6)</p> <p>Oven Baked Potato Wedges (21)</p> <p>Chilled Mixed Fruit (15)</p>	<p>Dunkin Stix (28) 7</p> <p>Homestyle Chicken Fillet Sandwich (43)</p> <p>Sloppy Joe Sandwich (36) </p> <p>Oven Baked Tater Tots (16)</p> <p>Cole Slaw (7) </p> <p>Strawberry Cup (18)</p>	<p>Chicken Biscuit (33) 8</p> <p>Chicken Tenders (15) w/ Mac 'N Cheese (20) </p> <p>Corn Dog Nuggets (30)</p> <p>Roasted Potatoes (19)</p> <p>Seasoned Green Beans (4)</p> <p>Chilled Peaches (14)</p>	<p>PB &amp; J Sandwich (32) 9</p> <p>Baked Spaghetti (35) </p> <p>w/ WG Garlic Breadstick (15)</p> <p>Garlic French Bread (32) </p> <p>w/ Marinara (7)</p> <p>Roasted Okra (6)</p> <p>Baked Potato (43) </p> <p>Chilled Applesauce (15)</p>	<p><b>10</b></p> 
<p>Sausage Biscuit (28) 13</p> <p>Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7)</p> <p><b>Build Your Own Burger Bar:</b>  1/4 lb All Beef Hamburger (Pressed in-house) w/ choice of Lettuce, Tomato, Pickles, Diced Onion, and/or Chili (1)</p> <p>Oven Baked Wedges (21)</p> <p>NC Cole Slaw (7) </p> <p>Fresh Grapple (19) </p>	<p>Glazed Donut (51) 14</p> <p>Homestyle Chicken Fillet Sandwich (43) </p> <p>Mac 'N Cheese Ham Bake (23) w/ WG Breadstick (15)</p> <p>Oven Baked Tater Tots (16)</p> <p>Caesar Salad (5) w/ Dressing </p> <p>Fresh Black Grapes (15) </p>	<p>Chicken Biscuit (33) 15</p> <p>Chicken Pie (27)  w/ Biscuit (28)</p> <p>Corn Dog Nuggets (30)</p> <p>Red Bliss Mashed Potatoes (18)</p> <p>Seasoned Green Beans (4)</p> <p>Chilled Peaches (14)</p>	<p>Banana Bread Slice (47) 16</p> <p>Mini Cheese Ravioli (35) </p> <p>w/ WG Garlic Breadstick (15)</p> <p>Pepperoni Pizza (33)</p> <p>Baked Potato (43) </p> <p>Caesar Salad (5) w/ Dressing</p> <p>Chilled Applesauce (15)</p>	<p>Hawaiian Ham &amp; Cheese (28) 17</p> <p>Pepperoni Pizza (33) </p> <p><b>Build Your Own Nachos or Rice Bowl:</b> Classic Beef (1) or Buffalo Chicken (1) w/ Choice of Tortilla Chips (38) or Brown Rice (48)</p> <p>Cajun Pintos (19), Fresh Sweet Potato (28), Salsa (6), Spring Mix</p> <p>Fresh Tangerine (11) </p>
<p>Sausage Biscuit (28) 20</p> <p>Chicken Pie (27)  w/ Biscuit (28)</p> <p>Corn Dog Nuggets (30)</p> <p>Red Bliss Mashed Potatoes (18) </p> <p>Seasoned Green Beans (4)</p> <p>NC Apple (19)</p>	<p>Dunkin Stix (28) 21</p> <p>Homestyle Chicken Fillet Sandwich (43)</p> <p>BBQ Sandwich (30)</p> <p>Oven Baked Tater Tots (16)</p> <p>Cole Slaw (7) </p> <p>Strawberry Cup (18)</p>	<p><b>22</b>  <b>23</b></p> <p><b>Happy Thanksgiving</b></p>		<p><b>24</b></p>
<p>Sausage Biscuit (28) 27</p> <p>Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7)</p> <p><b>Build Your Own Burger Bar:</b>  1/4 lb All Beef Hamburger (Pressed in-house) w/ choice of Lettuce, Tomato, Pickles, Diced Onion, and/or Chili (1)</p> <p>Oven Baked Wedges (21)</p> <p>Cole Slaw (7) </p> <p>Chilled Mixed Fruit (15)</p>	<p>Glazed Donut (51) 28</p> <p>Homestyle Chicken Fillet Sandwich (43) </p> <p>Toasted Cheese Sandwich (28)</p> <p>Vegetable Beef Soup (14) </p> <p>Caesar Salad (5) w/ Dressing </p> <p>Strawberry Cup (18)</p>	<p>Chicken Biscuit (33) 29</p> <p>Chicken Pie (27)  w/ Biscuit (28)</p> <p>Corn Dog Nuggets (30)</p> <p>Red Bliss Mashed Potatoes (18)</p> <p>Seasoned Green Beans (4)</p> <p>Chilled Peaches (14)</p>	<p>Banana Bread Slice (47) 30</p> <p>Mini Cheese Ravioli (35) w/ WG Garlic Breadstick (15)</p> <p>Pepperoni Pizza (33)</p> <p>Baked Potato (43) </p> <p>Caesar Salad (5) w/ Dressing</p> <p>Chilled Applesauce (15)</p>	<p><b>School Breakfast Prices</b></p> <p>*UB Price - \$0.00, Regular Price - \$1.25</p> <p><b>School Lunch Prices –</b></p> <p>Elementary: \$2.30, Middle/High: \$2.45, Reduced: \$0.40</p>

 Signifies entrees made from scratch using fresh ingredients

 Signifies items made w/ fresh produce

Hot breakfast available daily – Grab 'N Go options also available (see below for details)

**Offered Daily at Breakfast** – Choice of WG Strawberry or Brown Sugar Cinnamon Poptart or Self-Serve Yogurt Parfait w/ Assorted Fruit, 100% Fruit Juice, and Choice of Milk.

**Offered Daily at Lunch** – Choice of 1% or Skim Milk, **Daily Manager's Choice Entrée;**

**Daily Build Your Own Salad Bar:** Fresh Artisan Blend Spring Mix, Diced Ham, Shredded Cheese, Confetti Salad, Croutons, & Chilled Fruit Option

**Daily Cold Bar Entrees:** M/W/F – Tuna Salad w/ breadstick and/or crackers; T/Th – Chef Salad w/ breadstick and/or crackers

\*For more information on Universal Breakfast (UB), go to the School Nutrition tab on the RCSS website

\*\*Make Payments & View Your Students Account online! Just go to [www.k12paymentcenter.com](http://www.k12paymentcenter.com)