

# August-September Middle School Menu



This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sausage Biscuit (28) <b>28</b></p> <p>Mozzarella Cheese Stuffed Sticks (30 w/ Marinara (7) Teriyaki Popcorn Chicken (43) w/ Brown Rice (48)</p> <p>Steamed Broccoli (3) Glazed Carrots (13)  Chilled Pears (15)</p>	<p>Chocolate Muffin (26) <b>29</b> w/ String Cheese (1)</p> <p>Hot Dog (27) w/ Chili (2)  Crispy Fish Fillet Sandwich (43)</p> <p>Oven Baked Potato Wedges (21) Cole Slaw (7)  Baked Apples (30)</p>	<p>Chicken Biscuit (33) <b>30</b></p> <p>Chicken Pie (27)  w/ Biscuit (28) Corn Dog Nuggets (30)</p> <p>Red Bliss Mashed Potatoes (18) Seasoned Green Beans (4) Chilled Peaches (14)</p>	<p>PB&amp;J Sandwich (32) <b>31</b></p> <p>Cheese Pizza (33) Baked Spaghetti (35)  w/ WG Garlic Breadstick (15)</p> <p>Steamed Corn (20) Roasted Okra (6) Chilled Applesauce (15)</p>	<p>Sausage Breakfast Pizza (21) <b>1</b></p> <p>Chicken Tenders (15) w/ Biscuit (28) Sausage Biscuit (20)</p> <p>Caesar Salad (5) w/ Dressing  Roasted Potatoes (19) Cajun Pintos (19) Chilled Mixed Fruit (15)</p>
<p><b>LABOR DAY HOLIDAY</b></p> <p></p>	<p>Dutch Waffle (43) <b>5</b></p> <p>100% All Beef Cheeseburger (28) BBQ Sandwich (30)</p> <p>Oven Baked Tater Tots (16) Cole Slaw (7)  Baked Apples (30)</p>	<p>Chicken Biscuit (33) <b>6</b></p> <p>Breaded Chicken (11) or Country Style Steak (3)  w/ Brown Rice (48)</p> <p>Oven Baked Sweet Potato Tots (28) Seasoned Green Beans (4) Chilled Peaches (14)</p>	<p>Cinnamon Bun (30) <b>7</b></p> <p>Pepperoni Pizza (33) Mini Cheese Ravioli (35)  w/ WG Garlic Breadstick (15)</p> <p>Steamed Corn (20) Roasted Squash &amp; Zucchini (4)  Chilled Applesauce (15)</p>	<p>Hawaiian Ham &amp; Cheese (27) <b>8</b></p> <p>Classic Beef Nachos (39) or Rice Bowl (48)  Cheese Quesadilla Sliders (33) </p> <p>Spring Mix Salad (1)  Salsa (6) Cajun Pintos (19) Chilled Mixed Fruit (15)</p>
<p>Sausage Biscuit (28) <b>11</b></p> <p>Mozzarella Cheese Stuffed Sticks (30 w/ Marinara (7) Sweet Chili Glazed Popcorn Chicken (41) w/ Brown Rice (48)</p> <p>Steamed Broccoli (3) Glazed Carrots (13)  Chilled Pears (15)</p>	<p>Chocolate Muffin (26) <b>12</b> w/ String Cheese(1)</p> <p>Hot Dog (27) w/ Chili (2)  Sloppy Joe Sandwich (36) </p> <p>Oven Baked Potato Wedges (21) Cole Slaw (7)  Craisins (28)</p>	<p>Chicken Biscuit (33) <b>13</b></p> <p>Chicken Pie (27)  w/ Biscuit (28) Corn Dog Nuggets (30)</p> <p>Red Bliss Mashed Potatoes (18) Seasoned Green Beans (4) Chilled Peaches (14)</p>	<p>PB&amp;J Sandwich (32) <b>14</b></p> <p>Garlic French Bread (32)  w/ Marinara (7) Baked Spaghetti (35)  w/ WG Garlic Breadstick (15)</p> <p>Steamed Corn (20) Roasted Okra (6) Chilled Applesauce (15)</p>	<p>Sausage Breakfast Pizza (21) <b>15</b></p> <p>Chicken Tenders (15) w/ Biscuit (28) Sausage Biscuit (20)</p> <p>Caesar Salad (5) w/ Dressing  Roasted Potatoes (19) Cajun Pintos (19) Fresh Nectarine (17) </p>
<p>Sausage Biscuit (28) <b>18</b></p> <p>Homestyle Chicken Fillet Sandwich (42) or Loaded Baked Potato (44) w/ Rice Krispy Treat (31)</p> <p>Steamed Broccoli (3)  Caesar Salad (5) w/ Dressing  NC Pear (25) </p>	<p>Dutch Waffle (43) <b>19</b></p> <p>100% All Beef Cheeseburger (28) BBQ Sandwich (30)</p> <p>Oven Baked Tater Tots (16) Cole Slaw (7)  NC Watermelon (11) </p>	<p>Chicken Biscuit (33) <b>20</b></p> <p>Breaded Chicken (11) or Meatloaf (16)  w/ Mac 'N Cheese (20)</p> <p>Oven Baked Sweet Potato Tots (28) Seasoned Green Beans (4) NC Apple (10) </p>	<p>Cinnamon Bun (30) <b>21</b></p> <p>Pepperoni Pizza (33) Mini Cheese Ravioli (35)  w/ WG Garlic Breadstick (15)</p> <p>Steamed Corn (20) Roasted Squash &amp; Zucchini (4)  Chilled Applesauce (15)</p>	<p>Hawaiian Ham &amp; Cheese(27) <b>22</b></p> <p>Classic Beef Nachos (39)  or Rice Bowl (48) Cheese Quesadilla Sliders(33) </p> <p>Spring Mix Salad (1)  Salsa (6) Cajun Pintos (19) Chilled Peaches (14)</p>
<p>Sausage Biscuit (28) <b>25</b></p> <p>Mozzarella Cheese Stuffed Sticks (30 w/ Marinara (7) Sesame Ginger Glazed Popcorn Chicken (43) w/ Brown Rice (48)</p> <p>Steamed Broccoli (3) Glazed Carrots (13)  Chilled Pears (15)</p>	<p>Chocolate Muffin (26) <b>26</b> w/ String Cheese(1)</p> <p>Hot Dog (27) w/ Chili (2)  Crispy Fish Fillet Sandwich (43)</p> <p>Oven Baked Potato Wedges (21) Cole Slaw (7)  Craisins (28)</p>	<p>Chicken Biscuit (33) <b>27</b></p> <p>Chicken Pie (27)  w/ Biscuit (28) Corn Dog Nuggets (31)</p> <p>Red Bliss Mashed Potatoes(18) Seasoned Green Beans (4) Chilled Peaches (14)</p>	<p>PB&amp;J Sandwich (32) <b>28</b></p> <p>Cheese Pizza (33) Baked Spaghetti (35)  w/ WG Garlic Breadstick (15)</p> <p>Steamed Corn (20) Roasted Okra (6) Chilled Applesauce (15)</p>	<p>Sausage Breakfast Pizza (21) <b>29</b></p> <p>Chicken Tenders (15) w/ Biscuit (28) Sausage Biscuit (20)</p> <p>Caesar Salad (5) w/ Dressing  Roasted Potatoes (19) Cajun Pintos (19) Fresh Nectarine (17) </p>

Birthday Celebrations – Students will enjoy a Rice Krispy Treat with selection of a complete meal

Signifies items made w/ fresh produce

Signifies entrees made from scratch using fresh ingredients

**School Breakfast Prices –**

\*UB Price - \$0.00, Regular Price - \$1.25

**School Lunch Prices –** Elementary: \$2.30,

Middle/High: \$2.45, Reduced: \$0.40

**Offered Daily at Breakfast –** Choice of WG Strawberry or Brown Sugar Cinnamon Poptart, Yogurt Parfait, Assorted Fruit, Choice of Milk.

**Offered Daily at Lunch –** Choice of 1% or Skim Milk

\*For more information about Universal Breakfast (UB), go to the School Nutrition tab on the RCSS website.

\*\*Make Payments & View Your Students Account online! Just go to [www.k12paymentcenter.com](http://www.k12paymentcenter.com)

RCSS School Nutrition makes every effort to identify and label ingredients and/or recipes that may cause allergic reactions. We make every attempt to instruct our staff on the severity of food allergies in relation to food production, however, there is always a risk of contamination. It is also possible that manufacturers of the commercial foods we purchase could change the ingredient formulation at any time without notice. Customers concerned with food allergies/special diets need to be aware of this risk. If any person has questions or concerns about allergens in relation to Randolph County Schools School Nutrition Menus please contact Jayme Robertson, MS, RDN, LDN (336)318-6132.