



DECEMBER

Middle School Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			Banana Bread Slice (44) 1 Pepperoni Pizza (33) Mini Cheese Ravioli (27) w/ WG Garlic Breadstick (17) Steamed Corn (17) Manager's Choice Vegetable	Hawaiian Ham & Cheese Melt (28) 2 Classic Beef Nachos (35) or Rice Bowl (48) Cheese Quesadilla Sliders(32) Mixed Greens (3) Salsa (6) Cajun Pinto Beans (19)
Sausage Biscuit (20) 5 Chili Dog (30) Crispy Fish Nuggets (22) Oven Baked Potato Wedges (21) Cole Slaw (7)	Chocolate Muffin (32) 6 w/ String Cheese (1) Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (8) Teriyaki Popcorn Chicken (30) w/ Brown Rice (48) Steamed Broccoli (3) Glazed Carrots (13)	Chicken Biscuit (27) 7 Turkey Pie (26) w/ Biscuit (23) Corn Dog Nuggets (31) Red Bliss Mashed Potatoes(18) Seasoned Green Beans (4)	PB& J Sandwich (32) 8 Cheese Pizza (33) Baked Spaghetti (35) w/ WG Garlic Breadstick (17) Steamed Corn (17) Roasted Okra (6)	Sausage Breakfast Pizza 9 Chicken Strips (13) w/ Biscuit (23) Sausage Biscuit (20) Oven Baked Home Fries (19) Cajun Pinto Beans (19) Caesar Salad (7)
Sausage Biscuit (20) 12 100% All Beef Cheeseburger (28) BBQ Sandwich (30) Oven Baked Tater Tots (19) NC Cole Slaw (7)	French Toast Snacks (28) 13 Homestyle Chicken Fillet Sandwich (45) Toasted Cheese Sandwich (28) Both served w/ Rice Krispy Treat (30) Vegetable Beef Soup (14) Caesar Salad (7)	Chicken Biscuit (27) 14 Breaded Chicken (11) w/ Original Mac 'N Cheese (20) Meatloaf (6) w/ Original Mac 'N Cheese (20) Oven Baked Sweet Potato Tots (24) NC Steamed Broccoli (3)	Banana Bread Slice (43) 15 Pepperoni Pizza (33) Mini Cheese Ravioli (36) w/ WG Garlic Breadstick (17) Steamed Corn (17) NC Collard Greens (8)	Hawaiian Ham & Cheese Melt (28) 16 Classic Beef Nachos (35) or Rice Bowl (48) Cheese Quesadilla Sliders(32) Mixed Greens (3) Salsa (6) Cajun Pinto Beans (19)
Sausage Biscuit (20) 19 Chili Dog (30) Sloppy Joe Sandwich (36) Oven Baked Potato Wedges (21) Cole Slaw (7)	2 Hour Early Release! Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (8) Seasoned Green Beans (4)	21 No School	22 Holiday	23 Holiday

Signifies entrees made from scratch using fresh ingredients

Signifies items made w/ fresh produce

Offered Daily at Breakfast – Choice of Strawberry or Brown Sugar Cinnamon PopTart or WG Dunkin Stix w/ Mozzarella String Cheese, Yogurt w/ Grahams, 100% Fruit Juice, Assorted Fruit, and Choice of Milk

Offered Daily at Lunch – Choice of 1% or Skim Milk, Fresh or Chilled Fruit option

Birthday Celebrations – Students will enjoy a Rice Krispy Treat with selection of a complete meal – Just look for the balloons!

Please Note: Ingredients and menu items are subject to change without notice. Carbohydrate counts of all menu items are listed beside each item

*For more information about Universal Breakfast (UB), go to the School Nutrition tab on the RCSS website.

**Make Payments & View Your Students Account online! Just go to www.k12paymentcenter.com



School Breakfast Prices
 *UB Price - \$0.00, Regular Price - \$1.25
School Lunch Prices – Elementary: \$2.20,
 Middle/High: \$2.35, Reduced: \$0.40