










































February Middle School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>School Breakfast Price – *UB Price - \$0.00, Regular Price - \$1.25 School Lunch Prices – Elementary: \$2.30, Middle/High: \$2.45, Reduced: \$0.40</p> <p><i>This institution is an equal opportunity provider.</i></p>			<p>1 PB&J Sandwich (32) Garlic French Bread (30) w/ Marinara (8) Baked Spaghetti (35)  w/ WG Garlic Breadstick (15) Steamed Corn (20) Roasted Okra (6) Chilled Applesauce (15)</p>	<p>2 Sausage Breakfast Pizza (21) Chicken Tenders (15) w/ Biscuit (28) Sausage Biscuit (28) Roasted Potatoes (19) Cajun Pinto Beans (19) Caesar Salad (7) w/ Dressing  Chilled Pears (15)</p>
<p>5 Sausage Biscuit (28) Homestyle Chicken Fillet Sandwich (42) Toasted Cheese Sandwich (28) Broccoli & Cheese Soup (11) Caesar Salad (7) w/ Dressing  Chilled Mixed Fruit (15)</p>	<p>6 WG Glazed Donut (51) 100% All Beef Cheeseburger (28) BBQ Sandwich (30) Oven Baked Tater Tots (19) Cole Slaw (7)  Baked Apples (30)</p>	<p>7 Chicken Biscuit (33) Chicken Tenders (15) or Meatloaf (16) both served w/  Mac 'N Cheese (20)  Oven Baked Sweet Potato Tots (24) Seasoned Green Beans (4) Chilled Peaches (14)</p>	<p>8 Banana Bread Slice (47) Pepperoni Pizza (33) Mini Cheese Ravioli (35)  w/ WG Garlic Breadstick (15) Steamed Corn (20) Roasted Okra (6) Chilled Applesauce (15)</p>	<p>9 Hawaiian Ham & Cheese(28) Walking Nachos (21) or  Rice Bowl (48) Cheesy Chicken Chili (17) w/  WG Corn Chips (40) Spring Mix Salad (1) Salsa (6), Cajun Pintos (19), NC Apple (10) </p>
<p>12 Sausage Biscuit (28) Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7) Teriyaki Popcorn Chicken (43) w/ Brown Rice (48) Steamed Broccoli (3)  Glazed Carrots (13)  Blood Orange (12) </p>	<p>13 WG Dutch Waffle (43) Tuna Melt (31) BBQ Sandwich (30)  both served w/ Rice Krispy Treat (31) Oven Baked Potato Wedges (21) Cole Slaw (7)  Baked Apples (30)</p>	<p>14 Chicken Biscuit (33) Chicken Pie (27) w/  Biscuit (28) Corn Dog Nuggets (31) Red Bliss Mashed  Potatoes (18) Seasoned Green Beans (4) Chilled Peaches (14)</p>	<p>15 PB&J Sandwich (32) Cheese Pizza (33)  Baked Spaghetti (35)  w/ WG Garlic Breadstick (15) Steamed Corn (20) Roasted Okra (6) Chilled Applesauce (15)</p>	<p>16 Sausage Breakfast Pizza(21) Chicken Tenders (15) w/ Biscuit (28) Sausage Biscuit (28) Roasted Potatoes (19) Cajun Pinto Beans (19) Caesar Salad (7) w/ Dressing  Chilled Pears (15)</p>
<p>19 Sausage Biscuit (28) Homestyle Chicken Fillet Sandwich (42) Toasted Cheese Sandwich (28) Vegetable Beef Soup (14)  Caesar Salad (7) w/ Dressing  Chilled Mixed Fruit (15)</p>	<p>20 WG Glazed Donut (51) 100% All Beef Cheeseburger (27) BBQ Sandwich (30) Oven Baked Tater Tots (19) Cole Slaw (7)  Baked Apples (30)</p>	<p>21 Chicken Biscuit (33) Chicken Tenders (15) or Country Style Steak (3) both served w/ Brown Rice (48)  Oven Baked Sweet Potato Tots (24) Seasoned Green Beans (4) Chilled Peaches (14)</p>	<p>22 Banana Bread Slice (47) Pepperoni Pizza (33) Mini Cheese Ravioli (35)  w/ WG Garlic Breadstick (15) Steamed Corn (20) Roasted Okra (6) Chilled Applesauce (15)</p>	<p>23 Hawaiian Ham & Cheese(28) Classic Beef Nachos (39)  or Rice Bowl (48) Cheesy Chicken Chili (17) w/  WG Tortilla Chips (38) Spring Mix Salad (1)  Salsa (6) Cajun Pinto Beans (19) Jazz Apple (10) </p>
<p>26 Sausage Biscuit (28) Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7) Sweet Chili Popcorn Chicken (41) w/ Brown Rice (48) Steamed Broccoli (3)  Glazed Carrots (13)  Fresh Clementine (9) </p>	<p>27 WG Dutch Waffle (43) BBQ Sandwich (30)  Sloppy Joe Sandwich (36)  Oven Baked Potato Wedges (21) Cole Slaw (7)  Baked Apples (30)</p>	<p>28 Chicken Biscuit (33) Chicken Pie (27) w/  Biscuit (28) Corn Dog Nuggets (31) Red Bliss Mashed  Potatoes (18) Seasoned Green Beans (4) Chilled Peaches (14)</p>	<p> Signifies items made w/ fresh produce  Signifies scratch-made item  Birthday Celebrations – Students will enjoy a Rice Krispy Treat with selection of a complete meal</p>	

Offered Daily at Breakfast – Choice of Strawberry, Brown Sugar Cinnamon, or Chocolate Fudge Poptart, Yogurt Parfait, 100% Fruit Juice, Assorted Fruit, Choice of Milk.

Offered Daily at Lunch – Choice of 1% or Skim Milk, Cold Bar Entrees: M/W – Tuna Salad w/ breadstick and/or crackers; T/Th – Chef Salad w/ breadstick and/or crackers; F- PBJ Sandwich

*For more information about Universal Breakfast (UB), go to the School Nutrition tab on the RCSS website.

**Make Payments & View Your Students Account online! Just go to www.k12paymentcenter.com

RCSS School Nutrition makes every effort to identify and label ingredients and/or recipes that may cause allergic reactions. We make every attempt to instruct our staff on the severity of food allergies in relation to food production, however, there is always a risk of contamination. It is also possible that manufacturers of the commercial foods we purchase could change the ingredient formulation at any time without notice. Customers concerned with food allergies/special diets need to be aware of this risk. If any person has questions or concerns about allergens in relation to Randolph County Schools School Nutrition Menus please contact Jayme Robertson, MS, RDN, LDN (336)318-6132.

